ALBERTA HAIRSTYLING PERIOD 2 PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

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How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

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Questions

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1. What is a common consequence of improperly rinsing perm solution?

A. Strengthening hair bonds

B. Improved texture

C. Weakened curl formation

D. Enhanced volume

2. What is formed when equal parts of two primary colors are mixed?

A. A neutral color

B. A secondary color

C. A warm color

D. A cool color

3. Colours found opposite each other on the colour wheel are called?

A. Primary colours

B. Secondary colours

C. Complimentary colours

D. Analogous colours

4. The combination of size of the base in relation to the diameter of the tool and the position of the tool in relation to the base is called:

A. Base control

B. Tool positioning

C. Volume setting

D. Diameter ratio

5. What is the purpose of dry moulding in hairstyling?

A. To style wet hair

B. To set curls in place

C. To enhance hair texture

D. To create volume

6. Which of the following results are created with cone-shaped rollers?

A. Strong curvature movement

B. Loosely structured waves

C. Flat texture

D. Tight spirals

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7. What is the technique called that combines drying and styling hair simultaneously?

A. Thermal designing

B. Blow styling

C. Curling

D. Modeling

8. Which colour tool is commonly used to apply colour products with a liquid consistency?

A. Color mixer

B. Foils

C. Applicator bottle

D. Spatula

9. The guest experience begins with which important aspect?

A. Offering discounts on services

B. Building rapport and trust

C. Explaining the products used

D. Providing promotional materials

10. What should be avoided when disinfecting combs and brushes?

A. Using warm water

B. Using chemicals

C. Disinfecting with fine steel wool

D. Using UV light

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Answers

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1. C
2. B
3. C
4. A
5. B
6. A
7. A
8. C
9. B
10. C

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Explanations

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1. What is a common consequence of improperly rinsing perm solution?

A. Strengthening hair bonds

B. Improved texture

C. Weakened curl formation

D. Enhanced volume

Improperly rinsing perm solution can lead to weakened curl formation due to the residual chemicals left in the hair. When perm solution is not adequately rinsed, the remaining solution continues to act on the hair, causing an imbalance that negatively impacts the curl structure. This can result in loose or undefined curls, as the chemical process intended to create strong, long-lasting curls may be disrupted. In contrast, strengthening hair bonds, improving texture, and enhancing volume are desired outcomes of a properly executed perm. However, if the perm solution is not rinsed thoroughly, these benefits can be compromised, leading to insufficient curl retention and overall style dissatisfaction. Therefore, ensuring a thorough rinse is essential for achieving the intended results of a perm treatment.

2. What is formed when equal parts of two primary colors are mixed?

A. A neutral color

B. A secondary color

C. A warm color

D. A cool color

When equal parts of two primary colors are mixed, the result is a secondary color. Primary colors, which are red, blue, and yellow, cannot be created by mixing other colors together. However, when you combine two primary colors, the blending produces secondary colors that fill the gaps in the color wheel. For example, mixing red and blue creates purple, yellow and blue create green, and red and yellow produce orange. This combination reflects how color theory works in terms of color relationships and how different colors interact to form new hues. Understanding this concept is fundamental in hairstyling and other artistic fields, where color mixing is common.

3. Colours found opposite each other on the colour wheel are called?

A. Primary colours

B. Secondary colours

C. Complimentary colours

D. Analogous colours

Colours that are located opposite each other on the colour wheel are referred to as complementary colours. This relationship means that these colours create a strong contrast when paired together, enhancing each other's visual impact. For instance, the complementary pairing of red and green or blue and orange is commonly used in design, art, and hairstyling to create striking combinations that draw attention. Understanding complementary colours is essential in hairstyling, as they can be used effectively to correct tones and enhance features. For example, in colour correction, sometimes a stylist may use a colour opposite the target tone to neutralize undesirable hues. This concept is crucial in formulating hair dyes and choosing hair colours that will harmonize or contrast effectively with a client's skin tone and eye colour. In contrast, primary colours are the building blocks of all other colours but do not involve oppositional relationships, while secondary colours result from mixing primary colours and likewise do not exhibit the same direct contrast. Analogous colours, which are hues that sit next to each other on the colour wheel, promote harmony rather than stark contrast.

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4. The combination of size of the base in relation to the diameter of the tool and the position of the tool in relation to the base is called:

A. Base control

B. Tool positioning

C. Volume setting

D. Diameter ratio

The concept being described relates to how the size of the base interacts with the diameter of the tool and its positioning, which are crucial factors in hairstyling techniques. Base control refers specifically to how the size and placement of the base (the hair section near the scalp) influences the resulting volume and curl pattern from the tool used (like a curling iron or roller). In hairstyling, proper base control is vital as it determines how close or far the tool is from the scalp. A smaller base size creates more volume and tighter curls, while a larger base allows for looser styles. Understanding base control allows a stylist to manipulate the hair texture and shape effectively, enhancing their styling results. Other options may seem related but do not encapsulate this specific interplay. Tool positioning focuses more on the angle and manner in which the tool is held, while volume setting and diameter ratio are more about the outcomes rather than the foundational relationship between the base and tool diameter directly affecting the styling technique. Therefore, base control is the most accurate term to describe this relationship in hairstyling practices.

