KEY EVENTS AND FIGURES IN SPORTS HISTORY AND GENDER EQUALITY PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Table of Contents

Copyright 1

Table of Contents 2

Introduction 3

How to Use This Guide 4

Questions 5

Answers 8

Explanations 10

Next Steps 15

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

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How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

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Questions

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1. Which infamous figure is tied to bribery in the 1919 World Series, known as the Black Sox scandal?

A. CCNY Beavers

B. BALCO

C. West Point 'cribbing' scandal

D. Arnold Rothstein/Black Sox scandal

2. Which figure was involved in the relocation decision of the Brooklyn Dodgers?

A. Walter O'Malley

B. Casey Stengel

C. Vin Scully

D. Branch Rickey

3. What product was popularized by Topps in the 1950s as collectible cards of baseball players?

A. Bowman's Baseball Cards

B. Panini Baseball Cards

C. Topps Baseball Cards

D. Upper Deck Baseball Cards

4. This 1940s-50s wrestler known for bleached blonde hair and flamboyant entrances.

A. Hulk Hogan

B. Gorgeous George

C. Ric Flair

D. Stone Cold Steve Austin

5. Which act allowed professional sports leagues to negotiate media rights as a single entity and helped drive sports into a media-driven business?

A. Equal Access Act

B. Hughes Act

C. Sports Broadcast Act

D. Sports Broadcasting Act (1961)

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6. Which player is associated with the phrase 'Slide, Kelly, Slide'?

A. Mike Kelly

B. Honus Wagner

C. Tris Speaker

D. Shoeless Joe Jackson

7. Which Olympics were overshadowed by a terrorist attack where Israeli athletes were taken hostage?

A. Munich Olympics 1972/Black September

B. 1968 Mexico City Olympics

C. 1980 Moscow Olympics boycott

D. 1984 Los Angeles Olympics

8. Which Algerian boxer won gold at the 2024 Olympics?

A. Lance Armstrong

B. Imane Khelif

C. Muhammad Ali

D. Jose Canseco

9. The first black bowler on the pro circuit.

A. Fuller Gordy

B. Steve Howe

C. Grantland Rice

D. Babe Didrikson Zaharias

10. Which physician is associated with the development of the first widely used anabolic steroid in weightlifting?

A. Dr. John Ziegler

B. Tammy Thompson

C. Olympia (1936)

D. Pete Rose

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Answers

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1. D
2. A
3. C
4. B
5. D
6. A
7. A
8. B
9. A
10. A

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Explanations

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1. Which infamous figure is tied to bribery in the 1919 World Series, known as the Black Sox scandal?

A. CCNY Beavers

B. BALCO

C. West Point 'cribbing' scandal

D. Arnold Rothstein/Black Sox scandal

The idea being tested is recognizing the infamous figure who is linked to the bribery behind the 1919 World Series, the Black Sox scandal. Arnold Rothstein, a famous New York gambler and organized-crime figure, is the one tied to financing the bribery scheme that sought to have players from the Chicago White Sox throw the series. His reputation as the money behind illegal gambling makes him the most infamous name associated with that scandal, which led to life bans for eight players and spurred major reforms in how baseball guards against gambling influence. The other items point to scandals in completely different contexts, so they don't fit the specific connection to the Black Sox bribery.

2. Which figure was involved in the relocation decision of the Brooklyn Dodgers?

A. Walter O'Malley

B. Casey Stengel

C. Vin Scully

D. Branch Rickey

Ownership decisions drive relocations of franchises, and for the Brooklyn Dodgers the key driver was Walter O'Malley, the team's owner. He believed moving to Los Angeles would yield a larger, sunnier market and better stadium prospects, so he pushed the plan and negotiated with Los Angeles officials. The move was announced in 1957 and the team began play as the Los Angeles Dodgers in 1958, reshaping the game's geographic footprint. The other figures listed are known for other roles—Casey Stengel as a famed manager, Vin Scully as a longtime broadcaster, and Branch Rickey as an earlier executive who helped build the Dodgers' legacy—so they weren't the ones behind the relocation decision.

3. What product was popularized by Topps in the 1950s as collectible cards of baseball players?

A. Bowman's Baseball Cards

B. Panini Baseball Cards

C. Topps Baseball Cards

D. Upper Deck Baseball Cards

Topps popularized baseball cards as a collectible hobby in the 1950s by releasing sets of trading cards inside bubble gum packs, turning everyday images of players into sought-after collectibles. This approach—pack-insert cards, appealing photography, and a focus on player rosters—created a mass-market culture around collecting and trading cards. The 1952 Topps Baseball Card set, in particular, became iconic and helped establish the modern hobby, with memorable rookies and designs that inspired future collectors. Because of this transformative impact, the product associated with Topps in that era is Topps Baseball Cards. Other brands and timelines came later or existed previously (Bowman before Topps, Panini and Upper Deck much later), but it was Topps that popularized the collectible card phenomenon in the 1950s.

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4. This 1940s-50s wrestler known for bleached blonde hair and flamboyant entrances.

