

DELTA SIGMA THETA (DST) RUSH PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What should a rushee do after being informed of a bid?**
 - A. Accept or decline through the chapter's process and notify the Recruitment Chair
 - B. Post about it on social media
 - C. Decline immediately without process
 - D. Wait for a regional director to approve
- 2. When was Delta Sigma Theta founded?**
 - A. January 13, 1914
 - B. January 13, 1913
 - C. February 13, 1913
 - D. January 13, 1912
- 3. Who holds the role of BVAA Nominating Committee Chair?**
 - A. Agnes Gray
 - B. Faye Carter
 - C. Linda Asberry
 - D. Olivia Body-Davenport
- 4. Who is listed as the BVAA Immediate Past President?**
 - A. Sade Ried
 - B. Agnes Gray
 - C. Olivia Body-Davenport
 - D. Crystal Goodman
- 5. Which of the following women is a founder of Delta Sigma Theta?**
 - A. Mary Johnson
 - B. Kendra Green
 - C. Ethel Cuff Black
 - D. Jessica Williams
- 6. How is 'sisterhood' defined in DST?**
 - A. Mutual support, loyalty, and service among members
 - B. Competitive friendships between members
 - C. A formal bond only during initiation
 - D. Financial contributions to the sorority

7. What is the focus of DST's Educational Development thrust?

- A. Leadership development programs
- B. Global outreach initiatives
- C. Athletic scholarships only
- D. Scholarships, mentoring, and educational opportunities for members and communities.

8. Who holds the position of National Secretary?

- A. Joi L. Moore, PhD
- B. Rosalyn L. Glenn
- C. Rosie Allen-Herring
- D. Jerra Holdip

9. BVAA President is which person?

- A. Shante' Hearst
- B. Jessica K. McElroy
- C. Elsie Cooke-Holmes
- D. Crystal T. Barker

10. What is the Delta Sigma Theta mission statement?

- A. The bond they have with Omega Psi Phi Fraternity
- B. The focus of the sorority on public service
- C. Delta Sigma Theta Sorority, Incorporated is an organization of college educated women committed to the constructive development of its members and to public service with a primary focus on the Black community.
- D. The unity of DST chapters

Answers

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1. A
2. B
3. A
4. C
5. C
6. A
7. D
8. A
9. B
10. C

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Explanations

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1. What should a rushee do after being informed of a bid?

- A. Accept or decline through the chapter's process and notify the Recruitment Chair**
- B. Post about it on social media
- C. Decline immediately without process
- D. Wait for a regional director to approve

The main idea here is that after a bid is extended, you respond through the chapter's official bid process by either accepting or declining and you notify the Recruitment Chair. This keeps the decision formal, organized, and on record, and it triggers the next steps in the membership process. Choosing to accept or decline through the chapter's process ensures the chapter can coordinate timelines, onboarding, and any required confirmations. If you accept, you begin the next phase of activation and training; if you decline, the chapter can move forward appropriately with others who may be waiting, all while keeping communication clear and respectful. Posting about the bid on social media isn't appropriate because it shares private information and can create pressure or misunderstandings. Declining immediately without following the process bypasses the established rules and shows a lack of regard for the chapter's procedures. Waiting for a regional director's approval isn't how bid decisions are handled; the local chapter manages this process and involves the Recruitment Chair for proper documentation. Sticking to the chapter's bid process is essential for a smooth transition and to maintain the standards and respect that govern the organization.

2. When was Delta Sigma Theta founded?

- A. January 13, 1914
- B. January 13, 1913**
- C. February 13, 1913
- D. January 13, 1912

The date being tested is the founding moment of Delta Sigma Theta. Delta Sigma Theta was founded on January 13, 1913, at Howard University in Washington, D.C., by 22 collegiate women led by Ethel Hedgeman Lyle. This specific date is a well-documented milestone in the sorority's history and is celebrated as the group's official anniversary each year. The year 1913 matters because it marks the establishment of a national organization with a public-service focus, rather than a later or earlier date. Other dates don't fit because they shift the founding year or the day, which would conflict with the established historical record.

3. Who holds the role of BVAA Nominating Committee Chair?

- A. Agnes Gray**
- B. Faye Carter
- C. Linda Asberry
- D. Olivia Body-Davenport

The Nominating Committee Chair leads the process of selecting BVAA leadership, coordinating the nominating committee, setting timelines for submitting nominees, validating eligibility, and presenting the slate to the membership. Agnes Gray currently holds that role, according to the roster. This is why she is the right choice—the other names are associated with different positions or committees and not the Nominating Committee Chair.

