COLORADO MEASURES OF ACADEMIC SUCCESS (CMAS) PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR THE FULL VERSION STUDY GUIDE

https://
coloradomeasuresofacademicsucess.examzify.com

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright 1
Table of Contents 2
Introduction 3
How to Use This Guide 4
Questions 5
Answers 8
Explanations 10
Next Steps 16

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

SAMPLE

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

SAMPLE

Questions

SAMPLE

1. What type of neglect is characterized by permitting truancy or showing inattention to a child's educational needs?

A. Physical Neglect

B. Medical Neglect

C. Educational Neglect

D. Emotional Neglect

2. In Pennsylvania law, what is one of the criteria that must be considered when identifying child maltreatment?

A. Socioeconomic status

B. Intentionality of actions

C. Parental consent

D. Location of incident

3. What is a group home?

A. A facility providing 24-hour care for children in a small group

B. A temporary shelter for children awaiting foster care

C. A school for children with special needs

D. A residential treatment center for behavioral issues

4. When are children at the highest risk of experiencing neglect?

A. When they are learning to walk

B. When they are in school

C. When they are most dependent on their parents for care

D. When they are teens

5. What are the three adverbs used to define child maltreatment in Pennsylvania law?

A. Intentionally, defensively, softly

B. Knowingly, recklessly, carelessly

C. Intentionally, knowingly, recklessly

D. Deliberately, knowingly, unknowingly

SAMPLE

6. What type of issues does trauma-focused cognitive behavioral therapy primarily address?

A. Coping with grief

B. Behavioral issues

C. Effects of sexual abuse and trauma

D. Learning disabilities

7. What type of child protective services outcome indicates there is not enough evidence of maltreatment?

A. Indicated

B. Unsubstantiated/ unfounded

C. Substantiated

D. Confirmed

8. The killing of infants as a means to control population is known as:

A. Child sacrifice

B. Infanticide

C. Population control

D. Abortion

9. What study collects data on child maltreatment from professionals with regular contact with children?

A. National Child Welfare Report

B. National Incidents Survey

C. National Child Abuse Registry

D. Child Protective Services Study

10. What factor is considered vital when discussing the influences affecting child development according to Bronfenbrenner's model?

A. Mass media

B. School systems

C. Family dynamics

D. Peer interactions

SAMPLE

Answers

SAMPLE

1. C
2. B
3. A
4. C
5. C
6. C
7. B
8. B
9. B
10. C

SAMPLE

Explanations

SAMPLE

1. What type of neglect is characterized by permitting truancy or showing inattention to a child's educational needs?

A. Physical Neglect

B. Medical Neglect

C. Educational Neglect

D. Emotional Neglect

The appropriate answer revolves around the concept of neglect related to a child's education, which is explicitly defined as Educational Neglect. This type of neglect occurs when a guardian or caregiver fails to ensure that a child receives an adequate education, which can manifest in various ways, including allowing a child to miss school frequently without valid reasons (truancy) or neglecting to attend to their educational requirements. Educational neglect can severely impact a child's future opportunities and overall development, as an education is crucial for a child's ability to thrive both academically and socially. The focus here is on how inattention to a child's academic needs is detrimental, making it clear why Educational Neglect is the correct choice. In comparison, Physical Neglect pertains to the failure to provide necessary physical needs or a safe living environment. Medical Neglect refers to not providing necessary medical care, and Emotional Neglect involves failing to provide emotional support or failings to nurture a child's emotional needs. Each of these alternatives addresses different areas of neglect and therefore does not relate directly to the educational context presented in the question.

2. In Pennsylvania law, what is one of the criteria that must be considered when identifying child maltreatment?

A. Socioeconomic status

B. Intentionality of actions

C. Parental consent

D. Location of incident

When identifying child maltreatment under Pennsylvania law, the intentionality of actions is a crucial criterion. This involves understanding whether a caregiver or parent meant to cause harm or neglect to the child. The law prioritizes the intention behind actions because it helps to differentiate between accidental situations and those that are malicious or neglectful. Recognizing the intent allows professionals to assess the severity of the maltreatment and determine the appropriate responses or interventions needed to protect the child and address the caregiver's behavior. In contrast, while socioeconomic status might provide context regarding the family environment, it is not a direct criterion for identifying maltreatment. Parental consent is more relevant in cases involving medical treatment or participation in programs rather than in the identification of maltreatment. Similarly, the location of the incident can provide important context but does not define whether maltreatment has occurred; the focus is primarily on the actions and intents of those responsible for the child's welfare.