A. Hulk Hogan

B. Gorgeous George

C. Ric Flair

D. Stone Cold Steve Austin

Bleached blonde hair and flamboyant entrances helped define a larger-than-life character in wrestling, and the wrestler who epitomized this in the 1940s–50s is Gorgeous George. He popularized showmanship as a core part of the sport, dazzling crowds with elaborate robes, cape, and dramatic entrances, turning wrestling into entertainment and shaping how future stars would build their personas. The other names are iconic for later eras and different styles, not for the 1940s–50s era or this specific flamboyant entrance tradition.

5. Which act allowed professional sports leagues to negotiate media rights as a single entity and helped drive sports into a media-driven business?

A. Equal Access Act

B. Hughes Act

C. Sports Broadcast Act

D. Sports Broadcasting Act (1961)

The key idea is how law shaped the way media rights are sold, and how that changed sports into a big, TV-driven business. The Sports Broadcasting Act of 1961 gave professional leagues the legal ability to negotiate and sell broadcasting rights as a single, consolidated package rather than as individual teams. This joint licensing approach boosted the leagues' bargaining power with TV networks and opened the door to large national contracts, creating a reliable, huge revenue stream that transformed the economics and popularity of professional sports. The other options don't fit because they're about unrelated topics or aren't the official name of the law that allowed collective rights negotiations and fueled the media-driven era of sports.

6. Which player is associated with the phrase 'Slide, Kelly, Slide'?

A. Mike Kelly

B. Honus Wagner

C. Tris Speaker

D. Shoeless Joe Jackson

The phrase "Slide, Kelly, Slide" comes from a famous moment in baseball memory tied to a player known for daring baserunning. King Mike Kelly was a star in the late 19th century, celebrated for his sliding into bases. Fans and commentators would chant to urge him to slide, and the catchy shout became closely associated with him. That link between the chant and Mike Kelly is what makes this option the best match. The other players listed are notable figures from different eras, but none are as famously connected to that specific chant.

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7. Which Olympics were overshadowed by a terrorist attack where Israeli athletes were taken hostage?

A. Munich Olympics 1972/Black September

B. 1968 Mexico City Olympics

C. 1980 Moscow Olympics boycott

D. 1984 Los Angeles Olympics

This question tests recognition of a defining incident in Olympic history where politics and violence directly disrupted the Games. The Munich 1972 Games are the event in question, because a group called Black September seized Israeli athletes as hostages, leading to a tragic rescue attempt that resulted in the deaths of 11 Israeli athletes and a German police officer. This horrifying episode cast a long shadow over the Games and prompted major changes in Olympic security and how nations view safety at large sporting events. The other options involve different kinds of disruptions that don't fit the description of a terrorist attack on athletes. One option reflects political demonstrations and related tensions at the Mexico City Games, another involves a widespread boycott tied to geopolitical conflict at the Moscow Games, and the last reflects another boycott tied to the Los Angeles Games. None of these centers on a hostage-taking or killing of athletes, so they're not the event described.

8. Which Algerian boxer won gold at the 2024 Olympics?

A. Lance Armstrong

B. Imane Khelif

C. Muhammad Ali

D. Jose Canseco

The main idea here is identifying the athlete who reached the top in Olympic boxing for Algeria at the 2024 Games. Imane Khelif accomplished that feat, earning the gold medal for Algeria in boxing at Paris 2024. Winning Olympic gold means she defeated her opponents across the tournament to become the champion in her weight class, which is the highest achievement in Olympic boxing. This makes her the correct choice because the question asks for the Algerian boxer who won gold at those Games. The other names are not Algerian boxers who won Olympic gold in 2024, so they don't fit the request.

9. The first black bowler on the pro circuit.

A. Fuller Gordy

B. Steve Howe

C. Grantland Rice

D. Babe Didrikson Zaharias

This question tests knowledge of a milestone in racial integration within a sport. Fuller Gordy is recognized as the first Black bowler to compete on the professional bowling tour, marking a significant barrier-breaking moment in the pro circuit. His breakthrough helped open opportunities for future Black athletes in professional bowling and highlighted the ongoing push for inclusion in sports. The other individuals are associated with other sports or roles—Steve Howe is known for baseball, Grantland Rice was a famous sportswriter, and Babe Didrikson Zaharias was a celebrated multi-sport athlete but not noted as a pro bowler on the circuit—so they don't fit the question.

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10. Which physician is associated with the development of the first widely used anabolic steroid in weightlifting?

A. Dr. John Ziegler

B. Tammy Thompson

C. Olympia (1936)

D. Pete Rose

The main idea is recognizing who pioneered the medical development of the first widely used anabolic steroid for weightlifting. Dr. John Ziegler is the physician behind this milestone, collaborating in the 1950s with pharmaceutical support to create Dianabol (methandrostenolone). This oral steroid became the first to be widely adopted by lifters, transforming training outcomes and prompting broader use in bodybuilding and competitive weightlifting before later regulation and bans. The other options don't fit this historical role: Tammy Thompson isn't tied to the development of performance-enhancing steroids; Olympia (1936) refers to a competition, not a developer; and Pete Rose is known for baseball, not steroid development in weightlifting.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://keyeventsfiguresinsportshist.examzify.com

We wish you the very best on your exam journey. You've got this!

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