AHIP AIRWAY, BREATHING, AND CIRCULATION (ABC) PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

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How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

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Questions

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1. How do you check for circulation in an adult?

A. By assessing the pulse at the carotid artery

B. By checking blood pressure

C. By evaluating skin temperature

D. By listening to breath sounds

2. What advantage do Medicare Advantage Special Needs Plans (SNPs) provide for individuals with chronic conditions?

A. They offer unlimited coverage for all healthcare needs

B. They have special programs tailored for chronic conditions

C. They restrict access to only primary care physicians

D. They eliminate the need for prescription drug coverage

3. If an event is advertised as "educational," can plan-specific premiums be mentioned?

A. Yes, as long as it is brief

B. No, discussing plan-specific premiums is prohibited

C. Only if requested by attendees

D. Yes, if it improves understanding of costs

4. What can be used in CPR to help maintain an open airway?

A. Head-tilt chin-lift maneuver

B. Abdominal thrusts

C. Back blows

D. Calming the patient

5. What must be included in provider networks for enrollees of a Chronic Special Needs Plan (C-SNP)?

A. A single provider for all services

B. Access to enough doctors, specialists, and hospitals

C. Only providers from the same county

D. Only providers who are part of the Medicare Advantage program

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6. During a sales presentation, what is the correct way to describe a Medicare Advantage plan that has a 5-star rating in customer service?

A. It received an overall 5-star performance rating

B. It has a 4-star rating in customer service and a 5-star rating overall

C. The plan has a 5-star rating only for customer care coordination

D. The Medicare Advantage plan has a 5-star rating in customer service with a 4-star overall performance

7. What is a key feature of Private Fee-for-Service (PFFS) plans?

A. PFFS plans are required to offer Part D prescription drug plans

B. PFFS plans are generally less flexible than other types of plans

C. PFFS plans may choose to offer Part D but are not required to do so

D. PFFS plans can only function with a primary care doctor

8. What factors should be monitored continuously during resuscitation efforts?

A. Heart rate, blood pressure, and oxygen saturation

B. Respiratory rate, temperature, and glucose levels

C. Electrocardiogram readings and blood pH levels

D. Patient weight, age, and medication history

9. How can a healthcare provider assess a patient's breathing?

A. By checking blood pressure and pulse

B. By observing the rise and fall of the chest, listening for breath sounds, and checking respiratory rate

C. By counting the number of words a patient can say

D. By performing a physical examination of the abdomen

10. If Mrs. O'Malley disenrolls from her Medicare Advantage plan after moving outside the service area, what is the impact on Agent Higgins's compensation?

A. Agent Higgins must return a portion of his compensation

B. Agent Higgins does not have to recoup his compensation

C. Agent Higgins's compensation is doubled

D. Agent Higgins loses his commission entirely

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Answers

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1. A
2. B
3. B
4. A
5. B
6. D
7. C
8. A
9. B
10. B

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Explanations

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1. How do you check for circulation in an adult?

A. By assessing the pulse at the carotid artery

B. By checking blood pressure

C. By evaluating skin temperature

D. By listening to breath sounds

To check for circulation in an adult, assessing the pulse at the carotid artery is critical as it provides a direct indication of blood flow and heartbeat. The carotid pulse is located in the neck and is typically one of the strongest and most accessible sites to evaluate circulation. A palpable pulse indicates that the heart is pumping blood effectively, suggesting adequate circulation to the brain and vital organs. Blood pressure measurement, while informative regarding overall cardiovascular function, does not provide immediate feedback on the presence of a pulse or the effectiveness of circulation, especially in an emergency setting where rapid assessment is crucial. Evaluating skin temperature can offer some clues about circulation status, as cold skin can indicate poor perfusion; however, it is not as definitive as checking a pulse. Listening to breath sounds is related to assessing respiratory status rather than circulation, focusing on airway and lung function instead. Thus, assessing the carotid pulse is the most direct and effective method to evaluate circulation in an adult.

2. What advantage do Medicare Advantage Special Needs Plans (SNPs) provide for individuals with chronic conditions?

A. They offer unlimited coverage for all healthcare needs

B. They have special programs tailored for chronic conditions

C. They restrict access to only primary care physicians

D. They eliminate the need for prescription drug coverage

Medicare Advantage Special Needs Plans (SNPs) offer specific advantages for individuals with chronic conditions by including special programs tailored to meet their unique healthcare needs. These programs typically focus on creating customized care management plans that coordinate various services necessary for managing chronic conditions effectively. This can include additional support such as care coordinators, specialized clinical protocols, and targeted resources that focus on the complexities these individuals face due to their health issues. By addressing the specific requirements of enrollees with chronic conditions, SNPs can improve health outcomes through personalized care, better access to necessary services, and enhanced monitoring of health status. This approach not only aims to improve quality of care but also facilitates the management of conditions that may require more intensive oversight compared to standard plans. The other options do not accurately reflect the focus of SNPs. For example, unlimited coverage is not feasible due to cost and regulatory constraints, access restrictions to only primary care physicians can hinder comprehensive care, and eliminating the need for prescription drug coverage is contrary to the structure of SNPs, which generally includes comprehensive coverage that typically encompasses medications.

