RHODE ISLAND CNA SKILLS EVALUATION PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

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How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

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Questions

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1. Which sequence correctly describes the donning of personal protective equipment to prevent contamination?

A. Gown, Mask, Goggles, Gloves

B. Mask, Gown, Gloves, Goggles

C. Gown, Gloves, Mask, Goggles

D. Mask, Goggles, Gown, Gloves

2. Which action best demonstrates proper hand hygiene before providing care?

A. Wash hands with soap for at least 20 seconds

B. Wet hands with warm water

C. Rinse quickly under cold water

D. Dry hands with dirty towel

3. What is the purpose of the Record Sheet for Measurement?

A. Form to record measurement results

B. A log of attendance

C. A checklist for safety

D. A form for scheduling

4. Which action is the final hygiene step after completing skills?

A. Before starting

B. After skills

C. Only if visibly dirty

D. Not required

5. Where should measurement results be recorded on the form?

A. Candidate Results Box

B. Resident's Health Record

C. Patient Chart

D. Evaluation Notebook

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6. Which statement describes the check-in procedures?

A. Arriving late and checking in with ID

B. Arriving early and checking in with ID

C. Checking in online only

D. No check-in required

7. Which statement best describes the Failing Skill Report?

A. It lists the overall pass/fail status

B. It documents which specific skills were unsatisfactory

C. It records the time spent on each skill

D. It lists the equipment used

8. The fee is paid for which items?

A. Skills and written exams

B. Skills only

C. Written exams only

D. Practice materials

9. What is the recommended approach during oral care for an unconscious resident to prevent aspiration?

A. Place the resident on their back and avoid any suction

B. Stand the resident upright and rely on saliva

C. Position the resident on their side, keep the mouth moist, and use suction or an emesis basin

D. Remove all dentures and ignore care plan

10. What is the correct protocol after removing gloves at the end of care?

A. Do not wash hands to preserve skin health.

B. Immediately perform hand hygiene after removing gloves.

C. Reuse gloves after a quick rinse.

D. Wipe hands on uniform.

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Answers

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1. A
2. A
3. A
4. B
5. A
6. B
7. B
8. A
9. C
10. B

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Explanations

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1. Which sequence correctly describes the donning of personal protective equipment to prevent contamination?

A. Gown, Mask, Goggles, Gloves

B. Mask, Gown, Gloves, Goggles

C. Gown, Gloves, Mask, Goggles

D. Mask, Goggles, Gown, Gloves

The sequence is gown, then mask, then eye protection (goggles or face shield), and finally gloves. This order builds protection from the largest barrier to the most specific, while keeping surfaces clean as you add each item. Start with the gown to fully cover clothing and skin, creating the first barrier. Put on the mask next to protect the lungs and mucous membranes, handling it with clean hands after the gown is in place. Then add eye protection to shield the eyes from droplets. Finally, don gloves last so your hands are protected as you complete the task and while adjusting or donning the other pieces. Remember to perform hand hygiene before donning and after removing PPE.

2. Which action best demonstrates proper hand hygiene before providing care?

A. Wash hands with soap for at least 20 seconds

B. Wet hands with warm water

C. Rinse quickly under cold water

D. Dry hands with dirty towel

Hand hygiene before providing care is essential to prevent the spread of infection. The best action is washing hands with soap for at least 20 seconds. Soap and friction remove and kill germs from all hand surfaces—palms, backs, between fingers, under nails, and around the wrists—then hands are rinsed and dried with a clean, disposable towel. This thorough cleaning breaks the chain of transmission to the patient and to you. Wetting hands with warm water alone lacks the cleansing action needed to remove microbes. Rinsing quickly under cold water doesn't provide enough time or friction to reduce germs. Drying on a dirty towel can contaminate your hands again. If hands are visibly dirty or contaminated, soap and water are required rather than relying on sanitizer.

3. What is the purpose of the Record Sheet for Measurement?

A. Form to record measurement results

B. A log of attendance

C. A checklist for safety

D. A form for scheduling

Recording measurement results is the key purpose. The Record Sheet for Measurement provides a standardized place to document the actual data you collect—such as the type of measurement, the value, units, date and time, and who measured it. This creates a clear, legible, and trackable record that can be reviewed by teammates or the instructor and used to monitor changes over time or flag anything abnormal. The other forms—attendance, safety checklist, scheduling—serve different administrative tasks and do not capture the measurement data itself.

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4. Which action is the final hygiene step after completing skills?

A. Before starting

B. After skills

C. Only if visibly dirty

D. Not required

Hand hygiene at the end of the skill is the final hygiene step. After you finish the task and remove gloves or other PPE as needed, you should clean your hands—wash with soap and water or use an alcohol-based hand sanitizer if hands aren't visibly dirty. This concluding step is essential because microbes can transfer to you, the patient, or the environment during the procedure or while removing PPE, and decontaminating your hands at the end helps prevent cross-contamination. Always perform hand hygiene, even if your hands don't look dirty. Starting hygiene before you begin, doing it only if hands appear dirty, or skipping it altogether are not correct practices for infection prevention.

