HEALTHCARE EOPA PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR THE FULL VERSION STUDY GUIDE

https://healthcareeopa.examzify.com

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright 1

Table of Contents 2

Introduction 3

How to Use This Guide 4

Questions 5

Answers 8

Explanations 10

Next Steps 16

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

SAMPLE

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

SAMPLE

Questions

SAMPLE

1. Who is responsible for making healthcare decisions if a patient has a Living Will but the family disagrees?

A. The healthcare provider

B. The patient themselves

C. The living will itself dictates care decisions

D. The family can override any decisions

2. What should Angie add to her routine to increase her strength and build stronger bones?

A. Aerobic exercise three days a week

B. Weight lifting two days a week

C. Yoga sessions twice a week

D. Pilates classes once a week

3. What is the primary risk of a healthcare worker sustaining a sharps injury?

A. Risk of infection

B. Risk of allergic reaction

C. Risk of financial liability

D. Risk of losing a job

4. Which complementary professional is most aligned to a conventional medical doctor?

A. Chiropractor

B. Osteopath

C. Naturopath

D. Acupuncturist

5. Which of the following best describes the objective of worker's compensation insurance?

A. Covering disability benefits

B. Compensating for work-related injuries

C. Providing health insurance

D. Offering retirement plans

SAMPLE

6. In an accident, what aspect of injury compensation can be covered by Worker's Compensation but not health insurance?

A. Medical treatment costs

B. Rehabilitation expenses

C. Lost wages

D. Emergency care

7. What role does a Dental Hygienist primarily play in patient care?

A. Perform complex dental surgeries

B. Assist in orthodontic procedures

C. Clean teeth and help with preventive care

D. Diagnose dental diseases

8. You are washing your hands and splash some water on the floor. What should you do?

A. Ignore it and continue washing.

B. Dry the spill with a paper towel and re-wash your hands.

C. Leave it for someone else to clean up.

D. Ask a colleague to clean it up.

9. What does OSHA require health facilities to supply for employees who may have contact with patients?

A. Disinfectants

B. Protective Personal Equipment (PPE)

C. First aid kits

D. Employee health records

10. What does a CPT code tell an insurance company?

A. The specific procedure performed on the patient

B. The cost of the treatment

C. The diagnosis related to the treatment

D. The duration of the treatment

SAMPLE

Answers

SAMPLE

1. C
2. B
3. A
4. B
5. B
6. C
7. C
8. B
9. B
10. A

SAMPLE

Explanations

SAMPLE

1. Who is responsible for making healthcare decisions if a patient has a Living Will but the family disagrees?

A. The healthcare provider

B. The patient themselves

C. The living will itself dictates care decisions

D. The family can override any decisions

The correct response emphasizes that the Living Will itself is the document that outlines a patient's wishes regarding healthcare decisions, even in the face of family disagreements. A Living Will serves as a legal declaration produced by the patient that specifies their preferences for medical treatment in circumstances where they are unable to communicate those wishes themselves, particularly during end-of-life scenarios. When such a document is in place, healthcare providers are legally and ethically bound to honor the instructions specified therein, as it truly reflects the patient's personal choices. This reinforces the importance of advance directives in the healthcare system, as they are designed precisely to guide decisions when the patient can no longer express their desires. In this situation, even if family members disagree with the stipulations laid out in the Living Will, their opinions do not have legal standing to invalidate or override the patient's documented choices. Thus, the Living Will takes precedence, laying down the framework for care decisions according to the patient's expressed wishes.

2. What should Angie add to her routine to increase her strength and build stronger bones?

A. Aerobic exercise three days a week

B. Weight lifting two days a week

C. Yoga sessions twice a week

D. Pilates classes once a week

To increase strength and build stronger bones, incorporating weight lifting into a routine is highly beneficial. Weight lifting, or resistance training, specifically targets muscle development and increases bone density. This type of exercise works by placing stress on the bones, which stimulates the body's process of building new bone tissue, thus enhancing overall bone strength. Engaging in weight lifting two days a week allows for adequate recovery time, which is essential for muscle and bone repair and growth. Additionally, it promotes a higher metabolic rate and supports overall functional fitness, which can contribute to better daily performance and injury prevention. In contrast, while aerobic exercise is beneficial for cardiovascular health, it does not provide the same level of bone-strengthening stimulus as weight lifting. Activities like yoga and Pilates can improve flexibility and core strength, but they do not typically deliver the same level of resistance necessary for significantly enhancing bone density as weight lifting does. Therefore, adding weight lifting to Angie's routine is the most effective strategy for achieving her goals of increased strength and stronger bones.