5. What is the purpose of dry moulding in hairstyling?

A. To style wet hair

B. To set curls in place

C. To enhance hair texture

D. To create volume

The purpose of dry moulding in hairstyling is to set curls in place. This technique is performed on hair that is already styled or partially dry, allowing stylists to manipulate the hair into desired shapes and curls without the interference of moisture. By using styling products and heat, dry moulding helps to lock in the curl pattern and ensure it holds throughout the day. This technique is particularly effective for achieving long-lasting styles because it allows the hair to retain its shape after being styled, making it a crucial method for creating defined curls or waves that do not fall flat over time. While other options mention aspects like styling wet hair, enhancing texture, or creating volume, dry moulding specifically focuses on the setting aspect, which distinguishes it as a unique and essential technique in hairstyling.

6. Which of the following results are created with cone-shaped rollers?

A. Strong curvature movement

B. Loosely structured waves

C. Flat texture

D. Tight spirals

The result created with cone-shaped rollers is strong curvature movement. Cone-shaped rollers are designed to create defined curls that have a pronounced wave pattern. When hair is wrapped around these rollers, the tapered end allows for a tighter curl at the base and a larger, more voluminous curl towards the ends. This shape is particularly effective for creating curls that have both bounce and lift, leading to a strong curvature movement. The unique design of the cone-shaped roller enables stylists to manipulate the hair into varying degrees of curl, which enhances the overall volume and texture of the hairstyle. This characteristic is why they are favored for achieving styles that require more dramatic curls or waves rather than softer, looser styles that would generally be achieved with other types of rollers or techniques.

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7. What is the technique called that combines drying and styling hair simultaneously?

A. Thermal designing

B. Blow styling

C. Curling

D. Modeling

The technique of drying and styling hair simultaneously is known as blow styling. This process typically involves the use of a blow dryer along with a styling brush or other tools to shape the hair while it dries. By using heat and airflow, blow styling allows a stylist to achieve volume, smoothness, and a polished finish, making it an essential skill in hairstyling. Thermal designing, while related to heat application in hairstyling, does not specifically refer to the combination of drying and styling at the same time. Curling refers to creating curls or waves in the hair and modeling is a broader term that can refer to various styling techniques without the specific focus on drying and styling in one step. Therefore, blow styling is the correct term for the technique that combines both drying and styling simultaneously.

8. Which colour tool is commonly used to apply colour products with a liquid consistency?

A. Color mixer

B. Foils

C. Applicator bottle

D. Spatula

The applicator bottle is the correct choice for applying colour products with a liquid consistency, such as hair dye or other color treatments. This tool is designed with a narrow nozzle that allows for precise application, ensuring that the product can be directed exactly where it is needed on the hair. The fluid consistency of the color products makes the use of a squeeze bottle ideal, as it provides controlled delivery of the product without making a mess. In contrast, a color mixer is primarily used for blending color formulations but does not apply the product to the hair. Foils are typically used in highlighting techniques to separate sections of hair and to keep the color processing away from other areas, but they do not apply the color themselves. A spatula, while useful for mixing or applying creams, is not typically suitable for controlling and delivering liquid products effectively. Thus, the applicator bottle is specifically designed for the task at hand, making it the most effective and appropriate tool in this context.

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9. The guest experience begins with which important aspect?

A. Offering discounts on services

B. Building rapport and trust

C. Explaining the products used

D. Providing promotional materials

The guest experience is fundamentally built on building rapport and trust between the stylist and the client. Establishing a genuine connection at the onset cultivates an environment of comfort and openness, allowing clients to express their preferences, concerns, and style aspirations more freely. This initial relationship lays the groundwork for effective communication throughout the service, enabling the stylist to tailor their approach to meet the client's needs better. When clients feel valued and understood through mutual trust, it enhances their overall experience, making them more likely to return and recommend the services to others. In the hairstyling industry, where personal appearance and satisfaction significantly impact clients, this relational aspect is crucial for successful outcomes and client retention. While offering discounts, explaining products, and providing promotional materials are all important components of a business strategy, they primarily enhance the transactional aspect of the service rather than foster a strong relationship. Establishing rapport and trust is the foundation that enhances the effectiveness of those transactional elements.

10. What should be avoided when disinfecting combs and brushes?

A. Using warm water

B. Using chemicals

C. Disinfecting with fine steel wool

D. Using UV light

Disinfecting combs and brushes is a critical step in maintaining hygiene and preventing the spread of infections in hairstyling settings. Using fine steel wool for disinfection is not advisable because it can damage the bristles or teeth of the combs and brushes, rendering them ineffective and potentially creating sharp edges that could cause injury. Additionally, steel wool is not designed for disinfecting purposes, and using it could lead to the accumulation of rust or debris on the tools. In contrast, warm water can be used to clean tools before disinfection, as it may help remove hair and product buildup. Chemicals are essential in achieving effective disinfection to kill bacteria and viruses. UV light is also a recognized method of disinfection, particularly effective at eliminating pathogens without risking damage to the tools. Therefore, avoiding the use of fine steel wool ensures both the integrity of the tools and adherence to proper infection control protocols.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

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We wish you the very best on your exam journey. You've got this!

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