DAVITA COMPETENCY EVALUATION/ ASSESSMENT PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR THE FULL VERSION STUDY GUIDE

https://davitacompetencyevaluation.examzify.com

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright 1

Table of Contents 2

Introduction 3

How to Use This Guide 4

Questions 5

Answers 8

Explanations 10

Next Steps 16

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

SAMPLE

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

SAMPLE

Questions

SAMPLE

1. Under what circumstance should a licensed nurse be alerted to conduct a pretreatment assessment?

A. When the patient's family asks questions

B. When there are abnormal findings noted by the PCT

C. When the patient is on time for treatment

D. When the patient has a high tolerance for pain

2. What is suggested as a helpful strategy for tactile learners?

A. Continuous eye contact

B. Short lectures with hands-on activities

C. Frequent short breaks

D. Short writing exercises

3. In anemia management, what should you prioritize at the end of each dialysis treatment?

A. Minimizing blood loss

B. Ensuring diet compliance

C. Rinsing back as much of the patient's blood as possible

D. Providing educational materials

4. What potential issue arises from inserting needles into the same area repeatedly?

A. Increased risk of infection

B. Improved graft function

C. Damage to the graft over time

D. Greater convenience for the patient

5. Which behavior change is aimed at inspiring individuals through support and compassion?

A. Positive reinforcement

B. Inspire through support compassion and empathy

C. Setting goals

D. Active listening

SAMPLE

6. What is a core element of DQI component measures?

A. Static patient observation

B. Encouraging continuous improvement

C. Focusing solely on metrics

D. Enhancing volunteer participation

7. What aspect does the 'directing' communication style not involve?

A. Providing clear instructions

B. Encouraging patient feedback

C. Ensuring understanding of directions

D. Maintaining control over discussions

8. Why is it essential for healthcare providers to recognize signs of hypotension during dialysis?

A. To increase medication efficiency

B. To enhance patient comfort

C. To prevent complications

D. To improve overall health outcomes

9. Which of the following is often a result of effective self-management?

A. Increased hospital visits

B. Enhanced patient confidence

C. Greater dependency on healthcare providers

D. Confusion about treatment plans

10. What might distract a visual learner's attention during instruction?

A. Clear instructions

B. Providing background music

C. Visual aids

D. Engaging discussions

SAMPLE

Answers

SAMPLE

1. B
2. B
3. C
4. C
5. B
6. B
7. B
8. C
9. B
10. B

SAMPLE

Explanations

SAMPLE

1. Under what circumstance should a licensed nurse be alerted to conduct a pretreatment assessment?

A. When the patient's family asks questions

B. When there are abnormal findings noted by the PCT

C. When the patient is on time for treatment

D. When the patient has a high tolerance for pain

A licensed nurse should be alerted to conduct a pretreatment assessment when there are abnormal findings noted by the patient care technician (PCT). This is critical because abnormal findings can indicate potential complications or changes in the patient's health status that need to be addressed before starting treatment. The pretreatment assessment allows the nurse to evaluate these findings and take appropriate actions, such as modifying the treatment plan or conducting further evaluations if necessary. In the context of patient care, it's essential to ensure patient safety and provide the best possible treatment outcomes. The nurse's expertise enables them to interpret abnormal findings and intervene as needed, which is fundamental in a clinical setting where patients may be vulnerable. While family inquiries, punctuality for treatment, or a patient's pain tolerance can provide valuable information about a patient's overall condition, they do not inherently signal the need for an immediate pretreatment assessment in the way that abnormal findings do. Such findings directly point to possible issues that must be resolved to ensure the patient is safe and ready for treatment.

2. What is suggested as a helpful strategy for tactile learners?

A. Continuous eye contact

B. Short lectures with hands-on activities

C. Frequent short breaks

D. Short writing exercises

Tactile learners, also known as kinesthetic learners, thrive when they can engage with materials and concepts through hands-on experiences. This learning style emphasizes active participation and manipulation of materials to enhance understanding and retention. Therefore, short lectures that incorporate hands-on activities cater well to tactile learners by allowing them to apply what they've just learned in a practical manner, reinforcing the information through physical experience. In addition to lecture segments, integrating movement and interaction can deepen their comprehension and make learning more engaging. This strategy aligns with the principle that tactile learners benefit from touch, movement, and experimentation, making it an effective approach for their educational needs.