SAMPLE

3. What is the primary risk of a healthcare worker sustaining a sharps injury?

A. Risk of infection

B. Risk of allergic reaction

C. Risk of financial liability

D. Risk of losing a job

The primary risk for healthcare workers sustaining a sharps injury is the risk of infection. Such injuries can occur when a worker accidentally punctures their skin with devices like needles, scalpels, or other sharp instruments that may be contaminated with pathogens. This exposure can lead to serious infections, including bloodborne diseases such as hepatitis B, hepatitis C, and HIV. Infection is a critical concern in healthcare environments where exposure to blood and other potentially infectious materials is common. Proper safety protocols, including the use of personal protective equipment (PPE) and adherence to waste disposal regulations, are essential to minimize this risk. While allergic reactions, financial liability, and potential job loss are important considerations in the workplace, they do not pose the same immediate health threat that an infection does following a sharps injury.

4. Which complementary professional is most aligned to a conventional medical doctor?

A. Chiropractor

B. Osteopath

C. Naturopath

D. Acupuncturist

An osteopath is most aligned with a conventional medical doctor because osteopathic medicine emphasizes a holistic approach while also integrating conventional medical practices. Osteopaths are fully licensed physicians who complete the same medical education and training as their allopathic counterparts (MDs), including residency programs, and can prescribe medication and perform surgery. The core philosophy of osteopathy includes not only treating specific health issues but also considering the entire person and how lifestyle and environmental factors influence health. Osteopathic physicians are trained to use a hands-on approach in diagnosis and treatment, known as osteopathic manipulative treatment (OMT), but they also employ standard medical procedures and treatments. In contrast, chiropractors primarily focus on misalignments of the spine and their effects on the nervous system, while naturopaths emphasize natural remedies and the body's inherent ability to heal itself, which can differ significantly from conventional treatments. Acupuncturists typically use needles to stimulate specific points on the body based on traditional Chinese medicine, which is distinct from the medical training of conventional physicians. Thus, the alignment of osteopathy with conventional medicine is stronger due to their similar training and comprehensive approach to patient care.

SAMPLE

5. Which of the following best describes the objective of worker's compensation insurance?

A. Covering disability benefits

B. Compensating for work-related injuries

C. Providing health insurance

D. Offering retirement plans

The objective of worker's compensation insurance is primarily to provide compensation for work-related injuries and illnesses. This insurance is designed to help employees who are injured or become ill due to their job by covering medical expenses, rehabilitation costs, and a portion of lost wages during their recovery. Workers' compensation serves as a safety net for both employees and employers by ensuring that injured workers receive necessary care and compensation without needing to prove fault, which can expedite recovery and reduce legal disputes. This system is essential not only for the welfare of employees but also for maintaining a stable workforce for employers. While covering disability benefits is indeed a part of what worker's compensation may include, it is more of a subset of the larger goal of compensating for any work-related injuries. Other options such as providing health insurance and offering retirement plans are not objectives of workers' compensation; they pertain to different areas of employee benefits and financial security.

6. In an accident, what aspect of injury compensation can be covered by Worker's Compensation but not health insurance?

A. Medical treatment costs

B. Rehabilitation expenses

C. Lost wages

D. Emergency care

Worker's Compensation is specifically designed to provide financial support for employees who suffer injuries or illnesses related to their work. One key aspect of this coverage is the provision for lost wages. If an employee is unable to work due to a job-related injury, Worker's Compensation compensates them for a portion of their lost income. This is a crucial benefit that health insurance does not cover, as health insurance primarily focuses on medical expenses incurred from treatment and does not provide income replacement for time lost from work. In contrast, health insurance typically covers medical treatment costs, rehabilitation expenses, and emergency care. These are essential aspects of healthcare but do not extend to compensating for lost income or wages. This distinction highlights the unique role of Worker's Compensation in protecting employees in the workplace by ensuring they have financial stability during their recovery period.

