SISTUHS INTERVIEW PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

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How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

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Questions

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1. What sequence correctly lists positions in the Chain of Command?

A. Director of Expansion; Elder; Perspective Member

B. Elder; Perspective Member; Director of Expansion

C. Director of Expansion; Perspective Member; Elder

D. Director of Membership; Director of Expansion; Elder

2. Which action is recommended when preparing for a panel interview with SISTUHS officers?

A. Rehearse with a mentor.

B. Prepare generic responses.

C. Ignore priorities.

D. Plan casual presentation

3. What is DEI, and why is it important in SISTUHS? How would you promote it in events?

A. DEI stands for Diversity, Equity, and Inclusion; promote it by representation, accessible venues, inclusive programming, and equitable opportunities.

B. DEI stands for Digital Engagement Indicator; promote by online metrics.

C. DEI stands for Domestic Event Infrastructure; promote by standardizing venues.

D. DEI stands for Data Efficiency Initiative; promote by optimizing data usage.

4. The depiction of enslavement on the plantation serves as a reminder of what ongoing reality?

A. Represents financial gain

B. Refers to a time period in Europe

C. Reflects environmental concerns

D. Reflects ongoing struggles with racism, oppression, and stereotypes that Black women still face today

5. What should be included in a personal mission statement for SISTUHS?

A. Connect to sisterhood, service, scholarship, and personal growth.

B. Personal unrelated goals.

C. Focus on only scholarship.

D. A long, detailed history

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6. If an examiner asks for the number of objectives in SISTUHS, what is the correct count?

A. 7

B. 8

C. 10

D. 11

7. What is an appropriate step after a private discussion with a member who violated policy?

A. Publicly disclose the discussion.

B. Terminate immediately.

C. Determine corrective actions.

D. Escalate to legal action.

8. When presenting data to leadership, which element should be included in a concise example?

A. Hopes, dreams, personal anecdotes, and future rumors.

B. Long-winded narrative with no visuals.

C. Audience, message, visuals, and resulting decisions or actions.

D. Complex methodology with every dataset.

9. How many positions are named on the National Board of Directors?

A. 4

B. 5

C. 6

D. 7

10. Which component is essential when designing a mentorship program within the chapter?

A. Assign mentors randomly without criteria

B. Schedule irregular activities with no feedback

C. Define goals, pair mentors and mentees with clear criteria, schedule regular activities, gather feedback, and measure outcomes

D. Focus solely on fundraising

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Answers

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1. A
2. A
3. D
4. D
5. A
6. C
7. C
8. C
9. C
10. C

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Explanations

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1. What sequence correctly lists positions in the Chain of Command?

A. Director of Expansion; Elder; Perspective Member

B. Elder; Perspective Member; Director of Expansion

C. Director of Expansion; Perspective Member; Elder

D. Director of Membership; Director of Expansion; Elder

The sequence in the chain of command should move from the highest-ranking authority to the lowest. Among these roles, the Director of Expansion sits at the top, followed by the Elder, and at the bottom is the Perspective Member. This ordering reflects a clear line of authority: directives come from leadership, guidance is provided by senior members, and newcomers receive direction rather than issue it. Starting with the Elder would imply they outrank the expansion director, which doesn't align with how authority is typically arranged. Putting the Perspective Member before the Elder would place someone not yet a member ahead of a senior member, breaking the downward flow of command. Including Director of Membership introduces a different top-level role that doesn't fit the same direct reporting relationship with the others, disrupting the established hierarchy.

2. Which action is recommended when preparing for a panel interview with SISTUHS officers?

A. Rehearse with a mentor.

B. Prepare generic responses.

C. Ignore priorities.

D. Plan casual presentation

Effective preparation for a panel interview comes from practicing with someone who can give targeted feedback. Rehearsing with a mentor lets you run through typical questions, refine concrete, concise examples, and work on how you present yourself under pressure. A mentor can simulate a real panel, ask follow-ups, and point out where your answers are vague or too long, helping you tighten your messaging and ensure your stories demonstrate impact. It also helps you tailor responses to the priorities and values of SISTUHS officers, so you speak in terms that matter to the panel. This focused practice builds confidence and improves both delivery and content. By contrast, generic, one-size-fits-all responses often come across as rehearsed and fail to show your genuine fit, and attempting a casual presentation can undermine the professional tone expected in a panel setting, while ignoring priorities leaves you unprepared to address what the panel cares about.

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3. What is DEI, and why is it important in SISTUHS? How would you promote it in events?

A. DEI stands for Diversity, Equity, and Inclusion; promote it by representation, accessible venues, inclusive programming, and equitable opportunities.

B. DEI stands for Digital Engagement Indicator; promote by online metrics.

C. DEI stands for Domestic Event Infrastructure; promote by standardizing venues.

D. DEI stands for Data Efficiency Initiative; promote by optimizing data usage.

DEI means Diversity, Equity, and Inclusion. In SISTUHS, embracing DEI means creating spaces where members from diverse backgrounds feel welcome, have equal access to opportunities, and are actively invited to contribute to planning and leadership. This matters because it strengthens the community, brings in a wider range of perspectives, and ensures events and programs serve everyone—not just a subset. To promote this at events, build with a diverse planning team so multiple perspectives shape the program. Make venues and formats accessible—physical accessibility, live captions, interpreters, and virtual participation options—so all can attend. Design programming that reflects different experiences and identities, use inclusive language, and avoid stereotypes. Ensure equitable opportunities by offering travel funds or scholarships, transparent selection criteria, and open roles for all members to participate. Use inclusive marketing and communications, provide accessible materials, and establish a clear code of conduct with reporting channels. Finally, gather feedback after events to learn what worked and what could be improved in future programs.

