DALLAS POLICE EXAM 13 PRACTICE (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR THE FULL VERSION STUDY GUIDE

https://dallaspolice13.examzify.com

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright 1

Table of Contents 2

Introduction 3

How to Use This Guide 4

Questions 5

Answers 8

Explanations 10

Next Steps 15

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

SAMPLE

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

SAMPLE

Questions

SAMPLE

1. What should an officer ensure before initiating a frisk?

A. That the suspect is compliant

B. That backup is available

C. That they are alone

D. That the area is secure

2. Mechanical checks are considered a part of what type of vehicle routine?

A. Post-shift inspections

B. Pre-shift vehicle inspections

C. Emergency vehicle checks

D. Routine maintenance

3. What defines a personality disorder?

A. A temporary state of emotional distress

B. An enduring pattern of thought and behavior

C. Acute mental illness

D. A minor personality trait

4. Another example of a ground technique is:

A. Arm bar submission

B. Base get up and full mount position

C. Wrist lock maneuver

D. Emergency escape

5. What might a "trigger" in a psychological context represent?

A. A physical injury

B. A stimulant drug

C. A recalling of past trauma

D. A type of therapy

6. How should a law enforcement officer approach a scenario requiring the use of impact weapons?

A. They should always be the first choice

B. It should be a last resort

C. Only when absolutely necessary

D. Never, unless explicitly instructed

SAMPLE

7. Why is maintaining police-community relationships significant?

A. It increases police funding and resources

B. It reduces crime and fosters cooperation

C. It helps in media relations and public image

D. It allows for more rigorous law enforcement

8. What type of defense device is OC Spray classified as?

A. Chemical

B. Electrical

C. Physical

D. Impact

9. What type of substances accelerate the heart rate and elevate blood pressure?

A. Depressants

B. Central nervous system stimulants

C. Hallucinogens

D. Alcohol

10. What primary strategy should police chiefs employ to promote community relations?

A. Enforce stricter laws

B. Conduct public forums and engage with community members

C. Focus solely on crime statistics

D. Limit media contact

SAMPLE

Answers

SAMPLE

1. A
2. B
3. B
4. B
5. C
6. B
7. B
8. A
9. B
10. B

SAMPLE

Explanations

SAMPLE

1. What should an officer ensure before initiating a frisk?

A. That the suspect is compliant

B. That backup is available

C. That they are alone

D. That the area is secure

An officer should ensure that the suspect is compliant before initiating a frisk because compliance indicates that the suspect is not trying to resist or flee, which significantly reduces the risk of confrontation. A compliant individual is more likely to remain still and allow the officer to conduct the search safely. This step is crucial as it provides the officer with a measure of control over the situation, fostering a safer environment for both the officer and the suspect during the frisk. In addition to compliance, the officer should also take other factors into account, such as the immediate environment and the presence of backup, but obtaining compliance from the suspect is foundational for ensuring the officer's safety and effectiveness during the procedure.

2. Mechanical checks are considered a part of what type of vehicle routine?

A. Post-shift inspections

B. Pre-shift vehicle inspections

C. Emergency vehicle checks

D. Routine maintenance

Mechanical checks are essential components of pre-shift vehicle inspections. These inspections occur before a shift begins and are crucial for ensuring that a vehicle is in safe working condition. During a pre-shift inspection, various mechanical aspects of the vehicle, such as brakes, tires, lights, and fluids, are carefully checked to prevent operational issues during the upcoming shift. This proactive approach helps identify potential problems that could compromise safety or performance while the vehicle is in use. While post-shift inspections and routine maintenance also involve mechanical checks, they serve slightly different purposes and timings. Post-shift inspections are conducted at the end of a shift to document the vehicle's condition after use, and routine maintenance refers to scheduled checks and repairs performed over time to maintain overall vehicle health. Emergency vehicle checks are typically focused on ensuring specific equipment is ready for immediate response. Thus, pre-shift vehicle inspections are specifically geared towards the mechanical checks that ensure readiness before operation begins.

3. What defines a personality disorder?

A. A temporary state of emotional distress

B. An enduring pattern of thought and behavior

C. Acute mental illness

D. A minor personality trait

A personality disorder is characterized by an enduring pattern of thought and behavior that deviates markedly from the expectations of an individual's culture. This pattern is pervasive, inflexible, and can lead to significant distress or impairment in personal, social, or occupational functioning. Individuals with personality disorders often have ways of thinking about themselves and others, as well as ways of relating to others, that differ from the norm in a skewed manner. Recognizing a personality disorder involves identifying these consistent and long-standing patterns that are not simply temporary changes in mood or behavior, but rather entrenched characteristics that can be traced back to adolescence or early adulthood. This is what sets personality disorders apart from situational responses or other mental health issues that may be more transient or acute in nature.

SAMPLE

4. Another example of a ground technique is:

A. Arm bar submission

B. Base get up and full mount position

C. Wrist lock maneuver

D. Emergency escape

The option referring to the base get up and full mount position is indeed a valid example of a ground technique. In martial arts and self-defense scenarios, ground techniques are essential for maintaining control over an opponent when both individuals are on the ground. The base get up is a foundational movement that allows an individual to regain a standing position from the ground while maintaining a good posture and balance, which is critical in defensive situations. The full mount position, on the other hand, represents a dominant grappling position where one individual sits on top of their opponent's torso, providing control and opportunities for strikes or submissions. Practicing and mastering these ground techniques is crucial for law enforcement officers and self-defense practitioners effectively managing encounters, especially when physical confrontations may lead to a ground fight. The emphasis on control, positioning, and the ability to regain a standing stance plays a significant role in ensuring the safety of the officer and the situation at hand. Other options represent specific maneuvers or positions but do not embody the comprehensive principle of a ground technique as effectively as the base get up and full mount position.

