NAVEDTRA MILITARY REQUIREMENTS FOR PETTY OFFICER FIRST CLASS (14145) PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR THE FULL VERSION STUDY GUIDE

https://navedtra14145.examzify.com

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright 1
Table of Contents 2
Introduction 3
How to Use This Guide 4
Questions 5
Answers 8
Explanations 10
Next Steps 16

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

SAMPLE

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

SAMPLE

Questions

SAMPLE

1. **In survival training, which emotion is most likely to trigger a heightened state of alertness?**

   A. Happiness

   B. Relaxation

   C. Fear

   D. Sadness

2. **If captured, what is your primary duty to your country?**

   A. Assist the enemy

   B. Resist the enemy by all possible means

   C. Provide information willingly

   D. Wait for rescue

3. **The Navy has the ability to outlast any aggressor with?**

   A. Advanced technology

   B. Secure sea-lanes

   C. Air superiority

   D. Submarine warfare

4. **Which group is likely to assist the safety officer in enforcement of safety policies?**

   A. Safety Advocates

   B. Safety Council

   C. MAA/Safety Force

   D. Commanding Officers

5. **What document controls the entire procedure for tag-out logs?**

   A. Tag-out policy

   B. Tag-out log

   C. Safety regulations

   D. Operational procedures

SAMPLE

6. Abuse of which drug type can result in recurring effects long after the drug has been taken?

A. Stimulants

B. Narcotics

C. Hallucinogens

D. Alcohol

7. Who is responsible for training division personnel in mishap prevention?

A. Safety Supervisor

B. Safety Officer

C. Safety Petty Officer

D. Safety Manager

8. Who specifies the number of tag-out logs that each ship class must maintain?

A. Ship's Captain

B. Force Commander

C. Chief Petty Officer

D. Mission Commander

9. Assigning challenging jobs to junior petty officers primarily helps increase which skill?

A. Communication

B. Time management

C. Leadership

D. Technical competence

10. What is a common consequence of poor communication in the planning process?

A. Boosted morale

B. Efficient operations

C. Delays in project completion

D. Increased budget

SAMPLE

Answers

SAMPLE

1. C
2. B
3. B
4. C
5. B
6. C
7. C
8. B
9. C
10. C

SAMPLE

Explanations

SAMPLE

1. In survival training, which emotion is most likely to trigger a heightened state of alertness?

A. Happiness

B. Relaxation

C. Fear

D. Sadness

Fear is the emotion most likely to trigger a heightened state of alertness during survival training. This response is rooted in the body's natural fight-or-flight reaction, which is activated in response to perceived threats or danger. When a person feels fear, the body releases adrenaline and other stress hormones that prepare it to respond swiftly to challenges. This includes increased heart rate, heightened senses, and enhanced physical readiness to respond to an emergency situation. In the context of survival training, fear can serve as a crucial survival mechanism, prompting individuals to be more aware of their surroundings and to react more decisively to potential dangers. This state of heightened alertness can make a difference in critical situations, improving the chances of survival by facilitating quicker and more effective responses to threats. Other emotions such as happiness, relaxation, and sadness typically do not induce the same level of physiological arousal necessary for immediate survival responses, making fear the dominant emotion in this context.

2. If captured, what is your primary duty to your country?

A. Assist the enemy

B. Resist the enemy by all possible means

C. Provide information willingly

D. Wait for rescue

The primary duty to your country if captured is to resist the enemy by all possible means. This principle is rooted in military ethics and the responsibilities that service members have to uphold national interests and the values they serve. Engaging in resistance can involve various tactics, which could range from evasion and escape to clandestine actions or subversion while maintaining adherence to the laws of war. Resisting the enemy helps to undermine their efforts and morale, and it protects sensitive information that could be used against your country. This duty emphasizes the importance of perseverance and courage, demonstrating that even in captivity, a service member can still contribute to their mission and country's interests. The other options stray from this core principle. Assisting the enemy, providing information willingly, or merely waiting for rescue do not align with the responsibilities expected from a captured service member. Instead, these actions may compromise national security and the safety of fellow service members. Thus, focusing on resistance reflects a commitment to the principles of military conduct and the obligation to fight for one's country, even in challenging circumstances.

