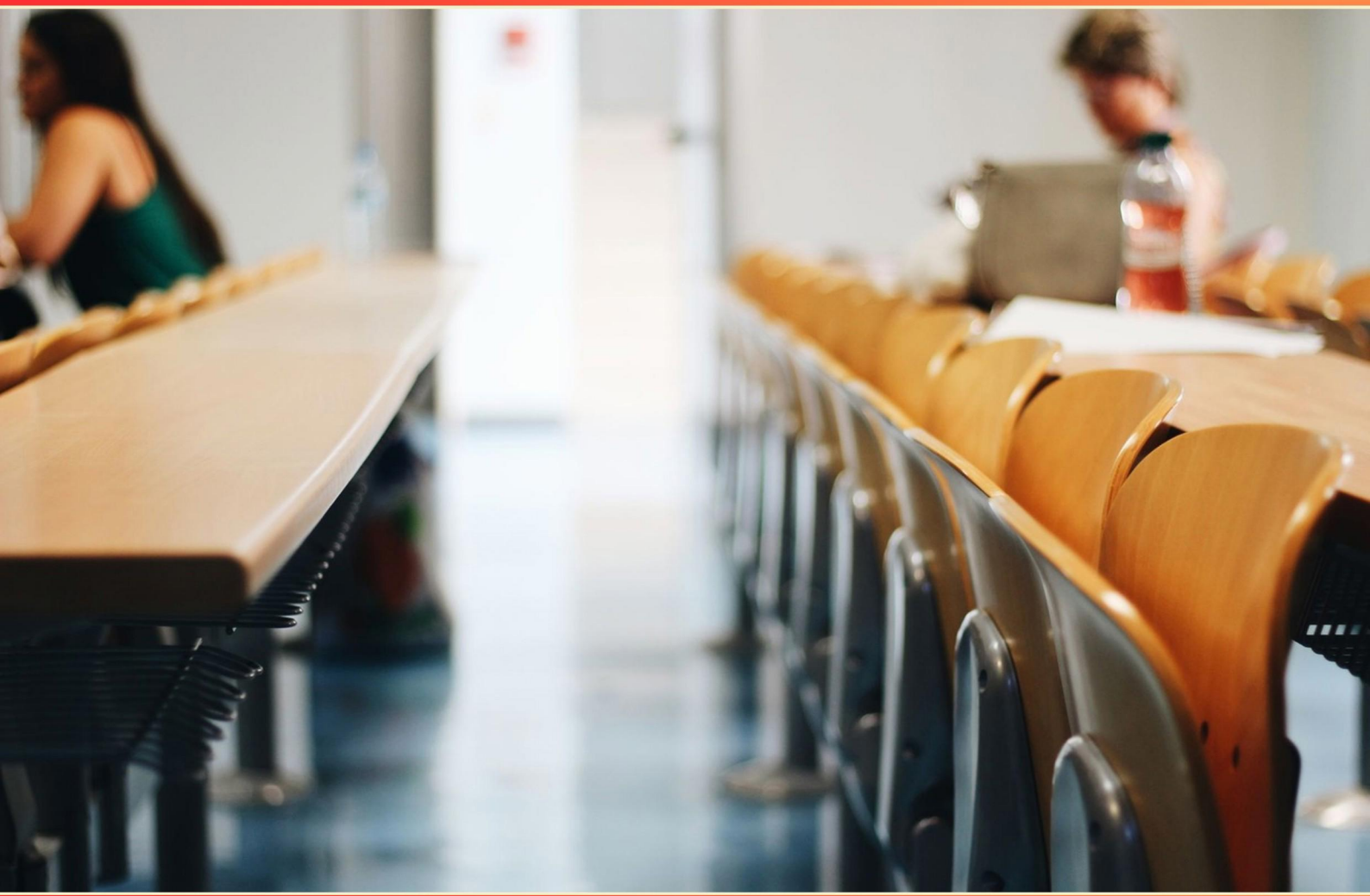
# CDC SERVICES 7-LEVEL BLOCK 5 PRACTICE TEST (SAMPLE)

