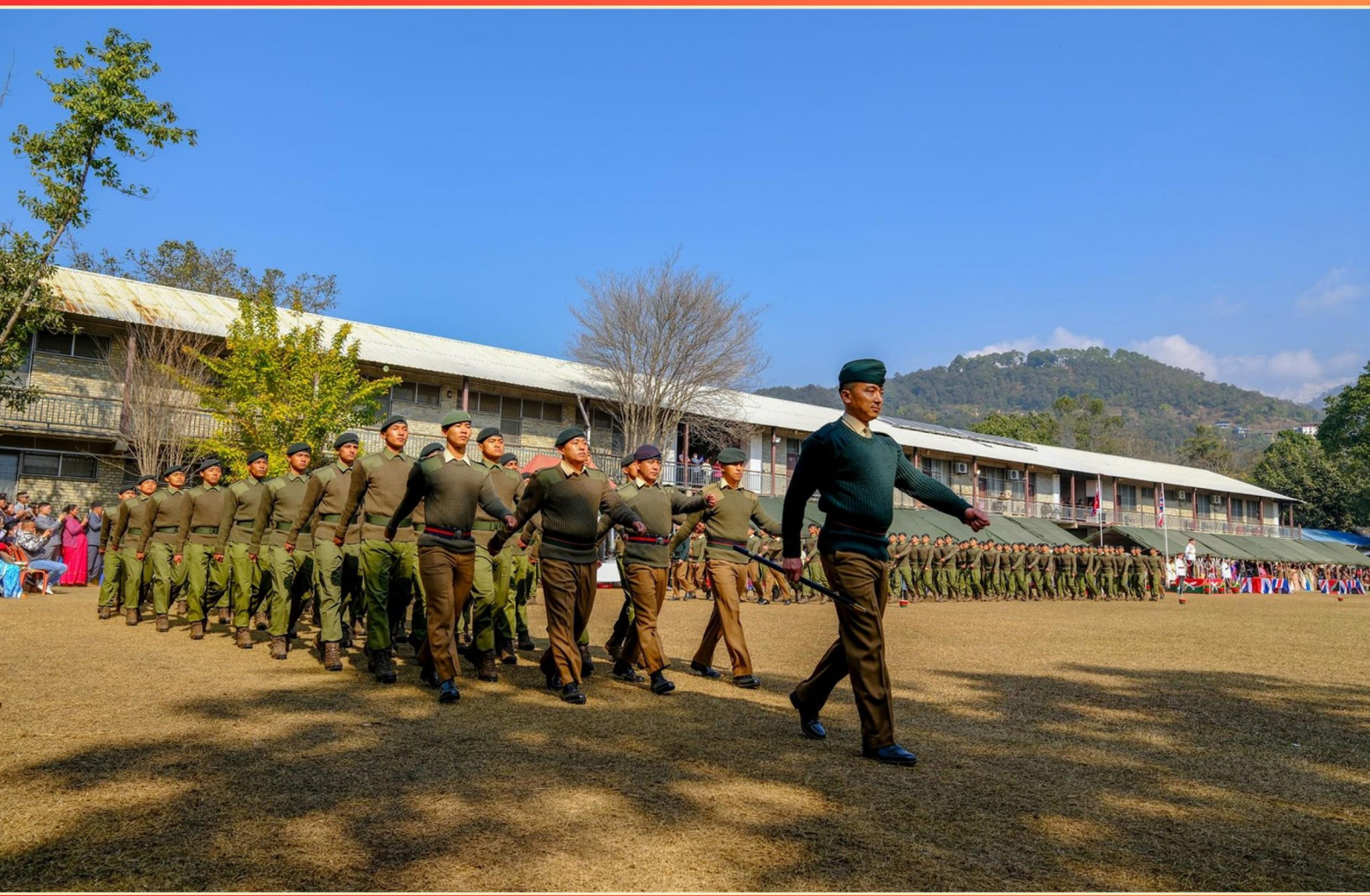
ARMY BASIC TRAINING PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

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How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

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Questions

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1. Which duty is described by the 2nd General Order?

A. Obey my special orders and perform all duties in a military manner.

B. Guard all property at the post.

C. Report all anomalies to the commander.

D. Always be in full dress at all times.

2. According to the 3rd General Order, to whom should you report violations of your special orders, emergencies, and anything not covered in your instructions?