5. Where should measurement results be recorded on the form?

A. Candidate Results Box

B. Resident's Health Record

C. Patient Chart

D. Evaluation Notebook

The main idea is to record the candidate's performance data in the designated area for scoring on the official evaluation form. The measurement results are about how well the candidate performed each skill, not about the resident's health information. Placing these results in the Candidate Results Box keeps all test scoring in one standardized location, making it easy for evaluators and the licensing board to review and verify. Storing performance data in the resident's Health Record or in a Patient Chart would mix the candidate's test results with the resident's medical information, which is inappropriate and could breach privacy rules. An Evaluation Notebook might be used for notes, but it isn't the formal place for recording the scored results of the test.

6. Which statement describes the check-in procedures?

A. Arriving late and checking in with ID

B. Arriving early and checking in with ID

C. Checking in online only

D. No check-in required

Check-in procedures center on verifying who you are and getting you ready to start on time. Arriving early and presenting a government-issued photo ID lets the proctor confirm your identity, match you to the registration, and finalize your entry into the testing roster. This helps the session run smoothly, prevents impersonation, and gives you a moment to settle in and review any last-minute instructions. Rushing in late can cause you to miss the start, risk being denied entry, or have to reschedule—disrupting the entire testing plan. Relying on online check-in alone may skip the crucial on-site identity verification and immediate administrative steps the center requires. And not checking in at all bypasses safety and exam integrity measures, which could lead to the test being canceled or invalidated.

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7. Which statement best describes the Failing Skill Report?

A. It lists the overall pass/fail status

B. It documents which specific skills were unsatisfactory

C. It records the time spent on each skill

D. It lists the equipment used

The Failing Skill Report exists to document exactly which skills did not meet the required standard during the evaluation. It shows the precise skills and steps that were unsatisfactory, so you and the evaluator can target remediation with clear, concrete focus on what needs improvement. This is more informative than a simple overall pass/fail status because it points to the specific areas that require practice and retesting. It isn't about how long you spent on each skill or which equipment was used—the emphasis is on identifying the exact skills that didn't meet the standard, so you can work on them directly and demonstrate competency later.

8. The fee is paid for which items?

A. Skills and written exams

B. Skills only

C. Written exams only

D. Practice materials

The main idea here is understanding what the exam fee covers for a CNA evaluation. The test has two parts: the skills demonstration, where you perform required nursing tasks, and the written (or oral) knowledge exam. When you register and pay, that fee typically covers taking both parts, not just one. Practice materials are separate study aids and aren't the item the official fee is for, though they can be helpful for preparation. So the fee being paid applies to both the skills portion and the written portion of the exams.

9. What is the recommended approach during oral care for an unconscious resident to prevent aspiration?

A. Place the resident on their back and avoid any suction

B. Stand the resident upright and rely on saliva

C. Position the resident on their side, keep the mouth moist, and use suction or an emesis basin

D. Remove all dentures and ignore care plan

When caring for an unconscious resident, the priority is protecting the airway during oral care. The unconscious state means swallowing reflexes are not reliable, so saliva and secretions can pool and move toward the airway. Positioning the resident on their side allows fluids to drain away from the airway instead of toward it, which greatly reduces the risk of aspiration. Keeping the mouth moist helps prevent dryness and irritation, making the mouth easier to clean and improving comfort. Using suction or an emesis basin to remove saliva and secretions as you work ensures those secretions don't accumulate in the mouth or throat where they could be aspirated. Placing the resident on their back would raise the risk of secretions entering the airway, and relying on saliva alone isn't adequate when swallowing protection is compromised. Removing dentures and ignoring the care plan isn't appropriate because it doesn't address airway safety during oral care; dentures may be managed according to the care plan, but the key focus here is keeping secretions away from the airway and maintaining moisture with suction as needed.

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10. What is the correct protocol after removing gloves at the end of care?

A. Do not wash hands to preserve skin health.

B. Immediately perform hand hygiene after removing gloves.

C. Reuse gloves after a quick rinse.

D. Wipe hands on uniform.

Hand hygiene right after removing gloves is essential. While gloves protect during care, the outside surfaces can be contaminated, and the act of removing them can transfer germs to your hands. Cleaning your hands immediately eliminates any microorganisms that may have transferred, reducing the risk of spreading infection to yourself, the resident, or the environment. If hands are visibly soiled, wash with soap and water; otherwise, an alcohol-based hand sanitizer is appropriate. Reusing gloves, wiping hands on clothing, or skipping hand hygiene are not safe practices.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://ricnaskillseval.examzify.com

We wish you the very best on your exam journey. You've got this!

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