# IPEC CORE COMPETENCIES VERSION 3 PRACTICE TEST (SAMPLE)

## STUDY GUIDE



## SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

**VISIT US ONLINE FOR THE FULL VERSION STUDY GUIDE**

https://ipeccorecompetenciesver3.examzify.com

**Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.**

**ALL RIGHTS RESERVED.**

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

# Table of Contents


Copyright ..... 1

Table of Contents ..... 2

Introduction ..... 3

How to Use This Guide ..... 4

Questions ..... 5

Answers ..... 8

Explanations ..... 10

Next Steps ..... 16


SAMPLE

# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

SAMPLE

# How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

### 1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

### 2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

### 3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

### 4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

### 5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

### 6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

SAMPLE

# Questions

SAMPLE

**1. Define interprofessional education as per IPEC.**

A. Learning that occurs when students from two or more professions learn together

B. Training that focuses on individual professional skills

C. Collaboration in clinical practice settings

D. Education provided by a single health discipline

**2. Clearly communicating one's own roles and responsibilities belongs to which core competency?**

A. Values and Ethics

B. Roles and Responsibilities

C. Communication

D. Teams and Teamwork

**3. How does IPEC suggest healthcare professionals maintain ethical standards?**

A. By adhering to ethical guidelines and professional codes of conduct

B. By prioritizing profit above patient care

C. Through ambiguous policies

D. By relying on personal judgment alone

**4. In patient care, what does IPEC promote regarding team values?**

A. Alignment of team goals with healthcare provider preferences

B. Alignment of team goals with patient values and preferences

C. Advocacy for institutional policies

D. Focus on efficiency over compassion

**5. What core competency involves advocating for health equity across different populations?**

A. Values and Ethics

B. Teams and Teamwork

C. Roles and Responsibilities

D. Communication

SAMPLE

**6. Communicating with authenticity and cultural humility falls under which core competency?**

A. Values and Ethics

B. Roles and Responsibilities

C. Communication

D. Teams and Teamwork

**7. Using knowledge of one's own role and responsibilities to positively influence health outcomes is an example of which competency?**

A. Values and Ethics

B. Roles and Responsibilities

C. Communication

D. Teams and Teamwork

**8. Championing the interests of healthcare consumers is primarily encompassed within which core competency?**

A. Roles and Responsibilities

B. Teams and Teamwork

C. Values and Ethics

D. Communication

**9. Which of the following embodies the idea of sharing insights among healthcare professionals?**

A. Communication

B. Collaboration

C. Professionalism

D. Accountability

**10. What characteristic is shown when a patient expresses their concerns and the healthcare provider synthesizes these concerns back to them?**

A. Values and Ethics

B. Roles and Responsibilities

C. Communication

D. Teams and Teamwork

SAMPLE

# Answers

SAMPLE

1. A
2. C
3. A
4. B
5. A
6. C
7. B
8. A
9. B
10. C

SAMPLE

# Explanations

SAMPLE

## 1. Define interprofessional education as per IPEC.

A. Learning that occurs when students from two or more professions learn together

B. Training that focuses on individual professional skills

C. Collaboration in clinical practice settings

D. Education provided by a single health discipline

*Interprofessional education, as defined by the Interprofessional Education Collaborative (IPEC), involves learning that takes place when students from two or more health and social care professions come together to learn about, from, and with each other. This collaborative approach promotes teamwork and improves the quality of care provided to patients, as it encourages mutual understanding and respect among various professional roles. The essence of interprofessional education is its focus on collaboration and communication among different disciplines, which enhances the ability of future practitioners to work effectively in teams. This can lead to improved patient outcomes and a more cohesive healthcare experience. Understanding this definition is key for anyone studying interprofessional dynamics, as it highlights the foundational principle of joint learning as a means of cultivating effective teamwork in real-world settings. Other choices, while relevant to aspects of professional development or collaboration, do not encompass the full scope of interprofessional education. Training focused solely on individual skills or education provided by a single discipline does not involve the shared learning experience that is essential to interprofessional education. Additionally, while collaboration in clinical practice settings is important, it is a result of interprofessional education rather than the definition itself. The definition emphasizes the learning aspect, making the first choice the most accurate representation of interprofessional education as defined by IPEC*

