CLINICAL JUDGMENT EXAM (CJE) 1 PRACTICE (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR THE FULL VERSION STUDY GUIDE

https://cjeexam1.examzify.com

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright 1

Table of Contents 2

Introduction 3

How to Use This Guide 4

Questions 5

Answers 8

Explanations 10

Next Steps 16

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

SAMPLE

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

SAMPLE

Questions

SAMPLE

1. What is a critical factor in evaluating a nurse's clinical judgment skills?

A. The ability to integrate theory with practice effectively
B. Experience in different clinical settings
C. Knowledge of medical terminology
D. Adherence to hospital protocols

2. Why is it important to document clinical findings accurately?

A. To maintain a clear record of patient care for continuity and legal purposes
B. To create a personal log of patient interactions
C. To fulfill hospital administrative requirements
D. To impress colleagues with thoroughness

3. What indicates a normal functioning chest tube?

A. Constant bubbling in the water-seal chamber
B. Intermittent bubbling in the water-seal chamber
C. No change in the drainage color
D. Fluid continually draining with no air leaks

4. What should a nurse include in the care plan for a bedbound client to protect skin integrity?

A. Collaborate with dietitian to ensure adequate protein intake.
B. Keep head of bed elevated to 45 degrees.
C. Massage the bony prominences.
D. Rub the skin dry after cleaning.

5. Which aspect is essential in the assessment phase of nursing?

A. Making quick decisions based on intuition
B. Utilizing clinical guidelines and protocols
C. Gathering all relevant patient information
D. Managing time efficiently without thorough assessment

6. How does patient education contribute to clinical judgment?

A. It is not relevant to clinical judgments
B. It empowers patients to take an active role in their health management
C. It serves only to inform patients about medications
D. It complicates the nursing process

SAMPLE

7. How does reflective practice benefit nurses?

A. It helps nurses avoid direct patient interactions

B. It allows nurses to evaluate and improve their care through past experiences

C. It minimizes the need for further education and training

D. It encourages adherence to outdated practices

8. What is the significance of patient feedback in clinical judgment?

A. It can decrease the workload for nurses

B. It provides insights into care quality

C. It helps in structuring clinical interviews

D. It is mostly for statistical analysis

9. Which action by an unlicensed assistive personnel (UAP) indicates a need for further teaching when caring for a client with skeletal traction?

A. Elevates head of bed before the client eats.

B. Records urine output after emptying Foley catheter.

C. Wipes foot with a wet towel where traction is located.

D. Places the weights on bed before repositioning.

10. Which medication should the nurse question in an older adult client with Parkinson's disease?

A. Docusate.

B. Benztropine.

C. Amantadine.

D. Levodopa-carbidopa.

SAMPLE

Answers

SAMPLE

1. A
2. A
3. D
4. A
5. C
6. B
7. B
8. B
9. D
10. B

SAMPLE

Explanations

SAMPLE

1. What is a critical factor in evaluating a nurse's clinical judgment skills?

A. The ability to integrate theory with practice effectively

B. Experience in different clinical settings

C. Knowledge of medical terminology

D. Adherence to hospital protocols

The ability to integrate theory with practice effectively is a crucial factor in evaluating a nurse's clinical judgment skills because it demonstrates the nurse's capacity to apply theoretical knowledge to real-world situations. This integration is essential for making informed decisions in patient care, as it allows nurses to assess clinical situations accurately, prioritize patient needs, and implement appropriate interventions based on evidence-based practices. When nurses can merge their academic understanding with hands-on experience, they enhance their problem-solving skills and adapt better to the complexities of patient care environments. While experience in different clinical settings also contributes significantly to a nurse's judgment skills by exposing them to varied scenarios, it is the ability to synthesize that experience with theoretical knowledge that truly enhances clinical decision-making. Knowledge of medical terminology is important for communication and understanding but does not directly influence clinical judgment abilities. Similarly, adherence to hospital protocols is necessary for maintaining standards of care, but it does not encompass the critical thinking required for effective clinical judgment. Thus, the effective integration of theory with practice is foundational for a nurse's clinical judgment skills.