SAMPLE

3. The Navy has the ability to outlast any aggressor with?

A. Advanced technology

B. Secure sea-lanes

C. Air superiority

D. Submarine warfare

The ability of the Navy to outlast any aggressor is fundamentally linked to the concept of secure sea-lanes. Securing sea-lanes is critical for ensuring the uninterrupted flow of logistics, supplies, and reinforcements, which are vital during prolonged conflicts. This capability allows the Navy to maintain operational readiness and sustain its presence in key areas over time, effectively wearing down any opposing force. While advanced technology, air superiority, and submarine warfare play significant roles in naval operations, they do not directly address the overarching strategic advantage of controlling and securing maritime routes. Advanced technology enhances combat effectiveness, air superiority provides dominance in the air, and submarine warfare offers stealth and surprise. However, without secure sea-lanes, these capabilities would be less effective in a drawn-out engagement, as logistical vulnerabilities could be exploited by an adversary. In summary, the Navy's ability to secure sea-lanes ensures that it can maintain endurance and resilience against any aggressor, which is essential for achieving victory in protracted conflicts.

4. Which group is likely to assist the safety officer in enforcement of safety policies?

A. Safety Advocates

B. Safety Council

C. MAA/Safety Force

D. Commanding Officers

The safety officer plays a crucial role in maintaining a safe working environment and ensuring compliance with safety regulations. One of the groups that can assist in enforcing safety policies is the Military Absentee Assistance/Safety Force. This group is equipped with authority and responsibilities that align with safety enforcement, including monitoring safety compliance and reporting any violations. Their role often involves collaboration with the safety officer to ensure that safety policies are effectively implemented across the organization. The other groups mentioned may have roles that contribute to safety in a more indirect way, but they do not match the authority and specific responsibilities of supporting enforcement of safety policies as closely as the Military Absentee Assistance/Safety Force does. Safety Advocates tend to promote safety awareness but may not have enforcement capabilities. A Safety Council is typically more focused on advising and making recommendations on safety issues rather than directly enforcing policies. Commanding Officers have oversight responsibilities and can influence safety culture but usually do not engage in the day-to-day enforcement of safety measures.

SAMPLE

5. What document controls the entire procedure for tag-out logs?

A. Tag-out policy

B. Tag-out log

C. Safety regulations

D. Operational procedures

The tag-out log is the essential document that controls the entire procedure for tag-out processes. It serves as an official record that tracks all tags placed on systems and equipment, ensuring that these items are clearly identified and that appropriate safety measures are followed during maintenance, repair, or alteration work. This log helps minimize the risk of accidents by documenting which systems are inoperative and ensuring personnel understand the status of each piece of equipment. Having a centralized log is crucial because it not only aids in compliance with safety protocols but also allows for easy reference by all personnel involved in operations. The presence of detailed entries in the tag-out log enhances communication and accountability, ensuring that no system is inadvertently operated while it is tagged out for maintenance. This comprehensive control mechanism is vital for maintaining a safe operational environment, which underlines the importance of the tag-out log in managing safety and efficiency effectively.

6. Abuse of which drug type can result in recurring effects long after the drug has been taken?

A. Stimulants

B. Narcotics

C. Hallucinogens

D. Alcohol

Hallucinogens are known to cause persistent psychological effects that can continue long after the initial use of the drug. These substances can alter perception, mood, and cognitive processes, leading to experiences such as flashbacks or "hallucinogen persisting perception disorder." This means that individuals may continue to experience visual distortions or other sensory disruptions similar to those felt during the drug's active phase. The nature of hallucinogens allows them to affect the brain's neurotransmitter systems in ways that may outlast the physical presence of the drug in the body. This capability can lead to a lasting impact on one's mental state and perceptions, sometimes resulting in recurring experiences that can be disorienting or distressing. Understanding this aspect of hallucinogens is crucial, especially in military settings where mental clarity and stability are vital for operational effectiveness.

