SCALED AGILE FRAMEWORK (SAFE) PROGRAM CONSULTANT PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

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How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

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Questions

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1. What happens during the "Release Planning" event in SAFe?

A. Teams work on specific coding activities

B. Teams align on feature delivery and synchronization points for the program increment

C. Teams finalize individual performance evaluations

D. Teams conduct market research and analysis

2. How does SAFe encourage compliance with regulatory standards?

A. By promoting decentralized decision-making

B. By establishing clear accountability and structured processes

C. By minimizing feedback loops

D. By prioritizing creative solutions over regulations

3. What statement is true about the accelerate step of the SAFe Implementation Roadmap?

A. Initial teams must operate independently

B. Remaining portfolios can leverage the learnings of the initial portfolio adopting SAFe

C. All changes must be reversible

D. Each team must redefine their outcomes

4. What is a "Sprint Review" in the context of SAFe?

A. A meeting to plan the next sprint

B. A key event where the team demonstrates what was accomplished during the iteration

C. An assessment of team performance over several sprints

D. A strategic planning session for future initiatives

5. Who is responsible for team-level backlog prioritization?

A. Scrum Master

B. Release Train Engineer

C. Product Owner

D. Program Manager

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6. What foundational aspect does the SAFe framework rely upon for Agile teams?

A. Technical documentation

B. Flexible decision-making and authority

C. Standardized workflows for all teams

D. Centralized control of processes

7. What role does Lean Thinking play in SAFe?

A. It focuses on rigid workflows

B. It emphasizes the importance of maximizing product features

C. It promotes reducing waste and optimizing processes

D. It discourages continuous feedback

8. What is the primary focus of the Continuous Deployment aspect of SAFe's Continuous Delivery Pipeline?

A. Releasing features after extensive testing

B. Automating the release of features to users

C. Utilizing manual approval processes

D. Scheduling one major release per year

9. How does the 'Team of Teams' concept influence team roles?

A. It promotes stagnant roles across teams

B. It encourages flexibility in roles based on project needs

C. It reinforces fixed hierarchies within teams

D. It maintains traditional roles to ensure consistency

10. What are the main components of SAFe's Continuous Delivery Pipeline?

A. Planning, Development, Testing, Deployment

B. Continuous Exploration, Continuous Integration, Continuous Deployment, Release on Demand

C. Market Analysis, Development, Quality Assurance, Release

D. Feature Development, Product Testing, Client Review, Release Planning

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Answers

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1. B
2. B
3. B
4. B
5. C
6. B
7. C
8. B
9. B
10. B

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Explanations

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1. What happens during the "Release Planning" event in SAFe?

A. Teams work on specific coding activities

B. Teams align on feature delivery and synchronization points for the program increment

C. Teams finalize individual performance evaluations

D. Teams conduct market research and analysis

During the "Release Planning" event in the Scaled Agile Framework (SAFe), teams align on feature delivery and synchronization points for the program increment. This event plays a crucial role in the planning cadence within SAFe, allowing teams to collaboratively define the goals and objectives for the upcoming increment, ensure that everyone understands what needs to be accomplished, and establish how their work will interconnect with that of other teams. The alignment on feature delivery is essential because it fosters collaboration between different teams and stakeholders. It ensures that there is a shared understanding of priorities, dependencies, and timelines, which ultimately leads to a more coordinated and efficient delivery of value to the customer. By focusing on synchronization points, teams can effectively manage dependencies, avoid last-minute surprises, and create a unified effort focused on delivering business outcomes in the program increment. This structured approach not only enhances communication and collaboration among teams but also supports the overarching goals of SAFe, which emphasize aligning strategy with execution and delivering customer value in a predictable and sustainable manner.

2. How does SAFe encourage compliance with regulatory standards?

A. By promoting decentralized decision-making

B. By establishing clear accountability and structured processes

C. By minimizing feedback loops

D. By prioritizing creative solutions over regulations

The emphasis on establishing clear accountability and structured processes is vital in the context of compliance with regulatory standards within the Scaled Agile Framework (SAFe). Regulation compliance often requires organizations to follow specific protocols, maintain proper documentation, and ensure that roles and responsibilities are clearly defined. In SAFe, the framework promotes roles like the Release Train Engineer (RTE), Product Owner, and other leadership positions to ensure that there are individuals accountable for compliance-related activities. Structured processes such as Continuous Integration and Continuous Deployment (CI/CD), along with proper governance and documentation practices, help ensure that teams follow regulatory guidelines consistently. By having a robust structure in place, organizations can better manage adherence to regulations, track compliance efforts, and make any necessary adjustments to meet changing regulatory requirements. This structured approach fosters an environment where compliance is not just an afterthought but an integral part of the workflow, thus enhancing the organization's overall capability to meet those standards efficiently.