## 2. Clearly communicating one's own roles and responsibilities belongs to which core competency?

A. Values and Ethics

B. Roles and Responsibilities

C. Communication

D. Teams and Teamwork

*The concept of clearly communicating one's own roles and responsibilities fits within the core competency of Communication. This competency emphasizes the importance of effective exchange of information among individuals in collaborative settings, which includes articulating one's own role as well as understanding the roles of others. Effective communication is essential for fostering mutual respect and facilitating teamwork, so being able to express your own responsibilities helps ensure that everyone is aware of how they contribute to a common goal. Clear communication of roles and responsibilities helps to prevent misunderstandings and conflicts, and promotes accountability within teams. It allows team members to understand their specific contributions, how they relate to the work of others, and the overall objectives of the group. Thus, the act of clearly stating one's duties falls squarely within the communication competency, as it directly impacts how effectively individuals can work together.*

SAMPLE

## 3. How does IPEC suggest healthcare professionals maintain ethical standards?

A. By adhering to ethical guidelines and professional codes of conduct

B. By prioritizing profit above patient care

C. Through ambiguous policies

D. By relying on personal judgment alone

*The approach outlined in the correct answer emphasizes the importance of adhering to established ethical guidelines and professional codes of conduct as a foundational aspect of maintaining ethical standards within healthcare practice. Ethical guidelines provide a framework that helps professionals navigate complex moral dilemmas, ensuring that their actions align with the expectations of integrity, respect, and responsibility that define professional conduct. By following these guidelines, healthcare providers foster an environment of trust and accountability, essential for effective patient care and collaboration among multidisciplinary teams. In contrast, the other options do not support the maintenance of ethical standards. Prioritizing profit over patient care undermines the core values of the healthcare profession, which should focus on patient well-being. Relying on ambiguous policies can lead to confusion and inconsistency, making it difficult for professionals to make ethical decisions. Lastly, relying solely on personal judgment can introduce bias and variability in ethical conduct, as individual values and experiences may not align with the collective standards of practice that have been established for the profession.*

## 4. In patient care, what does IPEC promote regarding team values?

A. Alignment of team goals with healthcare provider preferences

B. Alignment of team goals with patient values and preferences

C. Advocacy for institutional policies

D. Focus on efficiency over compassion

*IPEC emphasizes the importance of aligning team goals with patient values and preferences in patient care. This approach promotes a patient-centered model that recognizes the individuality of each patient and ensures that their unique needs, experiences, and goals are at the forefront of care delivery. By prioritizing the values and preferences of patients, healthcare teams enhance the quality of care, foster better communication, and improve overall patient satisfaction. This alignment is crucial for building trust and fostering effective relationships between healthcare providers and patients, leading to more successful health outcomes. Team goals that align with patient values ensure that the care provided is tailored to what is most meaningful to the patient, rather than being solely influenced by healthcare provider preferences or institutional policies. This ultimately leads to improved teamwork and collaboration, as all team members are united in their shared commitment to the patient's best interests.*

SAMPLE

## 5. What core competency involves advocating for health equity across different populations?

A. Values and Ethics

B. Teams and Teamwork

C. Roles and Responsibilities

D. Communication

*The core competency that involves advocating for health equity across different populations is centered on Values and Ethics. This competency emphasizes the importance of recognizing and addressing social determinants of health and acknowledging how various factors can lead to disparities in health outcomes among different communities. By focusing on values and ethics, healthcare professionals are prompted to reflect on their own biases and the impact they can have on patient care. It encourages them to commit to promoting health equity, not only in their professional conduct but also in their advocacy efforts. This ensures that all individuals, regardless of their background, have access to fair and adequate health resources and services. While the other competencies—Teams and Teamwork, Roles and Responsibilities, and Communication—play significant roles in interprofessional collaboration and effective patient care, they do not specifically address the advocacy for health equity in the same direct manner as Values and Ethics. Promoting equity requires a foundational understanding of ethical principles and the value of diverse perspectives in addressing health disparities. Hence, Values and Ethics is the key competency linked to advocating for health equity.*

## 6. Communicating with authenticity and cultural humility falls under which core competency?

A. Values and Ethics

B. Roles and Responsibilities

C. Communication

D. Teams and Teamwork

*Communicating with authenticity and cultural humility is integral to effective communication, which emphasizes the importance of expressing oneself in a genuine manner while being sensitive to the cultural backgrounds of others. This competency involves not just relaying information but also fostering an understanding and respectful dialogue that takes into account diverse perspectives. When communicating with authenticity, individuals are encouraged to be true to their own values and beliefs while also being open to learning from the experiences and traditions of others, thus facilitating more meaningful interactions. Cultural humility reinforces this by promoting a lifelong commitment to self-evaluation and self-critique, as well as recognizing and addressing power imbalances in communication. Engaging in this manner enhances collaboration, promotes inclusivity, and supports building trust among team members and across disciplines, making it a vital aspect of effective communication within interprofessional education and practice.*

SAMPLE

## 7. Using knowledge of one's own role and responsibilities to positively influence health outcomes is an example of which competency?