SAMPLE

3. In anemia management, what should you prioritize at the end of each dialysis treatment?

A. Minimizing blood loss

B. Ensuring diet compliance

C. Rinsing back as much of the patient's blood as possible

D. Providing educational materials

Prioritizing the rinsing back of as much of the patient's blood as possible at the end of each dialysis treatment is critical because it directly impacts the patient's overall health and treatment efficacy. During dialysis, some blood remains in the dialyzer and bloodlines, known as 'circuit blood.' Rinsing this back ensures that the patient receives the maximum volume of their own blood, which is crucial for maintaining hemoglobin levels and preventing further complications associated with anemia. In anemic patients, the primary aim is to manage hemoglobin levels effectively. Ensuring that as little blood as possible is lost throughout the treatment is essential. The process of rinsing back helps to mitigate potential additional losses that could exacerbate the patient's anemia and reduces the need for blood transfusions, which can come with risks and complications. While minimizing blood loss, ensuring diet compliance, and providing educational materials are important aspects of comprehensive patient care, the immediate priority at the end of dialysis treatment is to guarantee that the maximum amount of blood returns to the patient to support their overall well-being and treatment goals.

4. What potential issue arises from inserting needles into the same area repeatedly?

A. Increased risk of infection

B. Improved graft function

C. Damage to the graft over time

D. Greater convenience for the patient

Inserting needles into the same area repeatedly poses a significant risk of generating damage to the graft over time. When needles are repeatedly inserted in the same location, it can lead to scarring and fibrosis in the surrounding tissue, impacting blood flow and potentially reducing the effectiveness of the graft. This localized trauma can cause changes in the blood vessel wall and increase the risk of thrombosis, which compromises the overall function of the graft. Diverse procedures often require some form of rotation or adjustment of needle sites to minimize damage and preserve graft integrity. By spreading out needle placements over a broader area, healthcare professionals can help maintain healthy vascular access, which is critical for patients undergoing treatments such as dialysis. This careful management is essential for ensuring long-term viability and efficiency of the graft.

SAMPLE

5. Which behavior change is aimed at inspiring individuals through support and compassion?

A. Positive reinforcement

B. Inspire through support compassion and empathy

C. Setting goals

D. Active listening

The behavior change aimed at inspiring individuals through support and compassion is best captured by the choice focusing on inspiration through support, compassion, and empathy. This choice encompasses the idea of creating an emotionally supportive environment that fosters motivation and resilience in individuals. It emphasizes the importance of connecting with others on a deeper level, recognizing their feelings, and providing encouragement in a way that validates their experiences. This approach is essential in settings like healthcare, where patients or clients often face challenges that can be overwhelming. When individuals feel understood and supported, they are more likely to engage actively in their own care, set meaningful goals, and work towards positive changes in their lives. By integrating compassion and empathy into interactions, caregivers can build trust and enhance the overall experience, leading to better outcomes for those they support. Other behaviors, while important, do not directly focus on the intentionality of inspiring individuals through emotional connection.

6. What is a core element of DQI component measures?

A. Static patient observation

B. Encouraging continuous improvement

C. Focusing solely on metrics

D. Enhancing volunteer participation

A core element of DQI (Dialysis Quality Initiative) component measures is centered on encouraging continuous improvement. This focus is essential because it drives healthcare providers to consistently evaluate and enhance their practices, ensuring that patient care is not only maintained at a high standard but also evolves over time. Continuous improvement fosters an environment where healthcare teams can systematically identify areas needing enhancement, implement changes, assess their impact, and strive for better outcomes. This aspect of DQI aligns with the overarching goal of improving patient care and overall quality in dialysis services. The emphasis on continuous improvement translates into regular monitoring of performance metrics, engagement in quality improvement projects, and fostering a culture of learning and development within the organization. By prioritizing this approach, healthcare facilities can adapt to new treatments, technologies, and patient needs, ultimately leading to better health outcomes and patient satisfaction.