SAMPLE

7. Who is responsible for training division personnel in mishap prevention?

A. Safety Supervisor

B. Safety Officer

C. Safety Petty Officer

D. Safety Manager

The responsibility for training division personnel in mishap prevention falls primarily to the Safety Petty Officer. This role is specifically designated to focus on the safety training and awareness within a division. The Safety Petty Officer is knowledgeable about safety protocols, best practices in accident prevention, and regulatory requirements, which enables them to effectively instruct others on these important topics. By empowering personnel with the skills and knowledge necessary to recognize potential hazards and take appropriate action, the Safety Petty Officer plays a crucial role in fostering a culture of safety within the division. This training is essential for minimizing risks and ensuring a safe working environment for all team members. While other roles, such as the Safety Supervisor and Safety Officer, may have overlapping responsibilities related to safety programs and oversight, the direct training of division personnel in mishap prevention is typically carried out by the Safety Petty Officer. This distinction underscores the importance of the Safety Petty Officer's function within the safety framework of the Navy.

8. Who specifies the number of tag-out logs that each ship class must maintain?

A. Ship's Captain

B. Force Commander

C. Chief Petty Officer

D. Mission Commander

The Force Commander is responsible for specifying the number of tag-out logs that each ship class must maintain. This authority typically stems from the overarching operational and safety standards set for naval vessels, ensuring that all ships within a class adhere to consistent guidelines regarding tag-out processes. Tag-out logs are crucial for maintaining equipment safety and operational integrity, allowing personnel to manage maintenance and operational procedures efficiently. The Force Commander's directives ensure that the requirements account for various factors, including the ship's operational environment and mission readiness. By centralizing this decision, the Force Commander facilitates uniformity across the fleet, which helps in standardizing practices and enhances overall safety.

SAMPLE

9. Assigning challenging jobs to junior petty officers primarily helps increase which skill?

A. Communication

B. Time management

C. Leadership

D. Technical competence

Assigning challenging jobs to junior petty officers primarily helps to increase leadership skills. When junior personnel are given responsibilities that push them out of their comfort zones, they are afforded the opportunity to develop critical thinking, decision-making, and problem-solving abilities—key components of effective leadership. This process not only strengthens their ability to guide and motivate team members but also builds their confidence in assuming leadership roles. Engaging in challenging tasks allows these junior petty officers to learn how to manage projects, navigate obstacles, and make informed choices. As they work through these responsibilities, they will also invariably enhance their own understanding of group dynamics and learn how to support and elevate their peers, further instilling the values and practices associated with strong leadership. This focus on leadership development through the assignment of challenging tasks is essential to ensuring that junior petty officers are prepared to take on more advanced roles in the future, fostering growth both for the individuals involved and for the overall effectiveness of the service.

10. What is a common consequence of poor communication in the planning process?

A. Boosted morale

B. Efficient operations

C. Delays in project completion

D. Increased budget

Poor communication in the planning process frequently leads to delays in project completion. When team members do not effectively share information or misinterpret instructions, the result often includes misunderstandings about tasks, responsibilities, and timelines. This lack of clarity can slow down progress as individuals may spend additional time seeking clarification, correcting errors, or redoing work that was not executed as intended. Project timelines can slip due to these unforeseen complications, ultimately leading to delays in meeting deadlines. On the other hand, the other options reflect outcomes that might be seen with effective communication rather than the consequences of poor communication. For instance, boosted morale and efficient operations typically occur when there is clear and effective communication. Similarly, while budget increases can sometimes arise from project delays, they are not a direct consequence of poor communication alone; they are often influenced by other factors as well.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://navedtra14145.examzify.com

We wish you the very best on your exam journey. You've got this!

SAMPLE