## STUDY GUIDE



## SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

**VISIT US ONLINE FOR THE FULL VERSION STUDY GUIDE**

https://cdcservices7levelblock5.examzify.com

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

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# How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

### 1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

### 2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

### 3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

### 4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

### 5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

### 6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

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# Questions

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**1. What does Health Promotion seek to achieve?**

A. Improving health through public policy

B. Improving health through education and community engagement

C. Improving health through hospital renovations

D. Improving health through technology alone

**2. Primary expenses are services and merchandise selected by the PADD for eligible personnel, provided by what type of entity?**

A. Funeral home under direct management

B. Funeral home under contract to the Air Force

C. Independent service providers

D. Government agencies only

**3. How often should the SCO update the PERE regarding property matters?**

A. Bi-weekly

B. Weekly

C. Daily

D. Monthly

**4. Why is cultural competence important in CDC programming?**

A. It ensures programs are profitable

B. It ensures programs are relevant and accessible to diverse populations

C. It standardizes health messages across all cultures

D. It focuses solely on majority populations

**5. How do social determinants affect a person's health?**

A. They have no impact on health outcomes

B. They can limit access to necessary care

C. They always improve health conditions

D. They only affect mental health

**6. What is the CDC's strategy for combating antibiotic resistance?**

A. Promoting over-the-counter antibiotic access

B. Encouraging the public to avoid all medications

C. Promoting appropriate prescribing practices and infection prevention

D. Developing new antibiotics exclusively

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**7. What is the main goal of health communication strategies deployed by the CDC?**

A. To inform the public about governmental policies

B. To increase awareness and promote health literacy

C. To strictly enforce health regulations

D. To provide entertainment through health campaigns

**8. How can the CDC assess the needs of a population?**

A. By conducting field trials

B. Through community health assessments

C. By analyzing hospital admissions

D. Through international health comparisons

**9. ANG escorts will be placed on what status by the unit while serving as a remains escort?**

A. Active

B. PCS

C. TDY

D. Inactive

**10. In addressing health challenges, what is a suggested action by the CDC?**

A. Limiting information to government officials

B. Promoting awareness and knowledge-sharing

C. Reducing funding for health programs

D. Prioritizing only urban health issues

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# Answers

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1. B
2. B
3. B
4. B
5. B
6. C
7. B
8. B
9. A
10. B

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# Explanations

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## 1. What does Health Promotion seek to achieve?

A. Improving health through public policy

B. Improving health through education and community engagement

C. Improving health through hospital renovations

D. Improving health through technology alone

*Health Promotion seeks to achieve the enhancement of overall health and well-being through education and community engagement. This approach emphasizes empowering individuals and communities with knowledge and resources that enable them to make informed decisions about their health. By focusing on education, health promotion facilitates behavior changes and encourages participation in healthy activities, thus fostering a culture of health within communities. Community engagement is also crucial as it ensures that health promotion efforts are relevant and tailored to the specific needs of the population. This collaborative approach often leads to sustainable health improvements and promotes a supportive environment for health initiatives. The combination of education and community involvement creates a foundation for long-term health benefits, making it a key strategy in public health. Improving health solely through public policy, hospital renovations, or technology would not encompass the comprehensive goal of health promotion, which is fundamentally about encouraging informed health choices and community action.*

## 2. Primary expenses are services and merchandise selected by the PADD for eligible personnel, provided by what type of entity?

A. Funeral home under direct management

B. Funeral home under contract to the Air Force

C. Independent service providers

D. Government agencies only

*The correct choice indicates that primary expenses for services and merchandise selected by the PADD (Person Authorized to Direct Disposition) for eligible personnel are provided by a funeral home under contract to the Air Force. This arrangement ensures that the services provided meet the established standards and requirements set forth by the military, allowing for consistent quality and adherence to any specific protocols necessary for military personnel. In this contractual agreement, the funeral home is obligated to deliver services tailored to the needs of the military community, including appropriate merchandise, which solidifies the reliability and accountability of the services rendered. This type of setup is crucial as it provides a vetted network for military families during times of loss, offering them support in a manner that aligns with military guidelines. Other types of entities listed may not fulfill the same level of oversight or compliance associated with military regulations. For example, funeral homes under direct management may not operate with the same contract standards, while independent service providers and government agencies have distinct roles that may not be dedicated specifically to the unique needs of military personnel. Thus, the choice highlighting a funeral home contracted to the Air Force stands out as the most appropriate for fulfilling the primary expenses related to these services.*

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## 3. How often should the SCO update the PERE regarding property matters?