4. Who is listed as the BVAA Immediate Past President?

- A. Sade Ried
- B. Agnes Gray
- C. Olivia Body-Davenport
- D. Crystal Goodman

The question tests your knowledge of the current BVAA leadership, specifically who is serving as the Immediate Past President. That role is held by the person who recently finished their term as president and now serves in an advisory capacity to the current leadership, providing continuity and institutional memory. Olivia Body-Davenport is listed as the Immediate Past President, which means she recently completed the president's term and remains part of the leadership team in that advisory capacity. The other names are associated with different roles or time frames within BVAA and are not the Immediate Past President on the official roster. To verify, you can check the BVAA leadership page or their official communications for the most up-to-date officer lineup.

5. Which of the following women is a founder of Delta Sigma Theta?

- A. Mary Johnson
- B. Kendra Green
- C. Ethel Cuff Black
- D. Jessica Williams

Delta Sigma Theta was founded at Howard University in 1913 by 22 collegiate women who aimed to promote academic excellence and public service. Ethel Cuff Black is recognized as one of those original founders, contributing to the creation of the sorority and its early leadership. The other names aren't recorded as founders of DST, which is why she is the correct choice.

6. How is 'sisterhood' defined in DST?

- A. Mutual support, loyalty, and service among members
- B. Competitive friendships between members
- C. A formal bond only during initiation
- D. Financial contributions to the sorority

Sisterhood in Delta Sigma Theta centers on mutual support, loyalty, and service among members. It means members stand by one another, offer guidance and encouragement, and work together on community projects and programs. This bond is ongoing and grows through shared experiences, mentorship, and collective effort to uplift others, not just a feeling that appears during initiation. It's about unity and care that lasts beyond individual experiences and roles. The other ideas don't fit as well because sisterhood isn't about competing friendships, which would undermine collaboration and unity. It isn't a bond that ends after initiation, since the relationship and shared commitments continue throughout membership. And while financial contributions may support the sorority's activities, they don't define what sisterhood is. The essence is the mutual support, loyalty, and service that bind members together.

7. What is the focus of DST's Educational Development thrust?

- A. Leadership development programs
- B. Global outreach initiatives
- C. Athletic scholarships only
- D. Scholarships, mentoring, and educational opportunities for members and communities.**

Educational Development centers on expanding access to education and strengthening learning for both DST members and the communities they serve. It focuses on providing scholarships, mentoring, and educational opportunities—financial aid to students, guidance and tutoring, mentoring relationships, college readiness programs, and related learning initiatives. This blend of financial support, guidance, and programs is exactly what helps people pursue education and grow academically, which is why a description that includes scholarships, mentoring, and educational opportunities best fits this thrust. Other areas emphasize leadership, outreach, or specific activities, but they don't capture the full educational focus as clearly.

8. Who holds the position of National Secretary?

- A. Joi L. Moore, PhD**
- B. Rosalyn L. Glenn
- C. Rosie Allen-Herring
- D. Jerra Holdip

The National Secretary handles the sorority's official records and communications, ensuring accurate minutes, governance documents, and correspondence between the national body and chapters. Joi L. Moore, PhD, holds this role, and her advanced degree highlights a strong background in careful administration and documentation. In this position, she would be responsible for preserving the organization's archives and ensuring clear, formal communication across all levels of DST. The other individuals listed are not serving in the National Secretary capacity.

9. BVAA President is which person?

- A. Shante' Hearst
- B. Jessica K. McElroy**
- C. Elsie Cooke-Holmes
- D. Crystal T. Barker

The question checks your knowledge of who holds the leadership role for the BVAA within Delta Sigma Theta. The BVAA President is the person who leads the alumni association, guiding activities, coordinating with chapters, and representing the group in official capacities. In the materials this item references, Jessica K. McElroy is identified as holding that presidency, so she is the correct choice. The other names are associated with different roles or time periods, so they don't fit the BVAA President position in this context.

10. What is the Delta Sigma Theta mission statement?

- A. The bond they have with Omega Psi Phi Fraternity
- B. The focus of the sorority on public service
- C. Delta Sigma Theta Sorority, Incorporated is an organization of college educated women committed to the constructive development of its members and to public service with a primary focus on the Black community.**
- D. The unity of DST chapters

A mission statement explains why the organization exists and what it aims to accomplish, balancing internal development with service to others. The best choice captures both aspects for Delta Sigma Theta: it describes an organization of college-educated women committed to the constructive development of its members and to public service, with a primary focus on the Black community. This shows growth and empowerment inside the group while also directing action toward a specific community. The other options miss essential pieces. One mentions a bond with another fraternity, which isn't the sorority's mission. Another emphasizes unity of chapters, which describes structure rather than purpose. The remaining choice focuses only on public service, neglecting member development and the targeted focus on the Black community.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://dstrush.examzify.com>

We wish you the very best on your exam journey. You've got this!

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