2. Why is it important to document clinical findings accurately?

A. To maintain a clear record of patient care for continuity and legal purposes

B. To create a personal log of patient interactions

C. To fulfill hospital administrative requirements

D. To impress colleagues with thoroughness

Accurate documentation of clinical findings is essential for maintaining a clear record of patient care, which is crucial for several reasons. First and foremost, it ensures continuity of care; healthcare providers rely on comprehensive and precise records to understand a patient's medical history, treatment progress, and any potential issues that may arise over time. When multiple healthcare professionals are involved in a patient's care, having a detailed account of clinical findings allows for a coordinated approach to treatment and helps prevent errors and omissions. In terms of legal purposes, thorough documentation can serve as evidence of the care provided, which is vital should any disputes arise regarding patient treatment. It protects the healthcare provider by demonstrating that appropriate standards of care were met and shows a clear timeline and rationale for clinical decisions and interventions. The other options do not capture the full importance of documentation. While keeping a personal log or fulfilling administrative requirements can be aspects of documentation, they do not address the underlying necessity of ensuring patient safety and continuity of care. Impressing colleagues with thoroughness may reflect professional standards but is not the primary reason for meticulous documentation. Therefore, the emphasis on clear records serves to protect both the patient and healthcare providers legally and clinically.

SAMPLE

3. What indicates a normal functioning chest tube?

A. Constant bubbling in the water-seal chamber

B. Intermittent bubbling in the water-seal chamber

C. No change in the drainage color

D. Fluid continually draining with no air leaks

The indication of a normal functioning chest tube is fluid continually draining with no air leaks. This reflects that the tube is effectively allowing pleural or mediastinal fluids to drain, which can help reduce pressure and prevent complications such as pneumothorax. The lack of air leaks signifies that the system is intact and functioning as intended, ensuring that no atmospheric air is entering the pleural space, which could lead to lung collapse. In contrast, constant bubbling in the water-seal chamber typically suggests an air leak from the system, indicating that the chest tube may not be functioning properly. Intermittent bubbling can be normal during respiration or drainage but can also indicate fluctuations in pleural pressure if it is persistent. Lastly, while having no change in the drainage color could be considered a positive sign, it does not provide a complete picture of tube function compared to ensuring continuous fluid drainage without air leaks.

4. What should a nurse include in the care plan for a bedbound client to protect skin integrity?

A. Collaborate with dietitian to ensure adequate protein intake.

B. Keep head of bed elevated to 45 degrees.

C. Massage the bony prominences.

D. Rub the skin dry after cleaning.

In creating a care plan for a bedbound client, ensuring adequate protein intake is essential for maintaining skin integrity. Protein is a crucial nutrient for tissue repair and regeneration, particularly for individuals who are immobile and at risk of pressure injuries. Bedbound clients have limited mobility, which can lead to skin breakdown due to prolonged pressure on specific areas of the body. By collaborating with a dietitian, the nurse can develop a nutrition plan that emphasizes adequate protein intake, which helps strengthen the skin and promotes healing if any skin issues arise. This focus on nutrition is a vital component of holistic care, addressing one of the key factors in preventing skin complications in vulnerable patients.

5. Which aspect is essential in the assessment phase of nursing?

A. Making quick decisions based on intuition

B. Utilizing clinical guidelines and protocols

C. Gathering all relevant patient information

D. Managing time efficiently without thorough assessment

The assessment phase of nursing is crucial for establishing a comprehensive understanding of the patient's health status. Gathering all relevant patient information encompasses various aspects such as medical history, current symptoms, vital signs, and any other data pertinent to the patient's condition. This thorough information gathering allows nurses to identify problems accurately, prioritize care needs, and formulate appropriate nursing diagnoses. An informed assessment is foundational for effective clinical decision-making and contributes significantly to the development of an individualized care plan. Utilizing clinical guidelines and protocols is important, but this should be based on a solid assessment. Making quick decisions based on intuition can lead to oversight of critical details and fail to consider the full context of the patient's situation. Managing time efficiently is valuable in healthcare, but it should never come at the expense of a thorough assessment, as rushing the process can result in missed or misinterpreted information, ultimately affecting patient outcomes.

SAMPLE

6. How does patient education contribute to clinical judgment?

A. It is not relevant to clinical judgments

B. It empowers patients to take an active role in their health management

C. It serves only to inform patients about medications

D. It complicates the nursing process

Patient education plays a vital role in enhancing clinical judgment by empowering patients to take an active role in their health management. When patients are well-informed about their conditions, treatments, and self-care strategies, they are better equipped to make decisions that align with their healthcare goals. This engagement fosters a partnership between healthcare providers and patients, promoting adherence to treatment plans and improving health outcomes. By understanding their health conditions, patients can provide more accurate information during consultations, which helps healthcare professionals make better-informed clinical judgments. Additionally, educated patients are more likely to recognize changes in their health status and communicate these effectively to their healthcare providers, which is crucial for adjusting care plans as needed. In contrast, the other options do not accurately capture the multifaceted benefits of patient education. Suggesting that it is irrelevant, only serves to inform about medications, or complicates the nursing process overlooks the comprehensive impact that patient empowerment has on clinical practice and patient outcomes.