5. What might a "trigger" in a psychological context represent?

A. A physical injury

B. A stimulant drug

C. A recalling of past trauma

D. A type of therapy

In a psychological context, a "trigger" typically refers to a stimulus that prompts the recalling of past trauma or distressing memories and emotions. This can manifest in various forms, such as specific sounds, sights, situations, or even certain thoughts that bring an individual back to a traumatic experience. Understanding triggers is essential in therapeutic settings, as they can significantly impact a person's mental health and well-being. Addressing and managing triggers is often a critical component of therapies for conditions such as PTSD, anxiety, and depression, enabling individuals to navigate their responses and develop healthier coping mechanisms.

SAMPLE

6. How should a law enforcement officer approach a scenario requiring the use of impact weapons?

A. They should always be the first choice

B. It should be a last resort

C. Only when absolutely necessary

D. Never, unless explicitly instructed

The appropriate approach for a law enforcement officer considering the use of impact weapons is that it should be a last resort. This approach emphasizes the importance of using de-escalation techniques and other non-lethal means of resolution prior to resorting to physical force. Law enforcement training typically prioritizes minimizing harm to both the officer and the suspect, which aligns with the principles of use of force continuum. If an officer decides to use an impact weapon, it indicates that other methods, such as verbal communication or less forceful tactics, have failed or are not viable under the circumstances. This prioritization of restraint helps ensure that any use of force is proportional and necessary, which is critical both for the safety of everyone involved and for the accountability of the officer. The focus on employing impact weapons as a last resort not only helps to protect the rights and wellbeing of suspects but also aids in maintaining public trust in law enforcement practices. It reflects a commitment to using the least invasive methods available before escalating to more severe means of control.

7. Why is maintaining police-community relationships significant?

A. It increases police funding and resources

B. It reduces crime and fosters cooperation

C. It helps in media relations and public image

D. It allows for more rigorous law enforcement

Maintaining police-community relationships is significant because it plays a crucial role in reducing crime and fostering cooperation between law enforcement and the community. When police develop strong relationships with community members, it creates an environment of trust and open communication. Residents are more likely to report suspicious activities and collaborate with officers, leading to increased crime prevention and intervention efforts. In addition, a positive relationship encourages community engagement in public safety initiatives, which can further reduce crime rates. Communities that feel supported by their police force are also more likely to participate in programs, share vital information, and support enforcement efforts, creating a safer and more cooperative environment for everyone involved. Ultimately, these improved relationships result in a more effective policing strategy, aligning police objectives with community needs.

8. What type of defense device is OC Spray classified as?

A. Chemical

B. Electrical

C. Physical

D. Impact

OC Spray, or Oleoresin Capsicum Spray, is classified as a chemical defense device because it contains capsaicin, the active component derived from hot pepper. When used, it creates a temporary incapacitation effect on an assailant by causing intense irritation to the eyes, skin, and respiratory system. This chemical composition serves to deter aggressive behavior and allow for the control of potentially dangerous situations without causing permanent harm. The classification as a chemical device is necessary for understanding its use in various law enforcement and self-defense scenarios, emphasizing the importance of training and appropriate deployment.

SAMPLE

9. What type of substances accelerate the heart rate and elevate blood pressure?

A. Depressants

B. Central nervous system stimulants

C. Hallucinogens

D. Alcohol

Central nervous system stimulants are substances that act on the brain and can lead to increased activity in the body. These stimulants work by enhancing the release of neurotransmitters such as norepinephrine and dopamine, which not only increase alertness and energy levels but also stimulate the cardiovascular system. As a result, heart rate and blood pressure rise, which is a common physiological response to these kinds of substances. In contrast, depressants tend to slow down brain activity and often have the opposite effect, leading to decreased heart rates and lowered blood pressure. Hallucinogens primarily alter perceptions and may not have a consistent effect on heart rate and blood pressure. Alcohol, while it can initially have stimulant-like effects in small amounts, primarily acts as a depressant that affects the nervous system and can lead to decreased heart rate and blood pressure over time. This makes central nervous system stimulants the most accurate choice for substances that accelerate heart rate and elevate blood pressure.

10. What primary strategy should police chiefs employ to promote community relations?

A. Enforce stricter laws

B. Conduct public forums and engage with community members

C. Focus solely on crime statistics

D. Limit media contact

Promoting community relations is essential for effective policing, and conducting public forums and engaging with community members serves as a foundational strategy in this regard. This approach fosters transparency and allows police chiefs to listen to the concerns, needs, and suggestions from the community they serve. By actively participating in public forums, police chiefs can build trust, address any misconceptions, and promote a collaborative environment where community members feel heard and valued. Engaging directly with the community also provides officers with insight into the local issues they face, enhancing their ability to respond effectively and develop tailored solutions to crime and safety concerns. Moreover, such engagement initiatives can help demystify police work and create a sense of unity between law enforcement and citizens, encouraging cooperative efforts towards public safety. This two-way communication is crucial for developing positive relationships that can deter crime and improve overall community well-being. In contrast, the other strategies listed do not prioritize the relationship-building aspect that is vital for effective community policing. Enforcing stricter laws might lead to increased tension instead of trust, focusing solely on crime statistics could overlook the qualitative aspects of community engagement, and limiting media contact may create an air of secrecy that could further alienate the community. Thus, active engagement and participation are paramount in building strong community

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://dallaspolice13.examzify.com

We wish you the very best on your exam journey. You've got this!

SAMPLE