SAMPLE

3. What is a group home?

A. A facility providing 24-hour care for children in a small group

B. A temporary shelter for children awaiting foster care

C. A school for children with special needs

D. A residential treatment center for behavioral issues

A group home is primarily designed to provide a structured living environment for children who cannot live with their families due to various circumstances. Option A is correct because it accurately describes a group home as a facility that offers 24-hour care and support for children in a small group setting. This allows for individualized attention and the fostering of social skills and relationships among peers, which is crucial for their development. In contrast, the other options describe different types of facilities or services. A temporary shelter for children awaiting foster care might be more focused on short-term housing rather than the ongoing support and community found in a group home. A school for children with special needs specifically addresses educational needs rather than residential support. Lastly, a residential treatment center for behavioral issues typically emphasizes therapy and treatment for specific psychological or behavioral concerns, rather than the overall nurturing and familial environment that a group home seeks to provide. Therefore, the emphasis on continuous care in a supportive small group environment makes option A the most accurate descriptor of a group home.

4. When are children at the highest risk of experiencing neglect?

A. When they are learning to walk

B. When they are in school

C. When they are most dependent on their parents for care

D. When they are teens

Children are at the highest risk of experiencing neglect when they are most dependent on their parents for care. This period typically occurs in early childhood when children require significant support for their basic needs, including food, shelter, supervision, and emotional support. During these years, a child's inability to advocate for themselves or seek help makes them particularly vulnerable to neglect. If caregivers are unable or unwilling to provide adequate care, the consequences may be severe and can lead to long-term emotional and physical development issues. When considering the other options, while learning to walk, being in school, and being a teenager can all be times of significant needs and challenges, they do not compare to the level of dependency seen in early childhood. For instance, when attending school, many children have developed certain levels of independence and can interact with other supportive adults and peers. Similarly, during their teenage years, adolescents often have more resources and abilities to reach out for help if their needs aren't being met. Therefore, the greatest risk of neglect is during the time when children are most reliant on their caregivers.

SAMPLE

5. What are the three adverbs used to define child maltreatment in Pennsylvania law?

A. Intentionally, defensively, softly

B. Knowingly, recklessly, carelessly

C. Intentionally, knowingly, recklessly

D. Deliberately, knowingly, unknowingly

The correct answer is comprised of the adverbs "intentionally," "knowingly," and "recklessly," which are essential in the legal framework for defining child maltreatment in Pennsylvania law. Each of these terms delineates different mental states or levels of awareness regarding actions that lead to child harm. "Intentionally" refers to actions that are carried out with the aim or purpose of causing harm or neglect. This reflects a clear, purposeful decision to harm a child rather than an outcome of adverse circumstances. "Knowingly" conveys that a person is aware that their actions may lead to harm or neglect, acknowledging the potential consequences of their behavior. It emphasizes a conscious recognition of risk or danger. "Recklessly" indicates a disregard for the substantial and unjustifiable risk of harm to a child. This means that the individual is aware of the risk but chooses to act in a way that neglects the safety of the child. Together, these adverbs establish a comprehensive understanding of the various levels of culpability involved in maltreatment cases, thus aiding law enforcement and legal entities in addressing issues of child welfare efficiently. The other combinations provided do not accurately capture the legal definitions outlined in Pennsylvania law regarding child maltreatment.

6. What type of issues does trauma-focused cognitive behavioral therapy primarily address?

A. Coping with grief

B. Behavioral issues

C. Effects of sexual abuse and trauma

D. Learning disabilities

Trauma-focused cognitive behavioral therapy (TF-CBT) is specifically designed to address the psychological effects of trauma, particularly in children and adolescents. The therapy focuses on helping individuals process their experiences related to trauma, such as those stemming from sexual abuse, physical abuse, or other traumatic instances. TF-CBT aims to reduce the distressing symptoms associated with trauma and helps the individual develop healthy coping mechanisms to deal with their emotions and thoughts related to the traumatic experience. In contrast, while coping with grief, behavioral issues, and learning disabilities may require different forms of therapeutic approaches, they are not the primary focus of TF-CBT. Grief counseling would concentrate on loss and bereavement, behavioral issues might call for behavior modification strategies, and learning disabilities typically involve educational interventions rather than trauma processing. Thus, TF-CBT's emphasis on addressing the specific effects of trauma solidifies its role in helping individuals heal from their traumatic experiences, making it an effective choice for those dealing with such issues.