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3. What statement is true about the accelerate step of the SAFe Implementation Roadmap?

A. Initial teams must operate independently

B. Remaining portfolios can leverage the learnings of the initial portfolio adopting SAFe

C. All changes must be reversible

D. Each team must redefine their outcomes

The statement regarding the accelerate step of the SAFe Implementation Roadmap emphasizes that as an organization continues its journey toward adopting the Scaled Agile Framework, the insights and experiences gained from the initial portfolio can be utilized to guide the implementation in the remaining portfolios. This sharing of knowledge and lessons learned is crucial because it fosters a culture of continuous improvement and helps in scaling agile practices across the organization more effectively and efficiently. The accelerate step is focused on making the adoption of SAFe sustainable and ensuring that improvements are integrated throughout the organization. By leveraging the learnings from the initial adoption, other portfolios can avoid potential pitfalls, build upon successful practices, and adapt their strategies to better fit their contexts. This collaborative learning enhances the overall agility of the organization and promotes a unified approach to implementing SAFe across different units or teams.

4. What is a "Sprint Review" in the context of SAFe?

A. A meeting to plan the next sprint

B. A key event where the team demonstrates what was accomplished during the iteration

C. An assessment of team performance over several sprints

D. A strategic planning session for future initiatives

A "Sprint Review" in the context of the Scaled Agile Framework (SAFe) is fundamentally a key event that provides an opportunity for the team to demonstrate what was accomplished during the iteration. It serves as a platform for the Agile Team to showcase the work they have completed, discuss accomplishments, and gather feedback from stakeholders, including customers and business representatives. This meeting is vital because it fosters collaboration and transparency. By demonstrating completed work, the team not only highlights their progress but also engages with stakeholders to ensure that the product aligns with stakeholder expectations and market needs. It allows for adjustments to be made based on real-time feedback, thereby ensuring continuous improvement and alignment with the overarching goals of the organization. In summary, the Sprint Review is centered around the demonstration of work completed during the iteration, encouraging interaction and confirming that the team is on the right track while providing a mechanism to adapt and evolve the product as necessary.

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5. Who is responsible for team-level backlog prioritization?

A. Scrum Master

B. Release Train Engineer

C. Product Owner

D. Program Manager

The correct answer is the Product Owner, who plays a crucial role in backlog management at the team level within the Scaled Agile Framework (SAFe). The Product Owner is directly responsible for defining user stories, prioritizing the team backlog, and ensuring that the work aligns with the overall goals of the product. They maintain a clear understanding of customer needs and business objectives, which allows them to make informed decisions about which features and tasks should be prioritized. This role is essential for ensuring that the most valuable work is completed first, leading to the delivery of high-quality products that meet user requirements. The Product Owner collaborates closely with the team to clarify requirements and make necessary trade-off decisions about the scope, time, and resources involved in development. In comparison, while the Scrum Master is responsible for the facilitation of the Scrum process, ensuring the team adheres to Agile practices, they do not set priority on the backlog items. The Release Train Engineer focuses on coordinating and facilitating program-level processes rather than team-level backlogs. The Program Manager, on the other hand, manages broader program objectives and aligns initiatives across multiple teams, but does not handle the day-to-day prioritization of a specific team's backlog.

6. What foundational aspect does the SAFe framework rely upon for Agile teams?

A. Technical documentation

B. Flexible decision-making and authority

C. Standardized workflows for all teams

D. Centralized control of processes

The SAFe framework emphasizes flexible decision-making and authority as a foundational aspect for Agile teams. This flexibility allows teams to respond quickly to changes and make decisions that align with their specific contexts and challenges. It encourages empowerment at all levels of the organization, fostering a culture where teams can adapt processes and workflows as needed to deliver high-quality solutions efficiently. This decentralized decision-making aligns with Agile values and principles, promoting collaboration and responsiveness. In contrast, options related to technical documentation, standardized workflows, and centralized control do not reflect the adaptive nature that SAFe promotes. While documentation and workflows are necessary, they should not constrain agility or responsiveness. Centralized control can stifle innovation and flexibility, which are critical to Agile practices. Therefore, the emphasis on flexible decision-making and authority is what enables Agile teams to thrive within the SAFe framework.

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7. What role does Lean Thinking play in SAFe?