7. How does reflective practice benefit nurses?

A. It helps nurses avoid direct patient interactions

B. It allows nurses to evaluate and improve their care through past experiences

C. It minimizes the need for further education and training

D. It encourages adherence to outdated practices

Reflective practice is a crucial component of professional development in nursing as it enables nurses to assess their own performances and the effectiveness of their patient care. By examining past experiences, nurses can identify what went well and what did not, thus fostering a cycle of continuous learning. This self-evaluation leads to improved decision-making and the ability to provide higher quality care in the future. Engaging in reflective practice encourages nurses to think critically about their actions and the outcomes, ultimately enhancing their skills and promoting a more thoughtful and effective approach to patient care. In contrast, the other options do not align with the principle of reflective practice. Avoiding direct patient interactions does not focus on skill enhancement or learning. Minimizing the need for further education contradicts the concept of growth through reflection, as reflective practice often leads to recognizing the necessity of ongoing training and education. Encouraging adherence to outdated practices opposes the goal of reflective practice, which seeks to advance and adapt nursing methods rather than cling to old habits. Therefore, the emphasis on evaluating and improving care through past experiences is what firmly establishes option B as the correct answer.

SAMPLE

8. What is the significance of patient feedback in clinical judgment?

A. It can decrease the workload for nurses

B. It provides insights into care quality

C. It helps in structuring clinical interviews

D. It is mostly for statistical analysis

Patient feedback is essential in clinical judgment because it offers direct insights into the quality of care that patients experience. This feedback allows healthcare providers to understand patient perceptions and concerns, which can highlight areas needing improvement or reinforce practices that are effective. By analyzing patient feedback, clinicians and healthcare institutions can assess the effectiveness of their interventions, measure patient satisfaction, and adapt care strategies to meet individual patient needs more effectively. This ongoing dialogue fosters a patient-centered approach to care, ultimately leading to better health outcomes and enhanced trust between patients and providers. While other options may touch on aspects related to care delivery, they do not encapsulate the holistic value of patient feedback in informing and enhancing the quality of clinical judgment.

9. Which action by an unlicensed assistive personnel (UAP) indicates a need for further teaching when caring for a client with skeletal traction?

A. Elevates head of bed before the client eats.

B. Records urine output after emptying Foley catheter.

C. Wipes foot with a wet towel where traction is located.

D. Places the weights on bed before repositioning.

The action that signifies a need for further instruction is placing the weights on the bed before repositioning. In the context of skeletal traction, it is crucial that the weights remain suspended and free from any obstacles to ensure that the traction remains effective and that the forces applied on the bones and joints are maintained correctly. If weights are placed on the bed, this can disrupt the tension required for proper alignment and healing, potentially causing complications such as improper healing of fractures. Effective skeletal traction relies on the continuous pull that the weights create. By placing the weights on the bed, the UAP would compromise the alignment of the skeletal system and may hinder the patient's recovery. Therefore, it is essential that individuals assisting with skeletal traction understand the importance of keeping weights appropriately positioned to maintain the therapeutic effects of the traction. This lack of understanding indicates a gap in knowledge regarding proper traction management, highlighting the need for further education in this area.

SAMPLE

10. Which medication should the nurse question in an older adult client with Parkinson's disease?

A. Docusate.

B. Benztropine.

C. Amantadine.

D. Levodopa-carbidopa.

In the context of managing Parkinson's disease in older adult clients, it is important to carefully consider the side effects and interactions of various medications. Benztropine, an anticholinergic medication, is used to manage extrapyramidal symptoms associated with the condition. However, it can cause cognitive impairment, confusion, and worsen memory issues, particularly in older adults, who may already be at higher risk for these side effects due to age-related changes in the central nervous system. In older patients, the use of anticholinergic medications like benztropine should be approached with caution, as they may lead to an increase in anticholinergic burden, which can have deleterious effects such as worsening dementia symptoms or exacerbating confusion. Therefore, questioning the use of benztropine for an older adult with Parkinson's disease is prudent and reflects a careful consideration of both the benefits and potential risks. On the other hand, docusate is a stool softener that does not pose similar risks related to cognitive side effects. Amantadine offers benefits in managing Parkinson's symptoms and may actually help with dyskinesia in some patients. Levodopa-carbidopa is the cornerstone of treatment for Parkinson's disease and is typically the

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://cjeexam1.examzify.com

We wish you the very best on your exam journey. You've got this!

SAMPLE