SAMPLE

7. What type of child protective services outcome indicates there is not enough evidence of maltreatment?

A. Indicated

B. Unsubstantiated/ unfounded

C. Substantiated

D. Confirmed

The outcome that indicates there is not enough evidence of maltreatment is referred to as "Unsubstantiated" or "Unfounded." This classification means that after an investigation into suspected abuse or neglect, the evidence gathered does not meet the threshold of confirming that maltreatment occurred. It implies that while a report may have raised concerns, the findings did not support those claims to a level that warrants further action or intervention. In child protective services, different outcomes can arise after assessments. An "Indicated" outcome suggests that there is some evidence to support the claim of maltreatment, while "Substantiated" means that there is enough evidence to prove that maltreatment occurred. The term "Confirmed" aligns closely with substantiated findings. Therefore, "Unsubstantiated" or "Unfounded" is the correct terminology for situations where the investigation concludes that there is insufficient evidence to substantiate the allegations of maltreatment.

8. The killing of infants as a means to control population is known as:

A. Child sacrifice

B. Infanticide

C. Population control

D. Abortion

Infanticide refers specifically to the deliberate act of killing infants, often as a means of controlling population growth or in response to socio-economic pressures. This term distinctly captures the intention and act of ending an infant's life, generally performed on newborns. While child sacrifice can involve similar acts, it is typically tied to religious or cultural rituals rather than population management. Population control encompasses broader strategies and methods aimed at regulating the number of individuals in a society, which could include various family planning measures and does not specifically denote the act of killing. Abortion refers to the termination of a pregnancy, which is a separate issue and generally occurs before birth rather than involving infants directly. This nuanced understanding solidifies infanticide as the most precise and contextually accurate term among the options provided.

SAMPLE

9. What study collects data on child maltreatment from professionals with regular contact with children?

A. National Child Welfare Report

B. National Incidents Survey

C. National Child Abuse Registry

D. Child Protective Services Study

The National Incidents Survey is recognized for its systematic collection of data regarding child maltreatment from professionals who have regular contact with children. This survey aggregates information from various sources, including law enforcement, schools, and healthcare providers, to create a comprehensive overview of the incidence and nature of child abuse and neglect across the United States. This data is vital for identifying trends, informing policy, and improving prevention and intervention strategies. By gathering insights from those who work closely with children, the survey captures a broader spectrum of incidents than what may be reported to child protective services alone, providing a depth of understanding about the issues surrounding child maltreatment. In contrast, the other options may focus on more specific aspects of child welfare or have different methodologies that do not involve the broad, systematic collection of data from professionals in regular contact with children.

10. What factor is considered vital when discussing the influences affecting child development according to Bronfenbrenner's model?

A. Mass media

B. School systems

C. Family dynamics

D. Peer interactions

In Bronfenbrenner's ecological systems theory, the concept of family dynamics is crucial as it forms part of the immediate environment that has a profound impact on a child's development. The family is central in providing the first social interactions and emotional support that shape a child's experiences and overall growth. Family dynamics encompass the relationships, communication patterns, and emotional interactions within the family unit, all of which play a critical role in influencing a child's behavior, self-esteem, and social skills. While factors like mass media, school systems, and peer interactions also affect child development, they represent broader systems that come into play after the foundational influences provided by family. Family dynamics are often the first context in which a child learns about relationships, conflict resolution, and social norms, making them a vital factor in understanding development according to Bronfenbrenner's model. This model emphasizes the interconnectedness of various environmental systems and highlights how the family serves as a primary context for growth and development.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://coloradomeasuresofacademicsucess.examzify.com

We wish you the very best on your exam journey. You've got this!

SAMPLE