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3. If an event is advertised as "educational," can plan-specific premiums be mentioned?

A. Yes, as long as it is brief

B. No, discussing plan-specific premiums is prohibited

C. Only if requested by attendees

D. Yes, if it improves understanding of costs

When an event is advertised as "educational," discussing plan-specific premiums is not permitted. This guideline is in place to ensure that the focus remains on providing general educational content without promoting specific products or plans. By not allowing the mention of plan-specific premiums, the integrity of the educational aspect is preserved, ensuring that attendees are not swayed by marketing tactics during what is intended to be an informative session. This approach helps to maintain a neutral environment where participants can learn about various topics without being influenced by specific financial considerations tied to particular plans.

4. What can be used in CPR to help maintain an open airway?

A. Head-tilt chin-lift maneuver

B. Abdominal thrusts

C. Back blows

D. Calming the patient

The head-tilt chin-lift maneuver is used in CPR to help maintain an open airway by repositioning the tongue and ensuring that it does not obstruct the airway. When a person is unresponsive or has a compromised airway, this maneuver allows for better access to the airway structures by tilting the head back slightly and lifting the chin upward. This position helps prevent the tongue from falling back into the throat, which could block airflow. In contrast, the other options either do not address airway maintenance directly or are not applicable in the context of CPR. Abdominal thrusts are intended for choking victims to expel an obstruction rather than to maintain an open airway. Back blows are used to dislodge an object in the airway as well, not to keep it open. Calming the patient does not relate to managing an airway in an emergency, especially in resuscitation efforts. Hence, the head-tilt chin-lift maneuver is the appropriate and effective choice for ensuring airway patency during CPR.

5. What must be included in provider networks for enrollees of a Chronic Special Needs Plan (C-SNP)?

A. A single provider for all services

B. Access to enough doctors, specialists, and hospitals

C. Only providers from the same county

D. Only providers who are part of the Medicare Advantage program

The necessity for access to a sufficient number of doctors, specialists, and hospitals is fundamental in provider networks for enrollees of a Chronic Special Needs Plan (C-SNP). This requirement ensures that individuals with chronic conditions receive comprehensive and timely care. A robust network allows patients to have choices in their healthcare providers and facilitates necessary referrals and specialized care, which are often crucial for managing chronic health issues. Having enough providers, including primary care physicians and specialists, is essential to properly address the diverse medical needs of patients with chronic illnesses. This access directly impacts patient outcomes, as it enables individuals to receive regular check-ups, ongoing management of their conditions, and immediate care when necessary. The other choices do not meet the requirements for effective chronic disease management: relying on a single provider could severely limit care options, restricting providers to the same county would impede access to specialists and facilities that might not be available locally, and only including providers from the Medicare Advantage program could restrict choices and accessibility, reducing the overall quality of care for enrollees.

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6. During a sales presentation, what is the correct way to describe a Medicare Advantage plan that has a 5-star rating in customer service?

A. It received an overall 5-star performance rating

B. It has a 4-star rating in customer service and a 5-star rating overall

C. The plan has a 5-star rating only for customer care coordination

D. The Medicare Advantage plan has a 5-star rating in customer service with a 4-star overall performance

When describing a Medicare Advantage plan with a specific emphasis on its 5-star rating in customer service, it's important to relay accurate and concise information about its rating. The answer indicating that the Medicare Advantage plan has a 5-star rating in customer service with a 4-star overall performance reflects a clear understanding of how ratings can differ across various metrics. In this context, the 5-star rating signifies that the plan excels specifically in customer service aspects, which serves to highlight the quality of assistance and support members receive. Meanwhile, the 4-star overall performance indicates a strong, but not flawless, performance across all the evaluated areas of the plan, such as quality of care, member experience, and financial health. This precise distinction is crucial for potential members to understand not only the excellence in customer service but also that there are other components of the plan where the performance is still commendable but does not reach the highest mark. Such clarity is essential for informed decision-making regarding their healthcare coverage options.