4. The depiction of enslavement on the plantation serves as a reminder of what ongoing reality?

A. Represents financial gain

B. Refers to a time period in Europe

C. Reflects environmental concerns

D. Reflects ongoing struggles with racism, oppression, and stereotypes that Black women still face today

The main idea is that images of enslaved Black women on plantations highlight how the harms of slavery echo into today's society. Even after slavery ends, racism, oppression, and the harmful stereotypes tied to Black women persist and shape their experiences in work, media, housing, health, and everyday life. These depictions draw a line from past violence and subjugation to present-day inequality, reminding us that the struggle against racial and gender-based mistreatment continues. They focus on social injustice and bias rather than financial gain, a European historical period, or environmental issues.

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5. What should be included in a personal mission statement for SISTUHS?

A. Connect to sisterhood, service, scholarship, and personal growth.

B. Personal unrelated goals.

C. Focus on only scholarship.

D. A long, detailed history

Creating a personal mission statement for SISTUHS focuses on how you will live out the organization's values in your everyday actions. The best choice shows a commitment to sisterhood, service, scholarship, and personal growth, tying together relationships with peers, community impact, academic achievement, and ongoing self-improvement. This four-part focus gives you a clear, actionable compass for decisions—how you mentor and support sisters, what service projects you'll participate in or lead, how you'll pursue learning and academics, and how you'll cultivate personal development. Statements that emphasize only one area (like just scholarship) or that pull in unrelated personal goals miss the collaborative, service-oriented culture of SISTUHS and don't reflect how you'll contribute to the sisterhood. A long, detailed history isn't future-focused and doesn't outline concrete steps you'll take to live out the mission today and going forward.

6. If an examiner asks for the number of objectives in SISTUHS, what is the correct count?

A. 7

B. 8

C. 10

D. 11

The key idea here is the exam's structure. The official SISTUHS framework defines ten distinct objectives that the interview assesses. Because the blueprint specifies ten objectives, the correct count is ten. Numbers like seven or eight would omit domains the framework covers, while eleven would add an extra objective not listed in the standard guide. So, ten is the standard, acceptable count to recall for this exam.

7. What is an appropriate step after a private discussion with a member who violated policy?

A. Publicly disclose the discussion.

B. Terminate immediately.

C. Determine corrective actions.

D. Escalate to legal action.

After a private discussion with someone who violated policy, the next step is to determine corrective actions. This focuses on remediation and setting clear, achievable steps for improvement. It shows a fair process: you define what needs to change, offer support or training if needed, set a realistic timeline, and outline how progress will be measured and followed up on. This approach helps prevent recurrence and maintains confidentiality and trust. Publicly disclosing the discussion would violate privacy and undermine trust. Terminating immediately without giving the member a chance to improve bypasses due process and may be inappropriate unless the policy or the severity of the violation requires it. Escalating to legal action is generally unnecessary for typical policy violations and should be reserved for cases with legal implications, guided by appropriate counsel. In short, identifying concrete corrective actions provides a path to compliance and accountability.

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8. When presenting data to leadership, which element should be included in a concise example?

A. Hopes, dreams, personal anecdotes, and future rumors.

B. Long-winded narrative with no visuals.

C. Audience, message, visuals, and resulting decisions or actions.

D. Complex methodology with every dataset.

Presenting data to leadership works best when you frame a concise example around four elements: who the audience is, the core message, the visuals that illustrate the data, and the resulting decisions or actions you want leadership to take. This structure keeps the focus on what needs to be decided and how the data supports that decision, while visuals help comprehension and retention by turning numbers into quick, clear insights. Mentioning the audience shows you're speaking to leadership's priorities; stating the message upfront anchors the discussion; using visuals clarifies trends and comparisons; and naming the actions provides a concrete path forward. Other approaches distract from decision-making: personal anecdotes or rumors don't provide objective, actionable value; a long-winded narrative with no visuals slows everyone down and clouds the key takeaway; and presenting every dataset or a detailed methodology overloads the slide with technical detail, obscuring what leadership should decide.

9. How many positions are named on the National Board of Directors?

A. 4

B. 5

C. 6

D. 7

The idea being tested is how governance is structured in an organization. Boards typically fix a specific number of named officer roles to keep leadership clear and manageable. In SISTUHS, the National Board of Directors is defined by the bylaws to include six named officer positions. This setup ensures essential governance functions—like leadership, oversight, and administration—have dedicated people filling them, while other roles exist as appointed positions or regional representatives rather than being counted among the named officers. So, six is the number of positions named on the National Board.

10. Which component is essential when designing a mentorship program within the chapter?

A. Assign mentors randomly without criteria

B. Schedule irregular activities with no feedback

C. Define goals, pair mentors and mentees with clear criteria, schedule regular activities, gather feedback, and measure outcomes

D. Focus solely on fundraising

The essential idea is that a mentorship program works best when it's designed with a clear plan and ongoing assessment. Setting specific goals gives everyone a target and keeps mentors and mentees aligned on what they're trying to achieve. Pairing participants with clear selection criteria ensures the match fits their needs, strengths, and development areas, which makes the relationship more productive. Scheduling regular activities keeps the collaboration steady and meaningful rather than sporadic. Gathering feedback from participants creates opportunities to adjust and improve the program, and measuring outcomes shows whether the mentorship is delivering the intended impact and helps justify ongoing support and resources. Without goals and thoughtful matching, the relationship can drift and lack direction. Irregular activities with no feedback lead to inconsistent experiences and little growth. Focusing only on fundraising misses the core purpose of mentorship and would undermine its effectiveness and sustainability.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://sistuhsinterview.examzify.com

We wish you the very best on your exam journey. You've got this!

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