SAMPLE

7. What role does a Dental Hygienist primarily play in patient care?

A. Perform complex dental surgeries

B. Assist in orthodontic procedures

C. Clean teeth and help with preventive care

D. Diagnose dental diseases

The role of a Dental Hygienist is primarily focused on preventative care and the maintenance of oral health. Dental Hygienists are trained to clean teeth, which involves removing plaque, tartar, and stains through scaling and polishing. They also provide valuable patient education on oral hygiene practices, such as proper brushing and flossing techniques, as well as advice on nutrition and its impact on oral health. In addition to their cleaning duties, Dental Hygienists often assess patients for potential oral health issues, taking vital signs and reviewing medical histories to provide the dentist with pertinent information. Their emphasis on preventive care is crucial for reducing the risk of cavities and periodontal disease, thus playing a vital role in overall dental health. The other roles associated with the choices mentioned, such as performing complex dental surgeries, assisting in orthodontic procedures, or diagnosing dental diseases, fall within the scope of practice for dentists or specialized dental professionals rather than Dental Hygienists. Therefore, the focus on cleaning teeth and promoting preventive care clearly outlines the primary function of a Dental Hygienist in patient care.

8. You are washing your hands and splash some water on the floor. What should you do?

A. Ignore it and continue washing.

B. Dry the spill with a paper towel and re-wash your hands.

C. Leave it for someone else to clean up.

D. Ask a colleague to clean it up.

Cleaning up a spill immediately after it occurs is crucial in a healthcare setting. Water on the floor can create a slip hazard for both staff and patients, potentially leading to falls and injuries. By drying the spill with a paper towel, you effectively eliminate the risk of accidents in the immediate area. Rewashing your hands ensures that they remain clean and hygienic after handling a potentially contaminated surface. This step is essential in maintaining infection control standards in healthcare environments, as it demonstrates a commitment to personal hygiene and safety. In contrast, ignoring the spill could lead to someone else inadvertently slipping, while leaving it for someone else to clean up or asking a colleague to do it does not take personal responsibility. Quickly addressing spills helps to foster a safer and more conscientious workplace.

SAMPLE

9. What does OSHA require health facilities to supply for employees who may have contact with patients?

A. Disinfectants

B. Protective Personal Equipment (PPE)

C. First aid kits

D. Employee health records

The requirement for health facilities to supply Protective Personal Equipment (PPE) for employees who may have contact with patients is rooted in the need to ensure worker safety and prevent the transmission of infections. OSHA, the Occupational Safety and Health Administration, mandates that employers provide adequate PPE to protect employees from a variety of hazards, including exposure to infectious materials in healthcare settings. PPE can include items such as gloves, gowns, masks, and eye protection, which are essential in minimizing the risk of exposure to bloodborne pathogens and other communicable diseases. By having proper PPE available, health facilities can effectively safeguard their employees while enabling them to perform their duties safely in environments where they may encounter hazardous materials or infectious agents. While disinfectants, first aid kits, and employee health records are important components of a healthcare facility's safety and operational protocols, they do not specifically address the immediate protective needs of employees working within potentially hazardous environments like PPE does. Disinfectants are used for cleaning and sanitizing surfaces, first aid kits provide emergency care supplies, and employee health records pertain to tracking health status and medical history but are not protective measures for direct interaction with patients. Thus, the requirement for PPE stands out as a critical aspect of occupational health and safety in healthcare settings.

10. What does a CPT code tell an insurance company?

A. The specific procedure performed on the patient

B. The cost of the treatment

C. The diagnosis related to the treatment

D. The duration of the treatment

A CPT code, or Current Procedural Terminology code, provides a standardized method for communicating the specific procedures and services performed by healthcare providers. When submitted to an insurance company, a CPT code serves to clearly identify the exact medical services rendered to a patient. This level of detail is crucial for the insurance company to determine coverage, assess claims, and process payments according to the policies that govern medical benefits. The information conveyed by CPT codes allows healthcare providers to describe procedures unambiguously, ensuring that both parties have a shared understanding of the treatment provided. As a result, this facilitates efficient claim processing and helps prevent misunderstandings that could lead to claim denials or delays. In contrast, the other options focus on different aspects of medical billing and documentation: the cost of treatment relates to the pricing structure rather than the nature of the service, diagnoses are captured by diagnosis codes such as ICD codes rather than CPT codes, and the duration of treatment does not fall under the purview of what CPT codes explicitly provide. Thus, the correct association of CPT codes lies in their representation of specific healthcare procedures performed.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://healthcareeopa.examzify.com

We wish you the very best on your exam journey. You've got this!

SAMPLE