OHIO NURSING HOME ADMINISTRATOR PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR THE FULL VERSION STUDY GUIDE

https://ohionursinghomeadministrator.examzify.com

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright 1
Table of Contents 2
Introduction 3
How to Use This Guide 4
Questions 5
Answers 8
Explanations 10
Next Steps 16

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

SAMPLE

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

SAMPLE

Questions

SAMPLE

1. How many residents can share a toilet in a room in a nursing home?

A. One

B. Two

C. Three

D. Depends on the room size

2. What type of bags should wet or soiled laundry be placed in if it contains body substances?

A. Permeable bags

B. Impervious bags

C. Mesh bags

D. Paper bags

3. How many participants can the clinical portion of the dining assistant training course accommodate at one time?

A. 6 participants

B. 7 participants

C. 8 participants

D. 9 participants

4. What timeframe is given for the performance of the comprehensive assessment on nursing home residents?

A. 30 days

B. 6 months

C. 7 days

D. 14 days

5. Under what time frame must an HVAC system be fixed as per requirements?

A. 24 hours

B. 48 hours

C. 72 hours

D. 96 hours

SAMPLE

6. What is the significance of a caregiver training program in nursing homes?

A. To provide entertainment for the staff

B. To equip staff with skills for high-quality care

C. To ensure staff only follow orders

D. To limit interactions between staff and residents

7. How long must a dining assistant go without working to be required to retake the course?

A. 6 months

B. 9 months

C. 12 months

D. 15 months

8. How often must nursing homes conduct a comprehensive assessment of each resident?

A. Every two years regardless of condition

B. At least once a year or when there is a significant change

C. Only if requested by a family member

D. Every six months without exception

9. What should all diets in a nursing home be in terms of regulations?

A. Ordered by a dietitian only

B. Decided by the family members

C. Prepared by the staff on duty

D. Ordered by a physician or other licensed health professional acting within their scope of practice; Prepared and provided in accordance with the instructions of a dietitian; Adjusted as ordered by a physician, dietitian or other licensed health professional acting within their scope of practice

10. To whom do you report any incident of fire or injury caused by fire in a nursing home?

A. The office of the State Fire Marshal and the Director of ODH

B. The local fire department only

C. The nursing home's internal safety committee

D. The regional healthcare authority

SAMPLE

Answers

SAMPLE

1. B
2. B
3. C
4. D
5. B
6. B
7. C
8. B
9. D
10. A

SAMPLE

Explanations

SAMPLE

1. How many residents can share a toilet in a room in a nursing home?

A. One

B. Two

C. Three

D. Depends on the room size

The correct answer is that the number of residents who can share a toilet in a room in a nursing home depends on the specific regulations and guidelines that govern the facility. Generally, in nursing homes, shared bathrooms are designed to ensure both accessibility and safety for the residents. The ideal scenario is to have a configuration that allows for privacy and adequate hygiene facilities. However, regulations typically stipulate that each private or semi-private room should have access to toileting facilities that can adequately serve the number of residents assigned to that room. While some states or facilities might have specific guidelines limiting the sharing of restroom facilities to two residents, it's essential to consider the overall design, spacing, and the particular needs of the residents involved. The options that suggest a specific number without addressing the room size or regulatory guidelines do not account for the fluidity of staffing and room configurations in nursing homes. Hence, understanding that room size and design play critical roles in determining restroom sharing capacity is significant.

2. What type of bags should wet or soiled laundry be placed in if it contains body substances?

A. Permeable bags

B. Impervious bags

C. Mesh bags

D. Paper bags

When dealing with wet or soiled laundry that contains body substances, it is essential to place it in impervious bags. These bags are designed to be waterproof and resistant to leaks, which is crucial for preventing the spread of infections and protecting staff and other residents from exposure to potentially harmful pathogens. Using impervious bags ensures that any fluid or contaminant does not escape into the environment, thus maintaining a safe and hygienic setting in the nursing home. In contrast, permeable bags would allow fluids to leak out, and mesh bags are not suitable for containing soiled items as they provide no barrier against contamination. Paper bags are not waterproof and would also fail to contain any liquids, which could lead to sanitation issues within the facility. Thus, the use of impervious bags is the best practice for managing laundry that may contain hazardous biological substances.

SAMPLE

3. How many participants can the clinical portion of the dining assistant training course accommodate at one time?

A. 6 participants

B. 7 participants

C. 8 participants

D. 9 participants

The clinical portion of the dining assistant training course is designed to accommodate a maximum of 8 participants at one time. This capacity allows for an effective training environment where each participant can receive adequate attention and instruction from the trainer. When the number of participants is kept at this level, it enhances the ability to provide hands-on experience, engage in meaningful interactions, and ensure that all participants can actively participate and practice their skills under supervision. Understanding the correct capacity is essential for maintaining quality training standards and ensuring that each dining assistant is well-prepared for their role in a healthcare setting, supporting the nutritional and social needs of residents. A larger group could hinder the effectiveness of training, while a smaller group may not provide enough diversity in learning experiences.

4. What timeframe is given for the performance of the comprehensive assessment on nursing home residents?

A. 30 days

B. 6 months

C. 7 days

D. 14 days

The correct timeframe for performing a comprehensive assessment on nursing home residents is 14 days. This requirement is part of the regulations that ensure a thorough evaluation of the resident's needs, preferences, and overall health status shortly after admission to the facility. The 14-day window allows for sufficient time to gather important information needed to develop a personalized care plan that addresses the individual's specific needs and goals. In many cases, timely assessments are crucial for identifying any immediate issues that require intervention, ensuring that residents receive appropriate and effective care from the outset of their stay in the nursing home. This timely assessment ultimately plays a key role in enhancing the quality of care provided and in complying with regulatory standards for resident care.