A. Bi-weekly

B. Weekly

C. Daily

D. Monthly

*The requirement for the SCO to update the PERE (Property and Equipment Reporting Entity) regarding property matters on a weekly basis reflects the need for timely and accurate information management. Regular updates are crucial in maintaining an effective oversight of property inventory, allowing for swift decisions and actions regarding resource allocation, maintenance, and compliance with regulations. Updating weekly ensures that any changes, such as new acquisitions, disposals, or documentation of conditions, are promptly recorded. This frequency supports better operational readiness and aids in the avoidance of misunderstandings or discrepancies in property records. It is important for accurate reporting, which is essential for audits, inventory tracking, and financial reporting within an organization. This choice aligns with industry best practices that prioritize keeping property records current and reflective of real-time data. Such diligence fosters reliability in property management and reporting processes, which is fundamental for any organization dealing with significant physical assets.*

## 4. Why is cultural competence important in CDC programming?

A. It ensures programs are profitable

B. It ensures programs are relevant and accessible to diverse populations

C. It standardizes health messages across all cultures

D. It focuses solely on majority populations

*Cultural competence is vital in CDC programming because it directly addresses the need for programs to be relevant and accessible to diverse populations. By understanding and incorporating the cultural values, practices, and beliefs of different groups, public health initiatives can be tailored to meet the specific needs of those communities. This ensures that health messages resonate more effectively with various populations, leading to higher levels of engagement and participation. If programs were to prioritize profitability or standardize health messages, they could inadvertently alienate certain groups, undermining the effectiveness of health interventions. Focusing solely on the majority populations also neglects the unique challenges and barriers faced by minority groups, which can lead to health disparities. Therefore, prioritizing cultural competence helps to create inclusive and equitable programming that enhances public health outcomes across diverse communities.*

## 5. How do social determinants affect a person's health?

A. They have no impact on health outcomes

B. They can limit access to necessary care

C. They always improve health conditions

D. They only affect mental health

*Social determinants of health, which include factors such as socioeconomic status, education, neighborhood and physical environment, employment, and social support networks, significantly influence health outcomes. The correct choice highlights that these determinants can limit access to necessary care. For instance, individuals from lower socioeconomic backgrounds may encounter barriers such as lack of transportation, insufficient health insurance, or living in areas with fewer healthcare facilities. This lack of access can lead to delayed diagnoses, untreated conditions, and ultimately poorer health outcomes. As a result, understanding and addressing these social determinants are critical for improving health equity and ensuring that everyone has the ability to achieve their best possible health. The other options do not recognize the influential role of social determinants or misinterpret their effects on health.*

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## 6. What is the CDC's strategy for combating antibiotic resistance?

A. Promoting over-the-counter antibiotic access

B. Encouraging the public to avoid all medications

C. Promoting appropriate prescribing practices and infection prevention

D. Developing new antibiotics exclusively

*The CDC's strategy for combating antibiotic resistance focuses on promoting appropriate prescribing practices and infection prevention. This approach emphasizes the need for healthcare providers to prescribe antibiotics only when they are truly necessary and to use the right antibiotic at the right dose for the right duration. By ensuring antibiotics are used judiciously, the CDC aims to reduce the development of resistant bacteria. In addition, infection prevention strategies, such as promoting vaccinations, proper hygiene, and safe food handling practices, help reduce the spread of infections that might lead to unnecessary antibiotic use. This balanced approach encourages responsible medication practices while addressing public health concerns, ultimately contributing to the reduction of antibiotic resistance in the community. Other approaches, such as over-the-counter access to antibiotics or the promotion of avoiding all medications, would not effectively address the complexity of antibiotic resistance, as they could lead to misuse or neglect necessary treatments. Focusing exclusively on developing new antibiotics does not address the root causes of antibiotic resistance and would not be sustainable in the long run without appropriate prescribing and prevention measures.*