7. What aspect does the 'directing' communication style not involve?

A. Providing clear instructions

B. Encouraging patient feedback

C. Ensuring understanding of directions

D. Maintaining control over discussions

The 'directing' communication style primarily focuses on providing clear guidance, maintaining control, and making sure that instructions are understood. This approach is often characterized by a more authoritative stance where the communicator takes charge of the interaction, ensuring that specific tasks are carried out as directed. Encouraging patient feedback is typically not a hallmark of the directing style because this style doesn't prioritize collaboration or open-ended communication. Instead, it emphasizes delivering information and directing action without soliciting input from the patient. The focus remains on clarity, control, and compliance rather than fostering a dialogue that includes feedback. In this way, the directing style may lack an interactive element that encourages patients to express their thoughts or concerns, which is essential in other communication styles aimed at building rapport or understanding the patient's perspective.

SAMPLE

8. Why is it essential for healthcare providers to recognize signs of hypotension during dialysis?

A. To increase medication efficiency

B. To enhance patient comfort

C. To prevent complications

D. To improve overall health outcomes

Recognizing signs of hypotension during dialysis is critical primarily to prevent complications. Hypotension can lead to various adverse effects such as dizziness, fainting, and inadequate organ perfusion, which can compromise patient safety. If not identified and managed promptly, hypotension during dialysis can result in serious complications such as cardiac events, muscle cramps, and even permanent damage to organs due to reduced blood flow. Monitoring and addressing hypotension during dialysis allows healthcare providers to intervene when necessary, whether through adjusting fluid removal rates, altering dialysis parameters, or providing medications to stabilize the patient's blood pressure. This proactive management is vital for ensuring a safe and effective dialysis session, ultimately protecting the patient from the potential dangers associated with low blood pressure during treatment.

9. Which of the following is often a result of effective self-management?

A. Increased hospital visits

B. Enhanced patient confidence

C. Greater dependency on healthcare providers

D. Confusion about treatment plans

Effective self-management in healthcare primarily involves individuals taking an active role in managing their health conditions, leading to various positive outcomes. One significant result of this approach is enhanced patient confidence. When patients engage in self-management strategies—such as monitoring their symptoms, adhering to treatment plans, and making informed lifestyle choices—they often develop a greater understanding of their health. This knowledge and involvement can empower them, fostering confidence in their ability to handle their health concerns. With improved self-assurance, patients are more likely to advocate for themselves during consultations, adhere to treatment regimens, and make necessary lifestyle adjustments, ultimately leading to better health outcomes. They feel more in control and are less reliant on healthcare providers for every decision, which can cultivate a stronger partnership between patients and their care teams. The other options reflect outcomes that are generally associated with inadequate self-management or challenges in a patient's health journey, such as increased hospital visits, greater dependency on providers, or confusion regarding treatment plans. These outcomes highlight the importance of effective self-management practices and their ability to strengthen a patient's confidence and autonomy in their healthcare process.

SAMPLE

10. What might distract a visual learner's attention during instruction?

A. Clear instructions

B. Providing background music

C. Visual aids

D. Engaging discussions

For visual learners, who primarily absorb information through what they see, distractions can significantly affect their ability to focus and retain information. The option of providing background music stands out as a potential distraction because it introduces an auditory element that can compete for the learner's attention. Visual learners may struggle to concentrate on the visual materials presented if they are simultaneously listening to music, regardless of its type or volume. In an educational context, this can lead to decreased comprehension and hinder their engagement with the visual content that is critical for their learning process. While other elements like clear instructions, visual aids, and engaging discussions are typically beneficial for these learners, background music can disrupt their processing of visual information. This underscores the importance of creating a focused learning environment tailored to the strengths and preferences of visual learners.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://davitacompetencyevaluation.examzify.com

We wish you the very best on your exam journey. You've got this!

SAMPLE