A. The commander of the relief.

B. The post executive officer.

C. Your fellow soldiers.

D. The civilian supervisor.

3. What is the proper way to pass a weapon to a buddy during training?

A. Pass with muzzle pointed at the recipient

B. Ensure it is cleared and on safe, announce "weapon safe," and pass with muzzle in a safe direction

C. Pass while still loaded and on fire

D. Pass without announcing anything

4. When is it appropriate to place a casualty in the recovery position?

A. Always for any casualty

B. When the casualty is unconscious but breathing and there is no suspected spinal injury

C. Only if unconscious and not breathing

D. Only if color changes

5. Which best defines the Army Value 'Respect'?

A. Treat people as they should be treated.

B. Do what's right legally.

C. Loyalty to the unit.

D. Obey orders without question.

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6. What does the 'L' in LDRSHIP stand for?

A. Leadership

B. Loyalty

C. Liberty

D. Loyalty and Duty

7. Preparation Drill #4 corresponds to which drill in Army PRT?

A. Squat Bender

B. Windmill

C. Forward Lunge

D. Rower

8. Pace counting in land navigation is used to measure distance traveled by counting what?

A. Hours

B. Miles

C. Paces

D. Steps

9. What is the difference between Attention and Parade Rest?

A. Attention is a rigid, formal stance; Parade Rest is a relaxed stance with hands behind the back.

B. Parade Rest is a rigid, formal stance; Attention is relaxed with hands behind the back.

C. Both are rigid with hands clasped behind the back.

D. Attention and Parade Rest have the same posture.

10. When is a tourniquet appropriate?

A. For facial injuries

B. When direct pressure fails to control life-threatening bleeding from an extremity

C. For any bleeding

D. For minor bleeding

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Answers

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1. B
2. B
3. B
4. B
5. A
6. B
7. D
8. C
9. A
10. B

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Explanations

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1. Which duty is described by the 2nd General Order?

A. Obey my special orders and perform all duties in a military manner.

B. Guard all property at the post.

C. Report all anomalies to the commander.

D. Always be in full dress at all times.

The main idea being tested is the guard's duty to protect property at the post. The second General Order specifies guarding all property within the post and the limits of the post, ensuring security and preventing loss or damage. This duty defines the primary responsibility of a sentry: keep government property safe and be ready to report or address any threat or issue while remaining at the post until properly relieved. Among the options, the statement about guarding all property at the post directly reflects that obligation. The other statements describe general obedience, reporting anomalies, or dress requirements, none of which capture the specific duty of safeguarding property at the post.

2. According to the 3rd General Order, to whom should you report violations of your special orders, emergencies, and anything not covered in your instructions?

A. The commander of the relief.

B. The post executive officer.

C. Your fellow soldiers.

D. The civilian supervisor.

The third general order directs you to escalate any violations of your special orders, emergencies, or anything not covered in your instructions to the post executive officer. This person is the on-post leader who oversees daily operations and ensures issues are quickly and properly routed up the chain of command. Reporting to the post executive officer ensures the matter reaches the right authority to take appropriate action, rather than going to peers or a civilian supervisor, and while other leaders may become involved as needed, the immediate designated recipient for these kinds of reports is the post executive officer.

3. What is the proper way to pass a weapon to a buddy during training?

A. Pass with muzzle pointed at the recipient

B. Ensure it is cleared and on safe, announce "weapon safe," and pass with muzzle in a safe direction

C. Pass while still loaded and on fire

D. Pass without announcing anything

Passing a weapon safely means treating it as if it could fire at any moment. Before handing it off, you must verify it is cleared, meaning there's no ammunition in the chamber and the weapon is in a safe state. Then announce aloud that the weapon is safe, so your buddy and anyone nearby know it's not a threat. Finally, pass the weapon with the muzzle in a safe direction and maintain control throughout the transfer. This sequence prevents accidental discharge, ensures clear communication, and protects everyone in the area. Pointing the muzzle at the recipient or passing while still loaded and ready to fire are unsafe practices, and passing without announcing creates a miscommunication risk.

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4. When is it appropriate to place a casualty in the recovery position?

A. Always for any casualty

B. When the casualty is unconscious but breathing and there is no suspected spinal injury

C. Only if unconscious and not breathing

D. Only if color changes

The essential idea is to keep the airway open for an unconscious person who is still breathing. When someone is unconscious, the tongue can relax back and block the airway, and if they vomit or produce secretions, they're at risk of choking. Placing them on their side in the recovery position prevents these problems by allowing air to flow and giving fluids a path to drain away from the airway. This approach is appropriate only when there is no suspected spinal injury, because turning or moving someone with a possible spine injury could cause more harm. If the person isn't breathing, you would start CPR rather than placing them in the recovery position. Color changes alone don't determine the need for the recovery position.