## 7. What is the main goal of health communication strategies deployed by the CDC?

A. To inform the public about governmental policies

B. To increase awareness and promote health literacy

C. To strictly enforce health regulations

D. To provide entertainment through health campaigns

*The main goal of health communication strategies deployed by the CDC is to increase awareness and promote health literacy. This approach is designed to ensure that the public understands essential health information, which is crucial for making informed decisions regarding personal and community health. By enhancing health literacy, individuals are better equipped to recognize health risks, understand preventive measures, and adopt healthier behaviors. This strategy includes various forms of communication, such as educational campaigns, public service announcements, and the dissemination of information through social media and other platforms, all aimed at engaging the community and fostering a more informed populace. Through increasing awareness and understanding, the CDC ultimately seeks to improve health outcomes on a broader scale, as an informed public is more likely to participate in preventive measures and endorse healthy practices.*

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## 8. How can the CDC assess the needs of a population?

A. By conducting field trials

B. Through community health assessments

C. By analyzing hospital admissions

D. Through international health comparisons

*The Centers for Disease Control and Prevention (CDC) can assess the needs of a population effectively through community health assessments. This process involves a systematic collection and analysis of data related to the health status, needs, and resources of a community. The assessments typically involve engaging with community members, health care providers, and local organizations to gather qualitative and quantitative information. Community health assessments help identify significant health issues, social determinants of health, and barriers to health care access within a specific population. By understanding these factors, the CDC can tailor public health interventions and strategies to meet the unique needs of communities. Field trials, although valuable for testing interventions, focus more on the effectiveness of particular health strategies rather than assessing overall community needs. Analyzing hospital admissions provides insights into health service usage but doesn't capture broader population health needs or perceptions. Similarly, international health comparisons can highlight global health issues but are less effective in pinpointing the specific needs of a local population. Thus, community health assessments are the most direct and relevant method for assessing population needs.*

## 9. ANG escorts will be placed on what status by the unit while serving as a remains escort?

A. Active

B. PCS

C. TDY

D. Inactive

*When ANG (Air National Guard) escorts serve as remains escorts, they are placed on active status by their unit. This designation is crucial because active status involves being fully engaged in the assignment, which requires a high level of readiness and commitment. The responsibilities of remains escorts typically include transporting and caring for the remains of service members who have fallen, demonstrating respect and honor during this solemn duty. Being on active status allows escorts to receive all the relevant pay and benefits associated with their role, ensuring they are fully supported during this important assignment. Other statuses, such as PCS (Permanent Change of Station) or TDY (Temporary Duty), would imply different contexts and obligations that do not align with the unique responsibilities of remains escorts. Therefore, placing ANG escorts on active status underscores the seriousness of their mission and reinforces their commitment to honoring fellow service members.*

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**10. In addressing health challenges, what is a suggested action by the CDC?**

A. Limiting information to government officials

B. Promoting awareness and knowledge-sharing

C. Reducing funding for health programs

D. Prioritizing only urban health issues

*Promoting awareness and knowledge-sharing is a key action suggested by the CDC to address health challenges because it empowers individuals and communities to make informed decisions about their health. When people are educated about health risks, preventive measures, and available resources, they can take proactive steps to improve their well-being. This approach helps build resilience and encourages community engagement, which is vital in managing public health issues. Knowledge-sharing also fosters collaboration among various stakeholders, including healthcare providers, public health officials, and the community. By promoting transparency and disseminating accurate health information, the CDC not only enhances public understanding but also encourages collective action to tackle health challenges effectively. This is particularly important in times of health crises, as well-informed populations can respond more swiftly and appropriately to emerging health threats.*

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# Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://cdcservices7levelblock5.examzify.com

We wish you the very best on your exam journey. You've got this!

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