HESI WEST COAST UNIVERSITY PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

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How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

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Questions

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1. Which term describes the process used to determine the priority of treatment for patients?

A. Toxic

B. Transdermal

C. Triage

D. Urinate

2. A term used to describe something that provides a balance or offset is?

A. Bacteria

B. Concave

C. Chronology

D. Compensatory

3. Which term is defined as 'sign of a condition'?

A. Laceration

B. Latent

C. Manifestation

D. Occluded

4. Which term means lengthening?

A. Expand

B. External

C. Extension

D. Fatigue

5. Which term means 'closed'?

A. Occluded

B. Laceration

C. Latent

D. Lethargic

6. Which term means bending a joint?

A. Extension

B. External

C. Exposure

D. Flexion

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7. Which term means 'an indication of a problem'?

A. respiration
B. restrict
C. serene
D. symptom

8. Which term means 'pertaining to the mouth'?

A. Oral
B. Otic
C. Parameter
D. Patent

9. Which term means distant from the center?

A. Device
B. Empathy
C. Distal
D. Equilibrium

10. In microbiology, a single-celled organism is called?

A. Cardiac
B. Bilateral
C. Bacteria
D. Chronology

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Answers

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1. C
2. D
3. C
4. C
5. A
6. D
7. D
8. A
9. C
10. C

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Explanations

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1. Which term describes the process used to determine the priority of treatment for patients?

A. Toxic

B. Transdermal

C. Triage

D. Urinate

The main idea here is triage—the process of quickly assessing patients in an emergency or crowded setting to determine who needs immediate life-saving care, who can wait, and how to allocate limited resources most effectively. Triage focuses on urgency and potential benefit, so the person with the greatest chance of survival with prompt treatment receives attention first. In practice, it makes swift judgments about who needs airway, breathing, and circulation support right away, who can be delayed, and who might not benefit from immediate intervention due to the severity of injuries or illness. That's why triage is the best term for describing the method used to determine treatment priority. The other terms don't fit this concept: toxic relates to poisons or poisoning, transdermal refers to a route of drug administration through the skin, and urinate means to void urine.

2. A term used to describe something that provides a balance or offset is?

A. Bacteria

B. Concave

C. Chronology

D. Compensatory

Compensatory describes something that provides a balance or offset. It means making up for a deficiency or counterbalancing an effect to maintain equilibrium. In physiology and many fields, compensatory mechanisms adjust conditions to keep things stable when something changes. The other terms don't fit this sense: bacteria are microorganisms, concave describes a curved surface, and chronology is the order of events in time. So compensatory is the best fit.

3. Which term is defined as 'sign of a condition'?

A. Laceration

B. Latent

C. Manifestation

D. Occluded

Manifestation describes how a disease presents itself—the signs and symptoms that reveal a condition. It's the term clinicians use for the observable expression of a disease process, the signal that something is happening in the body. A laceration is a physical wound, latent means hidden or not currently active, and occluded means blocked; none of these capture the idea of how a condition makes itself known. So the phrase "sign of a condition" aligns with manifestation.

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4. Which term means lengthening?

A. Expand

B. External

C. Extension

D. Fatigue

Lengthening is represented by extension. This noun names the act or result of making something longer—stretching it along its length or increasing its length. You can talk about the extension of a deadline, or the extension of a rod, or even a limb being extended in the sense of straightening along a length. Expand can mean to become larger in size or scope in a broader sense, not specifically about length, while external and fatigue do not denote length change.

5. Which term means 'closed'?

A. Occluded

B. Laceration

C. Latent

D. Lethargic

In medical vocabulary, a term that conveys closure or blockage is occluded. It means something is closed off or blocked, such as a vessel or duct, so flow cannot pass through. That direct sense of being shut or sealed makes it the best fit for the idea of "closed." Laceration refers to a deep cut or tear in tissue, not closure. Latent means present but hidden or inactive, and lethargic describes someone who is sluggish or lacking energy. These do not convey the idea of being closed, which is why occluded is the correct choice.

6. Which term means bending a joint?

A. Extension

B. External

C. Exposure

D. Flexion

Flexion is the act of bending a joint, which decreases the angle between the bones involved. For example, bending the elbow brings the forearm toward the upper arm. The opposite action is extension, which straightens the joint and increases that angle. The other terms don't describe bending—external can refer to outward rotation in some contexts, exposure isn't a movement term, and extension is the straightening motion.

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7. Which term means 'an indication of a problem'?

A. respiration

B. restrict

C. serene

D. symptom

In health terms, the idea here is a symptom, which is what a patient experiences and reports as evidence of a problem. A symptom is subjective—something the person feels or says they are experiencing, like pain or dizziness. That makes it the fitting term for "an indication of a problem." Other words don't capture that sense: respiration is the act of breathing, not an indication of a problem; restrict means to limit; serene describes a calm state. So symptom is the best choice because it specifically refers to a reported sign that something isn't right.

8. Which term means 'pertaining to the mouth'?

A. Oral

B. Otic

C. Parameter

D. Patent

In anatomy, words that describe a relation to a body part often end with -al, forming an adjective that tells you what it concerns. The term for anything related to the mouth is oral, so it describes the mouth or its activities, as in oral cavity or oral hygiene. The other options don't fit because otic means related to the ear, parameter is a mathematical or statistical measure, and patent doesn't denote anything about the mouth.

9. Which term means distant from the center?

A. Device

B. Empathy

C. Distal

D. Equilibrium

The concept being tested is anatomical directional terminology—how locations are described relative to the body's center or point of attachment. Distal means farther from the center or from the point of attachment. For example, the fingers are distal to the wrist, and the toes are distal to the ankle, because they are farther away from the body's main trunk. The other terms do not describe distance from the center: a device is a tool, empathy is understanding others' feelings, and equilibrium is a state of balance. Therefore, distal is the term that means distant from the center.

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10. In microbiology, a single-celled organism is called?

A. Cardiac

B. Bilateral

C. Bacteria

D. Chronology

Single-celled organisms studied in microbiology are typically bacteria. Bacteria are microscopic, unicellular organisms that do not have a nucleus, classifying them as prokaryotes, and they carry out all life processes within one cell. The other terms describe unrelated concepts: cardiac relates to the heart, bilateral means having two sides, and chronology concerns the order of events in time. So bacteria is the established term for this type of single-celled microorganism.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://hesiwestcoastuniversity.examzify.com

We wish you the very best on your exam journey. You've got this!

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