5. Which best defines the Army Value 'Respect'?

A. Treat people as they should be treated.

B. Do what's right legally.

C. Loyalty to the unit.

D. Obey orders without question.

Respect in Army Values means treating others with dignity, listening, and valuing their contributions, regardless of rank. It's about how you engage with teammates, subordinates, and superiors—being courteous, fair, and considerate, and recognizing that every person deserves respect. The idea of "Treat people as they should be treated" captures this behavior, since it reflects valuing others and interacting with them professionally and respectfully. The other options describe different expectations—doing what's right legally aligns with integrity, loyalty to the unit with Loyalty, and obeying orders without question with obedience—but respect underpins how you interact with everyone and helps build trust and effective teamwork.

6. What does the 'L' in LDRSHIP stand for?

A. Leadership

B. Loyalty

C. Liberty

D. Loyalty and Duty

Loyalty is the idea behind the L in LDRSHIP. It means being faithful to the Nation, the Constitution, the Army, your unit, and your teammates. It's about putting the team's welfare above personal interests and staying true to your commitments, even when it's difficult. In practice, loyalty shows up as supporting your leaders, standing up for your teammates, and protecting information and shared trust within the unit. It also means upholding the mission and the values you've sworn to defend. Leadership and Duty are separate values within the same framework, and Liberty isn't part of these Army values. So the L represents Loyalty.

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7. Preparation Drill #4 corresponds to which drill in Army PRT?

A. Squat Bender

B. Windmill

C. Forward Lunge

D. Rower

Understanding which Preparation Drill matches which drill in Army PRT hinges on the sequence of the warm-up moves. Preparation Drill four is the Rower. This drill mimics a rowing stroke, pairing a hip hinge with a coordinated arm pull to mobilize the shoulders, upper back, and core while engaging the hips. It serves to loosen and warm up the posterior chain and thoracic region so the body is ready for more demanding activity. The other options are different warm-up patterns: Squat Bender emphasizes hamstrings and spine extension with a squat, Windmill focuses on torso rotation and lateral flexibility, and Forward Lunge stresses hip mobility and leg drive. Because the Rower specifically matches the fourth position in the Preparation Drills, it's the best choice.

8. Pace counting in land navigation is used to measure distance traveled by counting what?

A. Hours

B. Miles

C. Paces

D. Steps

Pace counting measures how far you've traveled by counting paces. A pace is the distance covered in two steps, so you estimate distance by counting how many paces you take and using the fixed length of one pace. This gives a repeatable unit for distance without needing instruments or timing. The longer you keep your stride consistent, the more accurate the estimate becomes, because distance equals the number of paces times the length of one pace. Hours would be measuring time, not distance. Miles are a distance unit you'd typically know from maps or instruments, not something you directly count as you move. Steps are individual footfalls and vary with tempo and stride length, whereas counting paces uses a standardized unit.

9. What is the difference between Attention and Parade Rest?

A. Attention is a rigid, formal stance; Parade Rest is a relaxed stance with hands behind the back.

B. Parade Rest is a rigid, formal stance; Attention is relaxed with hands behind the back.

C. Both are rigid with hands clasped behind the back.

D. Attention and Parade Rest have the same posture.

Posture in drill focuses on readiness and control. Attention is a rigid, formal stance: the body stands erect, with minimal movement and a strict, disciplined bearing, and the hands are kept at the sides in a controlled position. Parade Rest loosens that formality, so the body remains upright but not stiff, and the hands are clasped behind the back. This combination signals respect and composure while allowing a more relaxed, at-ease feel than attention. The contrast is why this option is correct: it accurately describes attention as stiff and formal and parade rest as a relaxed posture with hands behind the back. The other descriptions either swap the hand positions or misstate the level of rigidity, which doesn't align with how these postures are used in drill.

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10. When is a tourniquet appropriate?

A. For facial injuries

B. When direct pressure fails to control life-threatening bleeding from an extremity

C. For any bleeding

D. For minor bleeding

A tourniquet is used as a last-resort measure for life-threatening bleeding from an arm or leg when direct pressure cannot control it. This fits the scenario because the key requirement is serious, uncontrolled bleeding from a limb, where stopping the blood flow quickly can save life. It isn't appropriate for facial injuries, isn't needed for any bleeding, and isn't warranted for minor bleeding since those situations don't require such invasive intervention. In practice, you'd attempt direct pressure first, then apply a tourniquet to the affected limb high above the wound if bleeding remains uncontrolled.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://armybasictraining.examzify.com

We wish you the very best on your exam journey. You've got this!

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