A. It focuses on rigid workflows

B. It emphasizes the importance of maximizing product features

C. It promotes reducing waste and optimizing processes

D. It discourages continuous feedback

Lean Thinking plays a crucial role in the Scaled Agile Framework (SAFe) by promoting the fundamental principle of reducing waste and optimizing processes. This focus aligns perfectly with SAFe's goals of improving efficiency and delivering value to customers more effectively. In Lean, waste refers to any activity that does not add value to the end product from the customer's perspective. By identifying and eliminating waste, organizations can streamline their workflows, enhance productivity, and ensure that resources are utilized effectively. Lean Thinking also encourages a culture of continuous improvement and innovation, which is essential to adapting and thriving in a rapidly changing market environment. This approach complements SAFe's emphasis on delivering value through lean-agile practices, ensuring that teams are not only efficient but also responsive to customer needs. The other options, by contrasting with Lean Thinking principles, do not align with SAFe's objectives. For instance, rigid workflows do not allow for the flexibility necessary in agile environments, while maximizing product features without considering customer needs could lead to increased complexity and wasted resources. Additionally, discouraging continuous feedback runs counter to the core agile values of collaboration and responsiveness.

8. What is the primary focus of the Continuous Deployment aspect of SAFe's Continuous Delivery Pipeline?

A. Releasing features after extensive testing

B. Automating the release of features to users

C. Utilizing manual approval processes

D. Scheduling one major release per year

The primary focus of the Continuous Deployment aspect of SAFe's Continuous Delivery Pipeline is indeed automating the release of features to users. This approach facilitates consistent and efficient delivery of valuable features to customers as soon as they are ready. Continuous Deployment aims to minimize the time between development and deployment, allowing teams to respond rapidly to market changes and user feedback. By automating this process, organizations can achieve a high level of reliability and accelerate the value provided to customers. This retains a key characteristic of agility, enabling teams to deliver increments of value quickly and frequently. Automation reduces manual errors and enhances deployment speed, ensuring that the software is always in a releasable state. The other choices do not align with the core intent of Continuous Deployment. While extensive testing is essential, it is part of the earlier phases of the pipeline rather than a primary focus of Continuous Deployment. Manual approval processes typically introduce delays, contrary to the goals of Continuous Deployment, which aims for seamless and rapid releases. Finally, scheduling one major release per year is contrary to the Continuous Deployment philosophy, which advocates for more frequent and consistent releases.

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9. How does the 'Team of Teams' concept influence team roles?

A. It promotes stagnant roles across teams

B. It encourages flexibility in roles based on project needs

C. It reinforces fixed hierarchies within teams

D. It maintains traditional roles to ensure consistency

The 'Team of Teams' concept emphasizes collaboration and adaptability across various teams to achieve better outcomes in complex environments. This approach fosters an environment where roles are not rigidly defined but rather flexible, allowing team members to adapt their roles based on the dynamic needs of the project or the specific tasks at hand. This flexibility is crucial as it enables teams to respond rapidly to changing requirements, leverage diverse skills, and optimize resource allocation across the organization. By encouraging team members to take on different roles, the 'Team of Teams' framework promotes a culture of collaboration and cross-functionality, where individuals can step in and out of various roles as necessary, thus enhancing overall team effectiveness. The other choices suggest a lack of adaptability or an emphasis on maintaining traditional structures, which contradicts the core principles of the 'Team of Teams'. The focus of this concept is to break down silos and encourage fluid movement between roles, making option B the correct choice.

10. What are the main components of SAFe's Continuous Delivery Pipeline?

A. Planning, Development, Testing, Deployment

B. Continuous Exploration, Continuous Integration, Continuous Deployment, Release on Demand

C. Market Analysis, Development, Quality Assurance, Release

D. Feature Development, Product Testing, Client Review, Release Planning

The main components of SAFe's Continuous Delivery Pipeline are Continuous Exploration, Continuous Integration, Continuous Deployment, and Release on Demand. This framework is designed to facilitate agile development processes by ensuring that value can be delivered to users quickly and efficiently. Continuous Exploration involves the constant gathering of feedback and insights from customers to drive the development of new features. This stage helps teams understand what the market needs and ensures that the product being developed aligns with market demands. Continuous Integration is the practice of integrating code changes into a shared repository frequently, allowing teams to detect issues early and ensure that the software is always in a deployable state. This practice enhances collaboration and minimizes integration challenges over time. Continuous Deployment takes the integrated code and automatically deploys it to production once it passes automated tests. This ensures that new features and fixes can be delivered to users without unnecessary delays, maximizing the value provided by the development teams. Finally, Release on Demand refers to the ability to release new features or updates to customers at any time, rather than being tied to a specific schedule. This agile approach allows organizations to respond to changing customer needs rapidly and to deliver new value consistently. In contrast, the other choices do not align with the specific terminology and processes defined within the SAFe framework,

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

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We wish you the very best on your exam journey. You've got this!

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