5. Under what time frame must an HVAC system be fixed as per requirements?

A. 24 hours

B. 48 hours

C. 72 hours

D. 96 hours

The correct answer is B. 48 hours. According to Ohio regulations, an HVAC system must be fixed within 48 hours to ensure the safety and comfort of residents in a nursing home. It is essential to promptly address issues with the HVAC system to maintain a suitable environment for residents, especially considering the potential impact on their health and well-being. Options A, C, and D are incorrect time frames and do not align with the regulatory requirement for addressing HVAC system issues within 48 hours in Ohio.

SAMPLE

6. What is the significance of a caregiver training program in nursing homes?

A. To provide entertainment for the staff

B. To equip staff with skills for high-quality care

C. To ensure staff only follow orders

D. To limit interactions between staff and residents

The significance of a caregiver training program in nursing homes primarily lies in its ability to equip staff with the necessary skills for delivering high-quality care. These training programs are designed to provide caregivers with comprehensive knowledge about resident needs, best practices in caregiving, emotional support techniques, and specific health conditions that may affect the elderly population. By enhancing the skills of the staff, training programs ensure that caregivers are not only familiar with their tasks but are also prepared to handle a variety of situations that may arise in a nursing home setting. Well-trained staff can recognize changes in residents' health, understand how to communicate effectively with them, and provide personalized care that respects each resident's dignity and preferences. A focus on skill development is crucial as it directly impacts the quality of life for residents, which is a central goal in any caregiving environment. By fostering an informed and capable staff, nursing homes can improve overall care outcomes, resident satisfaction, and ensure compliance with regulatory standards.

7. How long must a dining assistant go without working to be required to retake the course?

A. 6 months

B. 9 months

C. 12 months

D. 15 months

In Ohio, a dining assistant who goes without working for 12 months or more is required to retake the course. This ensures that dining assistants are up to date with the necessary training and regulations to provide quality care in nursing home facilities. Going without working for 12 months may result in a loss of knowledge and skills, hence the requirement for a refresher course in this scenario.

SAMPLE

8. How often must nursing homes conduct a comprehensive assessment of each resident?

A. Every two years regardless of condition

B. At least once a year or when there is a significant change

C. Only if requested by a family member

D. Every six months without exception

The frequency of conducting a comprehensive assessment of each resident in a nursing home is critical for ensuring that the care provided is appropriate and meets the individual needs of residents. The correct answer emphasizes that nursing homes must complete a comprehensive assessment at least once a year and also when there is a significant change in a resident's condition. This requirement aligns with regulations aimed at promoting effective care planning and responsiveness to residents' health and functional statuses. Annual assessments help staff track changes in health, needs, and preferences, while assessments triggered by significant changes ensure timely interventions that could prevent complications or deterioration of the resident's condition. The option stating "only if requested by a family member" underscores a misunderstanding of the regulatory responsibilities. Nursing homes are obligated to perform comprehensive assessments periodically, not just upon family request, which could lead to delays in addressing care needs. Similarly, the option suggesting assessments every six months would impose a more stringent requirement than necessary, potentially creating undue administrative burdens without clear evidence of improved care outcomes. The two-year interval is also insufficient, as it could overlook critical changes in a resident's health and is not aligned with best practices in geriatric care, potentially compromising the quality of care.

9. What should all diets in a nursing home be in terms of regulations?

A. Ordered by a dietitian only

B. Decided by the family members

C. Prepared by the staff on duty

D. Ordered by a physician or other licensed health professional acting within their scope of practice; Prepared and provided in accordance with the instructions of a dietitian; Adjusted as ordered by a physician, dietitian or other licensed health professional acting within their scope of practice

In a nursing home setting, all diets must be ordered by a physician or other licensed health professional within their scope of practice. This ensures that the dietary plan aligns with the residents' healthcare needs and any medical conditions they may have. Additionally, diets must be prepared and provided in accordance with the instructions of a dietitian to guarantee that they are nutritionally balanced and appropriate for the residents. Furthermore, diets should be adjusted as ordered by a physician, dietitian, or other licensed health professional acting within their scope of practice to accommodate any changes in the residents' health status or dietary requirements. Options A, B, and C are incorrect because they do not adhere to the regulatory requirements for dietary planning in a nursing home. It is essential for diets to be tailored to the residents' specific healthcare needs and overseen by qualified medical professionals to ensure optimal care and well-being.

SAMPLE

10. To whom do you report any incident of fire or injury caused by fire in a nursing home?

A. The office of the State Fire Marshal and the Director of ODH

B. The local fire department only

C. The nursing home's internal safety committee

D. The regional healthcare authority

In a nursing home, it is important to report incidents of fire or injury caused by fire to the proper authorities in order to ensure the safety of all residents and staff. Option B, reporting only to the local fire department, is insufficient as other agencies need to be made aware of the incident for proper investigation and follow-up. Option C, reporting to the nursing home's internal safety committee, is also inadequate as they may not have the expertise or resources to handle such incidents. Option D, reporting to the regional healthcare authority, is also not the correct choice as they may not have the jurisdiction or authority to address fire-related incidents. Therefore, the best course of action is to report to both the office of the State Fire Marshal and the Director of ODH (Option A) to ensure that all proper steps are taken in response to the incident.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://ohionursinghomeadministrator.examzify.com

We wish you the very best on your exam journey. You've got this!

SAMPLE