A. Values and Ethics

B. Roles and Responsibilities

C. Communication

D. Teams and Teamwork

*The competency that pertains to using knowledge of one's own role and responsibilities to positively influence health outcomes is indeed focused on understanding and applying the specific functions that healthcare professionals are trained to perform. This involves a clear recognition of one's own expertise and how it fits within the larger healthcare system, which ultimately enhances collaboration and patient care. When healthcare professionals are fully aware of their roles, they can effectively contribute to a multidisciplinary team, ensuring that their actions support the overall goals of health improvement. This strong understanding not only leads to better individual performance but also fosters a more integrated approach to health outcomes. Each team member's role is essential in addressing complex health issues, and by leveraging their expertise, they can advocate for patients and influence positive changes in health effectively. In contrast, the other competencies emphasize different aspects of healthcare collaboration. Values and Ethics focus on the moral principles guiding healthcare practice, Communication relates to the ways in which team members share information, and Teams and Teamwork center on the collaborative interactions between diverse professionals. Each of these is important but does not specifically address the understanding and application of one's own role in the context of health outcomes as the identified competency does.*

## 8. Championing the interests of healthcare consumers is primarily encompassed within which core competency?

A. Roles and Responsibilities

B. Teams and Teamwork

C. Values and Ethics

D. Communication

*Championing the interests of healthcare consumers is primarily encompassed within the core competency of Values and Ethics. This competency emphasizes the importance of understanding and advocating for the needs and rights of patients and consumers in healthcare settings. It involves recognizing the ethical dimensions of care, including respect for diverse values and beliefs, and placing the well-being of consumers at the forefront of healthcare practices. This approach ensures that healthcare professionals not only provide treatment but also advocate for the rights and needs of those they serve, fostering an environment of trust and respect. Recognizing the intrinsic worth of each individual, promoting equity, and addressing social determinants of health are central to this competency. The other options—Roles and Responsibilities, Teams and Teamwork, and Communication—all play significant roles in healthcare delivery. However, they do not specifically focus on the advocacy and ethical consideration of consumer interests as the Values and Ethics competency does.*

SAMPLE

## 9. Which of the following embodies the idea of sharing insights among healthcare professionals?

A. Communication

B. Collaboration

C. Professionalism

D. Accountability

*The concept of sharing insights among healthcare professionals is fundamentally rooted in collaboration. Collaboration involves working together, leveraging the diverse knowledge, skills, and perspectives of individuals within a healthcare team to enhance patient care and outcomes. When healthcare professionals collaborate, they engage in open communication, share their expertise, and jointly contribute to decision-making processes. This collective approach enables a more comprehensive understanding of patient needs and fosters innovation in care delivery. In contrast, while communication is a vital component of collaboration, it does not specifically embody the broader concept of sharing insights as collaboration does. Professionalism focuses on maintaining ethical standards and behaviors in the workplace, while accountability emphasizes individual responsibility for one's actions and decisions. Although all these disciplines are essential in healthcare settings, collaboration distinctly highlights the synergy gained through sharing insights among team members.*

## 10. What characteristic is shown when a patient expresses their concerns and the healthcare provider synthesizes these concerns back to them?

A. Values and Ethics

B. Roles and Responsibilities

C. Communication

D. Teams and Teamwork

*The characteristic demonstrated when a patient expresses their concerns and the healthcare provider synthesizes those concerns back is communication. This process reflects effective communication skills, which are crucial for establishing a rapport between the patient and the healthcare provider. By actively listening to the patient's concerns and then restating or summarizing them, the provider shows that they are engaged and understand what the patient is experiencing. This not only validates the patient's feelings but also encourages an open dialogue, fostering trust and collaboration. In the context of healthcare, good communication also enhances the patient's willingness to share additional information and facilitates clearer understanding of treatment options, leading to better health outcomes. Therefore, synthesizing the patient's concerns is a vital aspect of effective communication that underpins all successful healthcare interactions.*

SAMPLE

# Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://ipeccorecompetenciesver3.examzify.com

We wish you the very best on your exam journey. You've got this!

SAMPLE