7. What is a key feature of Private Fee-for-Service (PFFS) plans?

A. PFFS plans are required to offer Part D prescription drug plans

B. PFFS plans are generally less flexible than other types of plans

C. PFFS plans may choose to offer Part D but are not required to do so

D. PFFS plans can only function with a primary care doctor

Private Fee-for-Service (PFFS) plans are a type of Medicare Advantage plan that provide beneficiaries with the flexibility to see any healthcare provider that accepts the terms and conditions of the plan. A key feature of PFFS plans is that while they may choose to offer Part D prescription drug coverage, they are not required to do so. This flexibility allows beneficiaries to select a PFFS plan that aligns with their healthcare needs and preferences, without being constrained by mandatory drug coverage. In contrast to other plan types, such as Health Maintenance Organizations (HMOs), PFFS plans do not require members to have a primary care doctor or obtain referrals for specialist services, which allows for greater freedom in choosing healthcare providers. This feature enhances the appeal of PFFS plans among beneficiaries who seek varied options in their healthcare arrangements.

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8. What factors should be monitored continuously during resuscitation efforts?

A. Heart rate, blood pressure, and oxygen saturation

B. Respiratory rate, temperature, and glucose levels

C. Electrocardiogram readings and blood pH levels

D. Patient weight, age, and medication history

Monitoring heart rate, blood pressure, and oxygen saturation continuously during resuscitation efforts is essential because these parameters provide critical real-time information about the patient's hemodynamic status and respiratory function. Heart rate reflects cardiac activity and can indicate whether the heart is effectively pumping blood. An abnormal heart rate during resuscitation may show the effectiveness of compressions or the return of spontaneous circulation. Blood pressure indicates the adequacy of blood flow to vital organs. Tracking blood pressure helps gauge the effectiveness of resuscitation efforts and the need for interventions such as medications or fluid administration to support circulation. Oxygen saturation is crucial, as it measures the amount of oxygen in the blood. Maintaining adequate oxygen levels is vital for cellular metabolism and organ function. A sudden drop in oxygen saturation during resuscitation can signal an airway issue or insufficient ventilatory support, necessitating an immediate response. In contrast, while respiratory rate, temperature, and glucose levels provide useful information, they are not as immediately critical as the parameters listed in the correct choice during acute resuscitation. Electrocardiogram readings and blood pH levels can be important but typically do not provide continuous information as directly as heart rate, blood pressure, and oxygen saturation. Patient weight, age, and medication

9. How can a healthcare provider assess a patient's breathing?

A. By checking blood pressure and pulse

B. By observing the rise and fall of the chest, listening for breath sounds, and checking respiratory rate

C. By counting the number of words a patient can say

D. By performing a physical examination of the abdomen

A healthcare provider can effectively assess a patient's breathing by observing the rise and fall of the chest, listening for breath sounds, and checking the respiratory rate. This method allows the provider to gather crucial information about the patient's respiratory function. Observing the chest's movement can reveal whether the patient is breathing adequately or if there are any restrictions in their airways. Listening to breath sounds with a stethoscope provides insight into the quality of air movement in and out of the lungs, which can help in identifying potential conditions such as wheezing, crackles, or diminished sounds that indicate serious issues like pneumonia or asthma. Finally, monitoring the respiratory rate helps determine if the patient is experiencing tachypnea (rapid breathing) or bradypnea (slow breathing), both of which can indicate underlying health problems. This comprehensive approach ensures a better understanding of the patient's respiratory status and guides further management.

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10. If Mrs. O'Malley disenrolls from her Medicare Advantage plan after moving outside the service area, what is the impact on Agent Higgins's compensation?

A. Agent Higgins must return a portion of his compensation

B. Agent Higgins does not have to recoup his compensation

C. Agent Higgins's compensation is doubled

D. Agent Higgins loses his commission entirely

When a member like Mrs. O'Malley disenrolls from their Medicare Advantage plan due to moving outside the service area, it typically does not necessitate recouping the agent's compensation. This is because compensation for agents is usually tied to the enrollment of a beneficiary into a Medicare Advantage plan, not on the longevity of that enrollment. As per regulations governing agent commissions, when disenrollment occurs for reasons beyond the control of the agent, such as a change in residence, the agent is generally allowed to retain the compensation earned upon the initiation of the enrollment. This provides some level of protection for agents from financial penalties when circumstances change for their clients that do not relate to their sales performance or conduct. Thus, Agent Higgins is not required to return any part of his compensation simply because Mrs. O'Malley moved out of the service area, thereby affirming that he does not need to recoup his compensation.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://ahipabc.examzify.com

We wish you the very best on your exam journey. You've got this!

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